

NOVEMBER 2020

ISSUE 11.20

TOWN OF SUDBURY

Town Manager Newsletter



Socially Distant Voters lined up to vote at Town Hall during the November 3, 2020 Presidential Election. Sudbury enjoyed an 89.73% turnout for this election, with a majority of ballots cast via Vote-By-Mail or Early Voting.

Message from the Town Manager

That's it... I'm sick of it, I've had enough!

You felt that, didn't you? Whether you are thinking of COVID-19, social unrest, news-entertainment reporting, excessive political jousting, fake friends, diminishing health, risky relationships or simply that winter is coming. So there you go, now what? Some of the people you know have retreated to a SSS. I don't mean staff summary sheet or small shelter system, I am talking about sitting in silence and suffering.

More people have hurt themselves or others at a disproportionate rate during these last seven months. Compliance and civility has been reported to be in flux across the Nation. So what can be done? Where can one turn for assistance? I have spoken with a few solid sources for consideration in

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recent months, this includes Clergy and our amazing Social Worker for the Town. What I have learned is that there are many points of pain that are unaddressed and potentially getting more intense when only the people involved in the household know what is going on.

When things don't go so well one would be at risk of feeling excessive guilt or shame. This would be another opportunity to have a perception of low self-worth or confidence. I have heard it said that guilt is something that one feels after they have done something wrong, and shame is when a person feels that they are wrong. There is a significant difference in the weight of both, either way, it is a heavy burden.

So how do we deal with this? I mentioned earlier that I spoke with clergy and social worker, these are great resources in order to allow oneself to walk the path towards healing internally. Some may use the arts for a reprieve from the daily grind. For those that are used to

being in group activities, find ways to virtually gather, compete or collaborate. I learned that musicians are still performing from individual locations, as a band, using video conference technology. The platforms and potentials are practically perpetual.

What will you do from now through the end of 2021 to enhance your communities, families and spheres of influence?

We must take purposeful actions, in realistic steps and measures to effectuate positive change. I encourage you to use your fears and emotions as fuel towards legitimate, and sustainable civil engagement. Use your passion, platform, podium, pulpit, profession, posts, and even your politics to promote proper people performances!

Don't we all desire and deserve this? What will you do? That's a real question! Leaders lead!

-Henry L. Hayes, Jr., Town Manager

TOWN MANAGER OFFICE HOURS

Saturday, Dec 12, 2020
10 AM – 11 AM

Zoom Meeting

JOIN ONLINE

<https://us02web.zoom.us/j/81443386131>

CALL IN

978-639-3366 or 470-250-9358
Meeting ID: 814 4338 6131



Town Manager Henry L. Hayes, Jr. will be holding virtual open office hours for residents to talk about issues of interest and concern. Please join the Zoom meeting at any time from 10AM – 11AM on Saturday, December 12 to say hello, ask questions or discuss town matters.

Do you have one minute a month to help make Sudbury better?

YES

NO

Don't miss the next FlashVote survey, sign up now!

<https://sudbury.ma.us/flashvote>

Your input is essential to the town's decision-making process, but past on-line surveys haven't always reflected a majority of opinions. We've partnered with FlashVote to make it easier to make your voice heard. FlashVote lets us send one-minute surveys to residents who sign up to share their opinions on important local matters. The surveys are quick and sent once every month or two - we won't flood your inbox or share your information. When each survey ends, FlashVote sends the anonymized results to everyone who participated and the town gets valuable feedback from the community.

SIMPLE - surveys are always 5 questions or less

SCIENTIFIC - one vote per user prevents "ballot stuffing"

SECURE - your input and user data are encrypted and anonymous

Make your voice heard. Join now.

TO SIGN UP, please visit:



<https://sudbury.ma.us/flashvote>

OR:  Call 775-235-2240



FlashVote provides surveys that are fast, simple and anonymous.
FlashVote does not share your personal information with anyone.



Fire Department

JOHN WHALEN,
FIRE CHIEF

Hazard Mitigation Plan

Over the past eighteen months, the Town staff worked to complete the updating of the Town's Hazard Mitigation Plan (HMP). This project was a collaborative effort among the Fire, Planning & Community Development, Facilities, Building, Police, DPW, Health and Conservation Departments as well as the Sudbury Water District, CERT, MEMA and project management consultant Horsley Witten Group.

The Hazard Mitigation Plan is a natural hazard mitigation planning process of determining how to reduce or eliminate the loss of life and property damage resulting from natural hazards such as floods, earthquakes and hurricanes. Hazard mitigation means to permanently reduce or alleviate the losses of life, injuries and property resulting from natural hazards through long-term strategies. These long-term strategies include planning, policy changes, programs, projects and other activities.

You can access the 2020 Hazard Mitigation Plan and learn more at:
<https://sudbury.ma.us/fire/hazard-mitigation-plan/>

New Employee

Daniel Sweeney joined the Fire Department on the first week of November. Daniel is a National and State certified paramedic. Daniel started his in-house training to prepare him for his attendance to the Massachusetts Fire Academy in Stow in the spring of 2021.

New Engine

The construction of the new fire engine is progressing, as you will see in the photos below, the cab of the vehicle is progressing, and the frame of the vehicle is moving through the assembly line.

Above: Fire Engine Frame Rail
Below: Cab Construction



Goodnow Library Presents:
Book Bundles & Movie Bundles



Each Bundle contains 3 books or movies that are selected and based on your preferences! Request your Bundle today!

Goodnow Library

ESMÉ GREEN,
LIBRARY DIRECTOR

Bundles of Possibilities

Are you looking for your next read or something good to watch? Goodnow Library is now offering Book Bundles and Movie Bundles! A Bundle contains 3 selections just for you and are based on your preferences.

Just fill out the quick form, and the Reference Staff will hand pick your titles, create your bundle, and place the items on hold for you. When it's all ready, you'll receive an email notification to schedule a contactless pickup. Children's Bundles are also available!

The titles will be a surprise! If you wish to request specific titles, please do so through our library catalog. Contact the Reference Department at (978) 440-5520 or at reference@sudbury.ma.us with any questions.

Goodnow Library Presents:

MOVIE BUNDLES

Each Movie Bundle contains 3 movies selected just for you and are based on your preferences!

Request your Movie Bundle today!



NOT SURE WHAT TO READ NEXT?

REQUEST A BOOK BUNDLE!

Goodnow Library offers Book Bundles for adults! Each Book Bundle contains 3 books that are selected just for you and are based on your preferences!



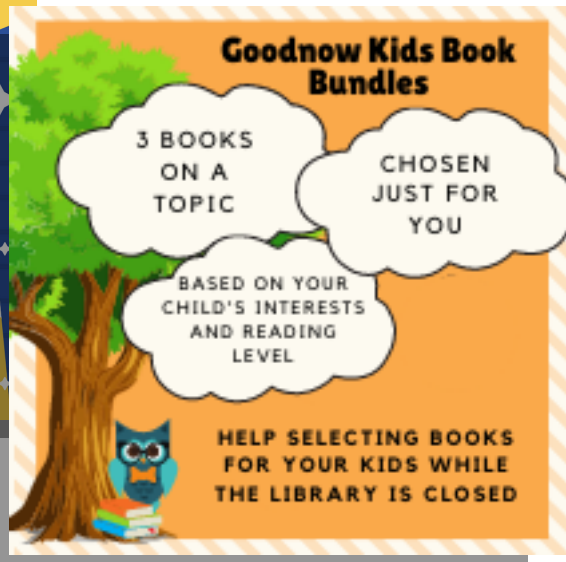
Goodnow Kids Book Bundles

3 BOOKS ON A TOPIC

CHOSEN JUST FOR YOU

BASED ON YOUR CHILD'S INTERESTS AND READING LEVEL

HELP SELECTING BOOKS FOR YOUR KIDS WHILE THE LIBRARY IS CLOSED





Top Left: Public health nurse administering shots.

Top Right: Health Director Bill Murphy reviewing clinic operations with Town Manager Henry L. Hayes, Jr.

Bottom Left: Building Inspector Andrew Lewis and family getting vaccinated.

Bottom Right: Health Administrator Beth Porter coordinating setup.

Health Department

BILL MURPHY,
HEALTH DIRECTOR

2020 Flu Clinics

The Health Department conducted four successful drive-thru flu clinics in October.

Eight hundred and thirteen (813) flu immunizations were administered to residents of all ages. Multi-departmental support from the Fire, Police, DPW, Facilities, and the Senior Center contributed to an efficient and effective event where strict COVID protocol was adhered to.

High marks were given by the State official designated to reviewed the operation who describe it as “a model vaccine delivery operation”.

Special thanks to the Sudbury school nurses, MRC and CERT volunteers, Worcester State nursing interns, and all town employees that assisted.

Creating Warmth Blanket Night



FAIRBANK COMMUNITY CENTER

DECEMBER
1st
FROM
6PM - 8PM



Warm drinks and snacks
will be provided.

Help support the
Buddy Dog Humane Society
by making a No-Sew Blanket
for shelter dog or cat in need!

Chose from two options:

A single blanket that will be
made during the event and
donated that evening
OR
Purchase the family package and
receive TWO blankets!
One that you'll make during the
event for donation and one to
make for your pet at home!
(directions included)

Register and to view our blanket patterns,
visit our website for more details

www.sudburyrec.com

Park, Recreation & Aquatics

DENNIS MANNONE,
PARK, REC & AQUATICS
DIRECTOR

Thank you to the talented pumpkin carvers and
everyone who came to see the fabulous jack-o-
lanterns for making the Great Pumpkin Carving
Drive-Thru a success!

December Programs

Park & Recreation is offering a number of community
programs and classes this December. Both socially
distant in-person as well as contactless offerings are
available. Visit sudburyrec.com for the full lineup.

Sudbury Park & Recreation/Atkinson Pool

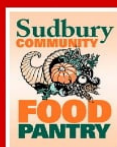
STOCK THE SHELVES **FOOD** **DRIVE**



HELP DONATE TO THOSE IN HUNGER!
ACCEPTING CANNED FOOD AND
NON-PERISHABLE ITEMS.

DEC. 7-11
8:30am - 4:00pm

DROP OFF AT
FAIRBANK COMMUNITY CENTER



Please drop food items off in the designated bins at the
Fairbank Community Center.
All donations will be brought to the Sudbury Community
Food Pantry on Monday, December 14th.

For more information, visit us online at
WWW.SUDBURYREC.COM

Sudbury Park, Recreation & Atkinson Pool



POTTERY GLAZING EVENT WITH THE CERAMICS GARAGE!

Tuesday, December 8th 6-7pm
Fairbanks Community Center Gym

Different pieces to choose from such as:

Platters
Mugs
Picture Frames
Christmas Ornaments
and Bowls

Guided instructions
from an experienced
and nationally
recognized ceramics
artist!

For more information contact:
Tricia Sardagnola
SardagnolaT@sudbury.ma.us
(978)639-3227

*All programs will follow Covid-19 protocols and guidelines for maintaining
a safe and healthy environment

*All materials
are included
No previous
experience
necessary!*



TOWN OF SUDBURY Master Plan

Virtual Open House



Planning and Community Development

ADAM DUCHESNEAU,
PCD DIRECTOR

Now Commencing: Master Plan Update Virtual Open House

The Planning Board, Master Plan Steering Committee, and the Horsley Witten Group consulting team are now launching the final significant piece of public outreach for the Town's Master Plan update process: A Virtual Open House. We need to hear from you!

The Virtual Open House will allow community members to provide feedback on the final draft of the updated Master Plan including its proposed goals, opportunities, policies, and action items.

The Virtual Open House can be accessed at

www.plansudbury.com

beginning Monday, November 9, 2020 and will remain open to collect public comments until Wednesday, December 2, 2020.

This will be the last substantial forum for public comment on the updates to the Town's Master Plan, a process which has been ongoing for approximately two years and will be concluding in January of 2021 with a vote of the Planning Board. As we have throughout this entire update process, we appreciate your time and welcome your feedback on this town-wide plan.

For questions, please contact the Planning and Community Development Department at PCD@sudbury.ma.us or 978-639-3387.

Senior Center

DEBRA GALLOWAY,
SENIOR CENTER DIRECTOR

The Sudbury Senior Center continues to offer many programs virtually on Zoom, including a program on Mental Health Resources During COVID-19 by Board of Health Social Worker Bethany Hadvab, a program on Langston Hughes by professor Lawrence Lowenthal, a program by John Horrigan, local historian, on World War II escapes, and a program by best-selling author Michael Tougias on his latest book, "The Finest Hours: The True Story of the U.S. Coast Guards Most Daring Sea Rescue." In addition to this, we have many ongoing educational, social & fitness and wellness programs and classes. Most of our programs are virtual for safety reasons, but we are offering one fitness class in the gym with strict safety guidelines and limited participation. In addition, we held an in-person drive through event in honor of our Veterans in November.

Veterans Appreciation Lunch

We were pleased to partner with Janice Milley and Karen Merrill-Skoloff of Sudbury, to plan and host a drive-through Veterans Appreciation Lunch event on Tuesday, November 10. The lunch was provided by the Wayside Inn of Sudbury and sponsored by the 1Lt. Scott Milley Fund. We enjoyed seeing close to 70 veterans and spouses drive through and visit with us on a beautiful day! The Sudbury Town Crier photographed the event and shared the photos online at [Sudbury Veterans Lunch event](#).

We look forward to many more special programs and events! Stay up to date with our newsletter - find it on [our website](#) or [sign up to have it emailed](#).

Volunteers

The Sudbury Senior Center Volunteers remain a busy group even during the pandemic, helping out in numerous ways:

- Delivering hot mid-day meals.
- Making weekly calls to Phone Buddies and Friendly Visitor participants.
- Doing weekly food shopping for those that do not have friends/family/neighbors that can help them.
- Conducting interviews of seniors for our newsletter.
- Running classes/making presentations via Zoom.
- Offering SHINE and legal consultations.
- Offering technology assistance (by phone) on how to use Zoom.
- Delivering sand buckets.

A huge thank you to our volunteers for their acts of kindness; they are truly making a difference in the lives of others!!

If you would like to join our valued team of volunteers, we can use your help! Our greatest current need is for Grocery Shopping volunteers. Please contact Janet Lipkin at 978-639-3223 or email LipkinJ@sudbury.ma.us to apply or learn more.



FIRST 2 PICKUP DAYS FULL
OTHER SLOTS **STILL AVAILABLE**
SIGN UP TODAY!



SUDBURY TOWN CENTER Ornament Display

1
SIGN UP
BY 11/23

2
PICK UP

3
DECORATE

4
DROP OFF
BY 12/4

5
ENJOY THE
VIEW!

SUDBURY.MA.US/ORNAMENTS