

SCHOOL VACATION PROGRAMS

DECEMBER VACATION DAY TRIPS

Grades 6-8

Don't get stuck at home! Spend some of your December vacation hanging out with friends and having fun. All trips will start and end at the Fairbank Community Center. Lunch is included.

Program	Date and Time	Cost by Dec. 21	Cost after Dec. 21
Lazer Tag and Bowling	Wednesday, December 26 9:00-2:00	\$40	\$50
Ice Skating (All levels) and Lunch at Fire & Ice in Boston	Thursday, December 27 10:00-4:00	\$50	\$60
Snowtubing and a Movie National Treasure 2: Book of Secrets (PG)	Friday, December 28 9:30-4:30	\$55	\$65

If you have any questions or concerns please contact Youth Coordinator, Jessica Bendel at (978) 639-3227 or at youth@sudbury.ma.us

ALL-SPORTS CLINIC

This clinic is great for children of all ages. Sports include soccer, basketball, flag football, lacrosse, and street hockey as well as popular playground games like capture the flag and dodgeball. An emphasis will be placed on sportsmanship and cooperation.

WHO: Ages 6-13
TIME: 9:00 AM-2:00 PM

DECEMBER VACATION

DATES: Dec. 26-Dec. 28

COST: \$110

FEBRUARY VACATION

DATES: Feb. 19-Feb. 22

WHERE: Curtis Middle School

COST: \$150



Instructed by New England Sports Camps

PLAY SOCCER

FEBRUARY VACATION CAMP

This is our first camp of the year and is always one of our BEST! Join our British coaches and have fun learning cool soccer moves and skills in a safe and fun environment. All participants will receive an exclusive water bottle, t-shirt and soccer ball. All you need is shin guards, water and a snack.

WHO: Ages 4-12
TIME: 9:00 AM-12:00 PM
DATES: Feb. 19-Feb. 22
WHERE: LS GYM
COST: \$120



Instructed by Play Soccer

FEBRUARY VACATION ACADEMY

Spend February Vacation in the fresh air! Join us at Century Mill Stables for a week of fun, learning, and riding! We love horses and want to produce responsible and accomplished riders who love horses too. We play learning games on and off the horse, and discover what it takes to keep our horses happy and healthy. Ride every day too!

WHO: Ages 7-15
TIME: 9:00 AM-3:00 PM

COST: \$525

DATES: Feb. 18-Feb. 22
WHERE: Century Mill Stables in Bolton



Instructed by Century Mill Stables Staff

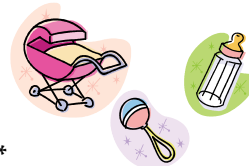
BABYSITTER'S TRAINING COURSE

POOL PROGRAM-REGISTRATION BEGINS DEC. 12th

Receive training in babysitting responsibilities, characteristics of children, supervising and playing with children, basic care such as feeding and changing, accident prevention, proper emergency response and first aid. When class is completed, students will receive a Babysitter's Course completion certificate, as well as C.P.R for children and infants.

WHO: 6th - 9th graders or ages 11-15
TIME: 9:15 AM - 3:15 PM
DURATION: 2 classes

DAYS: Tuesday & Wednesday
DATES: February 19 & 20
COST: \$90 per person



*** Please bring a lunch ***

*** Attendance is mandatory for all classes ***

Registration for Park and Rec. Programs begins Dec. 5th at 9AM!

ONLINE: www.youth.sudbury.ma.us IN PERSON: Atkinson Pool Front Desk

If you have any questions, please contact Jessica Bendel at (978)443-1092 x3227 or youth@sudbury.ma.us

YOUNG ADULT PROGRAMS

COMMUNITY SERVICE

The youth coordinator is offering community service events for students in grades 6-8 on half-day Wednesdays.

UPCOMING EVENTS:

February 13– Serve lunch at the Senior Center

March 26-TBD

May 14-Clean local conservation trails

More information will be distributed through the Curtis Middle School.

YOUTH COORDINATOR MONTHLY NEWSLETTER

You can now sign-up to receive monthly e-mail reminders about upcoming programs.



Simply go to www.youth.sudbury.ma.us and click on the green "Subscribe to Email List" button. You will then be sent e-mail reminders about upcoming programs.

CELTICS GAME

BOSTON CELTICS vs. NEW ORLEANS HORNETS

This is a great chance to spend time with friends, watch basketball and stay out late.
Children should bring extra money for snacks or souvenirs.



WHO: Grades 6-8

DATE: Friday, March 28th

TIME: 6:00PM-11:00PM

WHERE: FCC and then off to the TD Banknorth Garden

COST: \$50

We are looking for a few chaperones. If you are interested please contact the Youth Coordinator, Jessica Bendel, at (978) 639-3227

WILD WEDNESDAYS

This program is a great way for students in middle school to spend their early release Wednesdays. Children are invited to come on one trip or all of them. Space is limited so register early!

WHO: 6th-8th Graders

WHEN: Curtis Early Release Wednesdays

DEPART FROM: Curtis Middle School Cafeteria

RETURN TO: Fairbank Community Center



Fun and Games

Lunch at Pizza Hut and play lazer tag and arcades (tokens provided.)

DATE: January 9th

TIME: 12:00-5:00 PM

COST: \$35 by January 2nd
\$45 after January 2nd

January Snow Tubing

Cruise the slopes of Nashoba Valley.

DATE: January 23rd

TIME: 12:00-4:00 PM

COST: \$25 by January 16th
\$35 after January 16th

February Snow Tubing

Cruise the slopes of Nashoba Valley. (Again!)

DATE: February 27th

TIME: 12:00-4:00 PM

COST: \$25 by February 20th
\$35 after February 20th



Bowling

Enjoy glow-in-the-dark bowling and arcades (tokens provided.)

DATE: March 12th

TIME: 12:00-5:00PM

COST: \$25 by March 5th
\$35 after March 5th

Movie

Let's go to the (PG) movies.
Popcorn and drinks included.

DATE: April 9

TIME: 12:00-4:30PM

COST: \$20 by April 2nd
\$30 after April 2nd

If you are interested in chaperoning, please contact Jessica Bendel at (978) 639-3227 or at youth@sudbury.ma.us

These programs are offered by the Youth Coordinator

COOKING, CHESS, SCIENCE & TECHNOLOGY

To Register for these Park and Rec. Programs:

ONLINE: www.youth.sudbury.ma.us
IN PERSON: Atkinson Pool Front Desk

If you have any questions, please
contact Jessica Bendel at
(978)443-1092 x3227 or youth@sudbury.ma.us

MIDDLE SCHOOL COOKING

WHO: Grades 6-8
DAY: Tuesday
TIME: 4:00-5:30 PM
DATES: Feb. 5-Mar. 4 (no class 2/19)
DURATION: 4-Weeks
WHERE: FCC—Kitchen
COST: \$163 per child

Instructed by Anna Gershenson

RHINO BEETLE ROBOTS

In this course participants build their own remote controlled robot. This robot features an 8-channel remote control, caterpillar treads, two three-speed gearboxes, plus two additional motors and gearboxes for the arm/gripper assembly. When the robots are finished we'll practice "rescue" and "bomb disposal missions," typical real-world applications for remote-control robots.

WHO: Ages 10+
DAYS: Tuesdays
TIME: 4:00-5:30 PM
DATES: Jan. 8-Feb. 5
WHERE: FCC-Room 3
DURATION: 5-Weeks
COST: \$174 per child



Instructed by Ed Harrow

PREDATORS OF NEW ENGLAND

Learn about New England's predators. Learn the animal's calls and find out where they make their dens. Make your own tracks, tooth models, and dens to take home.

WHO: Ages 7-13
DAY: Wednesdays
TIME: 4:00-5:00 PM
DATES: Jan. 16-Mar.12 (no class 2/20)
DURATION: 8-Weeks
WHERE: FCC-Room 1
COST: \$115 per child

Instructed by Wicked Cool

COOKING WITH KIDS

WHO: Ages 10-12
DAY: Wednesdays
TIME: 3:45-5:15 PM
DATES: Feb. 6-Mar. 5 (no class 2/20)
DURATION: 4-Weeks
WHERE: FCC—Kitchen
COST: \$163 per child

Instructed by Anna Gershenson

CHESS LESSONS

WHO: Ages 6-12
DAY: Thursdays
TIME: 4:00-5:00 PM
DATES: Jan. 10-Feb. 14
DURATION: 6-Weeks
WHERE: FCC-Room 3
COST: \$72 per child



Instructed by George Mirijanian

SR. GAMEMAKER

Learn the fundamentals of object-oriented programming through video game design and learn the programming environment while creating a fully working 2D game.

WHO: Grades 5-6
DAYS: Wednesdays
TIME: 4:00-6:00 PM
DATES: Mar. 19-Apr. 9
WHERE: FCC-Room 3
DURATION: 4-Weeks
COST: \$156 per child

Instructed by Children's Technology Workshops

GIRLS SCIENCE CLUB

Create your own bath and beauty products using chemistry! We'll create our own lip gloss, lotions, soaps, bath salts and fizzy tints! Dig deep into the world of geology, and make a beautiful rock collection display. Learn to make crystals and select polished stones to make your own jewelry.

WHO: Ages 7-13
DAY: Thursdays
TIME: 4:00-5:00 PM
DATES: Jan. 17-Mar.13 (no class 2/21)
DURATION: 8-Weeks
WHERE: FCC-Room 2
COST: \$115 per child



Instructed by Wicked Cool

SPORTS & FITNESS

CITY GOLF JUNIOR 101

This introductory golf class is taught by PGA golf professionals at City Golf's indoor/outdoor practice facility. Lessons will consist of swing fundamentals, long & short game lessons, rules and etiquette, popular virtual golf simulator use, and life skills. Clubs will be provided if necessary.

WHO: Ages 17 and under
DURATION: 6-Weeks
WHERE: City Golf, 218 Speen St. Natick
COST: \$99 per child

WEDNESDAY EVENING

TIME: 4:30-5:30 PM
SESSION I: Jan. 16-Feb. 20
SESSION II: Feb. 27-Apr. 2

SATURDAY AFTERNOON

TIME: 2:00-3:00 PM
SESSION I: Jan. 19-Feb. 23
SESSION II: Mar. 1-Apr. 5

Instructed by PGA Professionals of City Golf

THUNDERCAT SPORTS JAM

(Basketball, Soccer, and Floor Hockey)

WHO: Ages 5-12
DAY: Saturdays
CLASS II: 12:00-12:50 PM (Ages 8-12)
DATES: Jan. 26-Mar. 8 (no class 2/9 & 3/1)
DURATION: 5-Weeks
WHERE: FCC-Gym
COST: \$90 per child

Instructed by Thundercat Sports

PLAY SOCCER WINTER CLINIC

WHO: Ages 4-11
DAY: Mondays
CLASS II: 5:00-6:00 PM (Ages 8-11)
SESSION I: Jan. 7-Feb. 11 (no class 1/21)
SESSION II: Mar. 10-Apr. 14 (no class 3/31)
DURATION: 5-Weeks
WHERE: FCC-Gym
COST: \$72 per child



Instructed by Play Soccer

GUIDED SNOWSHOEING OR WINTER HIKING

WHO: Grades 6-8
DAY: Wednesday
CLASS I: Jan. 16th
TIME: 3:00-5:00 PM
CLASS II: Jan. 23rd
TIME: 1:00-3:00 PM (Early Release)
WHERE: Sudbury Conservation Land
COST: \$20 per child per class



Instructed by Still River Outfitters

ARCHERY LESSONS

WHO: Ages 8-Adult
DAY: Wednesdays
TIME: 4:00-5:30 PM
SESSION I: Jan. 9-Feb. 13
SESSION II: Mar. 5-Apr. 9
DURATION: 6-Weeks
WHERE: FCC-Gym
COST: \$102 per child



Instructed by Anthony Bellettini

GIORGIO'S FITNESS PROGRAMS

GENERAL INFORMATION

All programs begin the week of January 2nd and are for **NEW STUDENTS ONLY!**

Classes are \$100. Your registration will allow you to attend 10 classes (unless otherwise stated) of a specific program.

All classes will be held at Giorgio's Health and Fitness Connection Chiswick Park, 31 Union Ave in Sudbury.

For more information, new student enrollment information and for updated schedules and class descriptions please visit our website: www.giorgiofit.com

YOUTH SPORTS CONDITIONING

AGES 8-15

DAY: Tues. **TIME:** 5:30-6:15 PM

BRAZILIAN JIU-JITSU

AGES 8-11

DAY: Mon. **TIME:** 4:45-5:30 PM

KIDS YOGA/YOUTH YOGA

AGES 9-13

DAY: Tues. **TIME:** 4:45-5:30 PM



TAEKWONDO

AGES 8-11

DAYS: Mon.-Fri. **TIME:** 4:45-5:30 PM
DAY: Sat. **TIME:** 10:00-10:45 AM

DODGEBALL

COST: \$100 per child*

*5 visits only - Please call for weekly schedule

AGES 5 & UP

DAY: Fri. **TIME:** 6:15-8:30 PM

MUSIC, DRAMA & DANCE

BEHIND THE SCENES

Here's your chance to learn about the basics of producing, directing, and everything else in between. You will have an opportunity to use the cameras and the audio and editing equipment.

There is NO on-line registration for this program. Please e-mail youth@sudbury.ma.us with the name and phone number of the interested student.

WHO: Grades 7 + 8
DAY: Wednesday
TIME: 3:00-5:00 PM
DATES: Jan 23-Feb.13
DURATION: 4-Weeks
WHERE: L-S (Channel 8 Studio)
COST: FREE



Instructed by Lynn Puorro of Sudbury Channel 8

In order for program to run we will need an adult chaperone to participate in each class.

HIP HOP CLUB

This class is more than great exercise.. it's creative and interesting for boys and girls of all levels and ages! At each meeting a different, mystery guest teacher will show you easy-to-follow, age-appropriate dance routines. Participants will also play musical games, and will be provided with exciting music and fun from the Cheetah Girls, High School Musical I and II, Jump, Stepping Out, Broadway, MTV and more!

WHO: Ages 7 and up
DAY: Fridays
TIME: 4:30-5:30 PM
DATES: Mar. 7-Apr. 11 (no class 3/21 & 3/28)
WHERE: FCC—Gym
COST: \$48 per child

Instructed by Lisa von Lichtenberg

MUSICAL THEATER

This class offers theater experience, technique and skills for children in a low-key setting. Everyone gets a part and there are no auditions!!

WHO: Grades 1-6
DAY: Thursdays
WHERE: FCC—GYM
COST: \$216 per child (includes costume)
DURATION: 10-Weeks

BEAUTY AND THE BEAST

CAST I: 4:00-5:00 PM
CAST II: 5:00-6:00 PM
DATES: Jan. 3-Mar. 13 (no class 2/21)



OLIVER

CAST I: 4:00-5:00 PM
CAST II: 5:00-6:00 PM
DATES: Mar. 20-May 22 (no class 4/24)

Instructed by Elaine Jarvis

Giorgio's Music Connection



Giorgio's is offering a variety of private music lessons in the following instruments: Acoustic guitar, electric guitar, bass, piano, saxophone, and drums.

The cost for 5 lessons is \$100 for **NEW STUDENTS ONLY!**

Please book a time slot with Giorgio's before registering with the Park and Recreation Dept.



To inquire about time slot availability or for information, please call Giorgio's Music Connection at (978) 440-8531

THE PERFORMING ARTS CONNECTION

GENERAL INFORMATION

All programs begin the week of January 7th and end the week of May 5th and are for **NEW STUDENTS ONLY!**

There are ongoing Walk-In Classes available for \$16 per class.

Private Voice Lessons are also available.

For more information about The Performing Arts Connection visit our website: www.performingartsconnection.com

TAP I-II **GRADES 5-8**

DAY: Tuesdays **TIME:** 6:45-7:45 PM **COST:** \$235

JAZZ I-II **GRADES 5-8**

DAY: Fridays **TIME:** 6:45-7:45 PM **COST:** \$235

HORSE BACK RIDING PROGRAMS

HORSE POWER

For the older child that is ready to ride! Horse Power is a program designed to provide a safe and fun way to get kids into the saddle! Learn to groom, tack and handle the horses and ponies – and ride too!

WHO: Ages 7 and up
WHERE: Century Mill Stables in Bolton
DAY: Sunday
CLASS I: Jan. 6-27
CLASS III: Mar. 9-30

DURATION: 4-Weeks
COST: \$180 per child
TIME: 2:00-2:50 PM
CLASS II: Feb. 3-24
CLASS IV: Apr. 6-27

ICE SKATING PROGRAMS

LEARN TO SKATE

The Learn to Skate program is designed to teach students of all ages and abilities the fundamentals of skating in a fun non-competitive atmosphere. Each class consists of a 25 minute class and a 15 minute supervised free skate. Each class will be divided by age and ability.

WHO: Ages 18 Months—Adult
WHERE: Valley Sports Arena in West Concord, MA

TUESDAYS

TIMES: 1:45-2:30 PM
DATES: Jan. 8-Mar. 25 (no class 2/19)
DURATION: 11-Weeks
COST: \$178 per child

SATURDAYS

TIMES: 1:20-2:00 PM
DATES: Jan. 12-Mar. 29 (no class 2/16, 2/23)
DURATION: 10-Weeks
COST: \$144 per child



Instructed by Sharper Edge Skating School

POOL PROGRAMS

Registration for Pool Programs begins Dec. 12th @ 9:00AM!

ONLINE: www.pool.sudbury.ma.us or IN PERSON: Atkinson Pool Front Desk

If you have any questions, please contact call (978)443-1092 or e-mail pool@sudbury.ma.us

SPRINGBOARD DIVING

For beginners with no diving experience, and advanced beginners who are able to perform a forward and back dive, ages 7 and older.

Instructed by Jim Kelly and the Boston Area Diving Staff

DAY: Saturdays **TIME:** Beginner 10:00 - 11:00 AM Adv. Beg. 11:00 - 12:00 PM

Session A:

START DATE: January 5
DURATION: 4 Sessions
COST: Member: \$55
Non Member: \$80

Session B:

START DATE: March 1
DURATION: 4 Sessions
COST: Member: \$55
Non Member: \$80



COMPETITIVE YOUTH STROKE CLASS

For the current or aspiring competitive swimmer. This class will include structured workouts focusing on stroke refinement, starts, and turns for all four competitive strokes.

Must have successfully completed A.R.C. Level 5.

DAY: Tuesdays
TIME: 6:00 - 6:45 PM
COST: Members: \$66

DATES: March 11 - April 8
DURATION: 5 Classes
Non-Members: \$99

