# **COVID-19 Protocols**

# **Protect Yourself & Our Community**

# **Symptoms of COVID-19**

- Fever above 100.0° Fahrenheit
- Chills or shaking chills
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Muscle aches or body aches
- Sore throat
- Cough (not due to other known causes)
- Headache when in combination with other symptoms
- Nauseous, vomiting or diarrhea
- Fatigue when in combination with other symptoms
- Nasal congestion or runny nose (not due to other known causes) when in combination with other symptoms

If you develop symptoms, get a test and isolate until results are received. You may return to work with a negative test result.

## **Vaccination**

Vaccination is the best way to protect yourself, your family and friends, and your community. Although breakthrough infections can occur, vaccines dramatically reduce the risk of hospitalization or death. If you are not sure whether to get vaccinated, please talk with your healthcare provider.

#### Who is Consider Fully Vaccinated?

- Individuals who have received a booster
- Individuals who have completed the primary series of Pfizer within the last 5 months
- Individuals who have completed the primary series of Moderna within the last 6 months
- Individuals who have completed the primary series of J&J vaccine within the last 2 months

#### Where to Get Vaccinated

Find a location to get your vaccine at <a href="https://vaxfinder.mass.gov/">https://vaxfinder.mass.gov/</a>

### **Recently Vaccinated Individuals:**

If mild-to-moderate symptoms of COVID (temperature below 100.0° F, headache, fatigue, chills, and body aches) begin after vaccination, stay home until symptoms resolve. If symptoms fully resolve within 48 hours after vaccination, COVID testing is not required to return to work. If these symptoms persist after 48 hours after vaccination, stay home and consult your doctor.

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# **Testing & Important Information**

### **Close Contacts**

A close contact may be anyone you spent more than 15 minutes with, closer than 6 feet apart, whom tested positive for COVID-19 or whom developed COVID-19 symptoms with 48 hours of your last contact.

## **Face Coverings Required**

Face coverings are required in all areas of the Library at all times.

# **Testing**

Whenever possible, staff are encouraged to test using a viral (PCR) test. However, both rapid antigen and viral (PCR) tests are acceptable.

### **Staff Members with Symptoms**

Staff members with COVID-19 symptoms do not need to wait a specific period of time prior to receiving a test. Please obtain a COVID-19 test a soon as you are able.

### **Exposed Staff Members**

According to CDC guidance, individuals whom have been exposed to a close contact with COVID-19, should test for the virus 5 days from the date of exposure if possible. This will provide the most accurate rest results.

### Where to Get a Test

To find a testing location in Massachusetts, visit <a href="https://www.mass.gov/info-details/find-a-covid-19-test">https://www.mass.gov/info-details/find-a-covid-19-test</a> or utilize at home rapid antigen test kits.

I HAVE TESTED POSITIVE FOR COVID-19

Regardless of vaccination status

OF SOMEONE WHO
TESTED POSITIVE FOR
COVID-19 AND I HAVE
NO COVID-19
SYMPTOMS

- I have received my booster
- I have completed the primary series of Pfizer or Moderna vaccine within the last 6 months
- I have completed the primary series of J&J vaccine within the last 2 months

- I am unvaccinated
- I have completed the primary series of Pfizer or Moderna vaccine over 6 months ago and am not boosted
- I have completed the primary series of J&J vaccine over 2 months ago and am not boosted

# Isolate for 5 Consecutive Days, Strict Mask Protocol for 5 Consecutive Days

If you have no symptoms or your symptoms are resolving after 5 days, you may return to work. If you have a fever, continue to stay home until your fever resolves.

Continue to wear a well fitting mask around others for 5 additional days.

## Strict Mask Protocol for 10 Consecutive Days— Isolate If Symptoms Develop

Wear a well fitting mask around others for 10 days.

Recommended PCR test on day 5 after exposure. See above for guidance on what to do if test comes back positive.

If you develop symptoms, get a test and isolate until results are received. You may return to work with a negative test result.

# Isolate for 5 Consecutive Days, Strict Mask Protocol for 5 Consecutive Days

Isolate for 5 days. After that continue to wear a mask around others for 5 additional days. If you are unable to quarantine, you must wear a mask for 10 days.

Recommended PCR test on day 5 after exposure. See above for guidance on what to do if test comes back positive.

If you develop symptoms, get a test and isolate until results are received. You may return to work with a negative test result. I HAVE TRAVELED
WITHIN THE
UNITED STATES AND <u>DO</u>
NOT HAVE COVID-19
SYMPTOMS

Regardless of vaccination status

**Testing Encouraged** 

Recommended PCR test 3-5 after return to Massachusetts. Review guidance on what to do if test comes back positive.

If you develop symptoms, get a test and isolate until results are received. You may return to work with a negative test result.

I HAVE TRAVELED
OUTSIDE OF THE
UNITED STATES
(INTERNATIONALLY)
AND DO NOT HAVE
COVID-19 SYMPTOMS

- I have received my booster
- I have completed the primary series of Pfizer or Moderna vaccine within the last 6 months
- I have completed the primary series of J&J vaccine within the last 2 months

Testing Encouraged

Recommended PCR test 3-5 after return to Massachusetts. Review guidance on what to do if test comes back positive.

If you develop symptoms, get a test and isolate until results are received. You may return to work with a negative test result.

- I am unvaccinated
- I have completed the primary series of Pfizer or Moderna vaccine over 6 months ago and am not boosted
- I have completed the primary series of J&J vaccine over 2 months ago and am not boosted

### **Testing Encouraged, Quarantine May Be Required**

Recommended PCR test 3-5 after return to Massachusetts. Review guidance on what to do if test comes back positive. Quarantine may be required prior to your return to work.

If you develop symptoms, get a test and isolate until results are received. You may return to work with a negative test result.