



TOWN OF SUDBURY

Town Manager Newsletter

March 2018

Message from the Town Manager

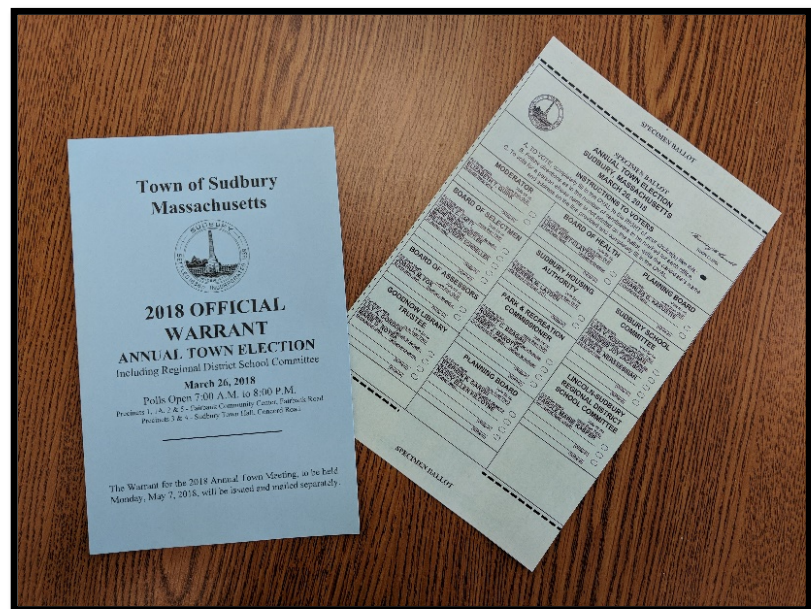
Dear Neighbor,

March has certainly come in like a lion! I owe thanks to so many folks in town for their tremendous support and actions during our March storms. I would like to recognize the Sudbury Police Department, the Sudbury Fire Department, the Public Safety Dispatchers, the Department of Public Works, the Board of Health, the Building Department and the many other volunteers and employees, who returned normalcy to our community after a devastating storm and provided exceptional service to residents during the storm. I was so proud to be a part of this team and I applaud each of you who checked on your neighbors, helped move debris and showed Sudbury in the best possible light. I would also like to thank Lieutenant Governor Polito and Massachusetts Emergency Management Agency (MEMA) for their assistance during the storms.

[Town Meeting](#) will be here before we know it, and Town offices are busy readying for the big event. The warrant is being prepped, presentations are being completed and the town's many volunteers are weighing in on different articles so that we can all be prepared. [Babysitting](#) is being offered for the first night, May 7, and you can sign up at the Sudbury Park and Recreation website.

The Board of Selectmen voted to solicit responses for the sale of the [Melone property](#) and that RFP is currently available at the Town Manager's office.

Looking forward to spring,
Melissa Murphy-Rodrigues, Esq., Town Manager



Blue warrants, which were mailed to all households, and a specimen ballot for this year's Annual Town Meeting. It was a strong turnout on Monday, March 26!



Sudbury Parks & Recreation will be offering:

Annual Town Meeting

BABYSITTING

☆ Gym Games

☆ Arts & Crafts

☆ Popcorn & Movie

☆ Peanut-free snack

When: Monday, May 7, 2018

7PM - 11PM

Town Meeting begins at 7:30PM in High School Auditorium

Where: Gym 3 at Lincoln Sudbury Regional High School

Who: Grades Pre-K– 8

Participants must be potty trained

Cost: \$10 per child

Register: By April 20, 2018 at <http://bit.ly/2ENQgX0>

From the Selectmen's Office

February 27

The Board met jointly with the Finance Committee and the CIAC to discuss articles for the [2018 Annual Town Meeting](#). Following the joint meeting, the Board discussed the formation of a committee to address school-related issues which would include members from Lincoln. They discussed fundraising options for a new or renovated community center. The [2018 Annual Town Election](#) warrant was signed and a date for a Special Town Election was discussed. The Board also approved the [Winter 2018 Board of Selectmen Newsletter](#).

March 6

The Board called a Special Town Election for May 21, 2018 for capital articles voted at Annual Town Meeting to be put to an election vote. They discussed supporting a Sudbury Housing Authority grant application (voted on March 20), met with Sudbury-Wayland-Lincoln Domestic Violence Roundtable to discuss the work they do, and discussed the possible formation of a transportation committee. They also accepted a \$55,000 grant from the Sudbury

Foundation for the Town Master Plan update and approved the installation of a Blue Star Memorial at Grinnell Park by the Thursday and Sudbury Garden Clubs.

March 20

The Board met in Executive Session to discuss school safety strategy. They resumed open session afterward and met jointly with the Finance Committee, which voted to approve the FY2019 Town Budget. The Board then reviewed and took positions on articles for the [2018 Annual Town Meeting](#). They also voted to send letters of appreciation to the Longfellow Club and Whole Foods for valuable contributions they made to Sudbury's storm recovery efforts.

Please note: The above description reflects some of the agenda items discussed at recent Board meetings. For further meeting details, please go to SudburyTV.org to replay the meeting or view the Board of Selectmen meeting minutes, found at: <https://sudbury.ma.us/boardofselectmen/meetings/>



Winter Storms

Sudbury was hit by a number of powerful storms this winter. Heavy snowfall brought down trees and power lines and many were without power for days in the midst of cold temperatures. Residents, volunteers, staff and crews from around the state and country worked in cooperation to get things back to normal as efficiently as possible. Thank you to everyone for your patience and hard work! Due to the extent of the damage, cleanup efforts are expected to continue for weeks. Please check the website for the latest [Storm Debris Pickup](#) information. It may not look that way at the moment, but spring is almost here!

Crews working fast to remove fallen trees and restore power. Road closures and power outages were extensive after the March 7, 2018.

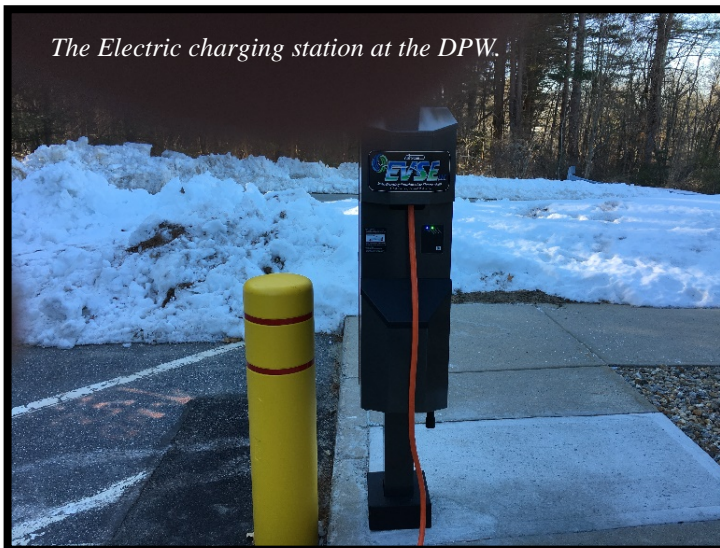
Building Department

Building permits continue to be mostly remodels. We have had several inquiries into the old restaurant on North Road. This may see activity by autumn. I have had several possible tenants for Meadow Walk stop by with permitting and inspectional questions.

Green Initiatives

Electric Car

The town has been a Green Community for several years now, thanks to its employees and volunteer committee members that have worked hard to receive grants and programs that benefit the people of Sudbury. There have been many environmental friendly improvements, one of which has become part of the Building Department. For the past few months, we have been using the Town's electric car, a Ford Focus

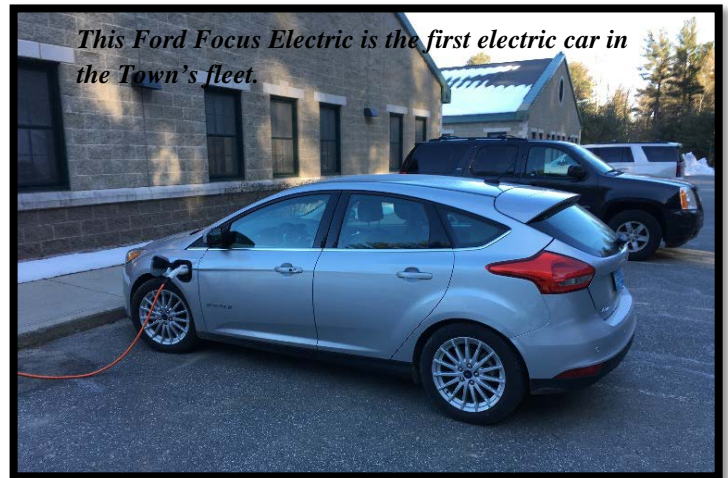


The Electric charging station at the DPW.

Electric. The Local Building Inspector generally drives more miles in a workday than any other department (excluding Police & Fire Departments). The vehicle works great and fits the needs of the Building Department for around town local driving. It is charged using the public charging station at the DPW building parking lot.

Stretch Energy Code

Another "Green" improvement is the Stretch Energy Code. It is more restrictive than the building code. The good news is that the MSBC (International Energy Conservation Code) has just about caught up to the Massachusetts



This Ford Focus Electric is the first electric car in the Town's fleet.

Stretch Code. These simple changes will continue to make a difference for everyone. When the Stretch Energy Code was first introduced, builders struggled with stringent regulations and enforcement. Now they have adapted to it, with some working to exceed the minimum requirements and using a low HERS rating as a selling point for their services.

Safety Tip

I know everyone is hoping for some warmer weather after the past few storms. Just a reminder to be cautious around wires and power lines when cleaning up storm damage, pruning trees, or general home repairs. Always keep a safe distance or hire a professional.

Submitted by: Mark Herweck, Building Inspector

Conservation Office

The Conservation Commission has remained very busy with wetland filings even with the winter conditions. The Eversource Transmission Line Project is beginning the initial permitting requirement of seeking consensus with the Commission on the location of the wetland and upland resource areas. In addition, Eversource is seeking a permit to perform subsurface investigation along the MBTA ROW of soil conditions. They will be performing borings of 84 sampling areas to look at soil consistency, depth to water table, contaminants, and other soil related properties. The hearing on both of these aspects of the Project was held on Feb. 26th in the Town Hall and has been continued to April 23rd.

Damaged Trees

While winter has descended, the Conservation Commission/Department continues to review and hear requests for work to be done in protected areas of wetlands. One of the issues we hear about after any weather event is trees. If you live in an area that is near wetlands, this is a protected area under local and state wetland regulations.

If a tree is in imminent danger of falling and causing harm, you or the tree company should notify the Department with your address and a letter from a Certified Tree Arborist stating the danger and/or diseased tree location. Typically, it is not an issue, but must meet the standard for imminent danger. If the tree is not an immediate danger, you still may be able to obtain a permit to remove the trees. The Conservation Office is here to assist you with the process. Please call the office with any questions.

Finally, we added a column written by one of our Commissioners last year, it still has meaning, especially with the ups and downs of the recent weather events.

Winter Wildlife Tips

By Dave Henkels, Sudbury Conservation Commission

Winter will be upon as soon, and as such, we will spend more time looking out the window than we would care to. Many of us have year round feeding stations for the backyard birds.

Sparrows, finches, waxwings, cardinals, juncos, flickers and woodpeckers alight to the feeders.

As the temperature drops and the snow falls, the avian community has greater difficulty finding regular food supplies and those dense surroundings required for safety. Birds require diets rich in caloric content, primarily fat intensive foods. The metabolic rate of birds is significantly higher than humans, while their normal body temperature is 105 degrees Fahrenheit. The enormous amount of energy spent hourly, let alone daily, in search of food, can dramatically reduce the bird's metabolism. Hence the need to have a consistent food supply rich in fat content.



Food sources will not habituate birds. No doubt they will return to favored spots. Once again that includes food, shelter/roosting spots, and reduced predation areas. Overwintering birds are common in Sudbury. As their physical demands are truly significant, the capacity to adapt to them is perhaps even more remarkable. Molting patterns in late fall insure that many birds have greater insulation in the feathers. Additionally, an oil is produced for protection from the elements. Legs and feet are scaled and have blood circulation in the lower extremities that produces greater and more rapid blood flow.

Several other ways birds remain warm relative to the environment are through “shivering”, differing postures, huddling as a group, head-tucking and rising a leg into the body.



A number of foods attract a variety of species to feeders and your backyard. Again, fat consumption is critical. Nuts, which do not freeze, millet, sunflower seeds, nyjer (in a sock, riddled with small holes) cracked corn, suet and fruit. Apple, banana, and orange wedges are excellent sources of energy. A salt water solution crystalizes when poured over a log or stump. All animals require salt in their diet. Check out a bird gravel, which combines grit, calcium, from shells, and sand. Eggshells in a compost pile are an excellent source of calcium.

Ever notice birds in your driveway pecking away? Road salt and vehicles are not a good mix. Also try a birdbath deicer. Short money, more activity.

Finally, regularly maintain the feeder stations. Keep them safe from bacteria with routine cleaning. This is critical too in order to reduce the possibility of avian illness and disease. The feeders should be an ancillary and supplemental food function. Native trees and shrubs bear a variety of fruits year round. Overwintering insects are an additional source of protein. Try to reduce deadheading flowers to a minimum and maintain an area in the yard that has significant leaf litter, tree limbs, and perhaps a handful of logs. Generally, a corner mess in the yard.

These small but vital dimensions in the yard provide additional food sources via insects, seeds, bark and any number of resources.

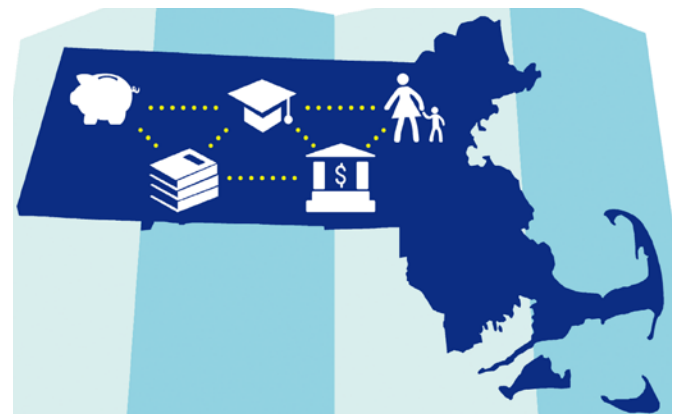
Submitted by: Kirsten Roopenian for Conservation Department

Board of Health

Financial Literacy Program

The Board of Health social worker and the Marlborough Community Development Corporation (MCDC) have enthusiastically begun development of a well-rounded financial literacy program for Sudbury residents. The program will involve financial education, 1:1 mentoring, and small group work. The aim is to increase “access to and awareness of the tools that they need to manage their money, plan for college, save for retirement, and make sound decisions for their future,” needs outlined in a report by the Massachusetts Financial Literacy Task Force. The report further outlines the overall lack of financial literacy education in the

United States and Massachusetts in general. The social worker and MCDC are currently in the process of writing and submitting grants to fund



this critical program with the hope to implement in fall 2018.

Sudbury Lincoln CRANE

Additionally, the Board of Health social worker continues to participate as a team member of the Sudbury Lincoln Community Resource Awareness Network (CRANE). CRANE provides comprehensive health and wellness information and resources for children and families by means of a website



(<http://cranehelp.org/>) and bi-weekly newsletters. Due to a lack of funding, many have noticed that CRANE has not distributed its e-newsletters since late 2017. The CRANE team understands the value of this resource in the community and is actively exploring alternative funding sources.

Submitted by Bethany Hadvab, LICSW, Board of Health Social Worker

March Storm and Shelter Opening

The Fairbank Shelter opened on March 8th at 1pm and closed on March 11th at 10am. During that time period, we saw 346 residents, had 10 overnight residents, and served 250 snacks and 127 meals. Residents who came to the shelter had access to free WIFI, charging stations, 3 meals a day plus snacks, bathrooms, and a warm place to stay. Rides to the shelter for homebound residents were provided via the senior van. The staffing of the shelter was a combination of Medical Reserve Corps (MRC) and Citizens Emergency Response Team (CERT) members. Town employees were also used to staff the shelter. Over three days, we had 59 people staffing the shelter. Many neighboring town

volunteers also came to assist at the shelter from nearby MRC and CERT organizations.



Charging and warming station at the Senior Center

The shelter was a place for people to recharge their batteries (literally) and get out of the cold to warm up and have a place of rest. We have received many thanks from our residents during and after the shelter. Please reach out to Marie Royea of CERT or Phyllis Schilp of MRC for more information on how you can volunteer for the organizations that run the shelter.

Phyllis Schilp MRC schilpp@sudbury.ma.us
978-440-5477

Marie Royea CERT marie.royea@gmail.com
978-443-7809



Sleeping quarters at the Fairbank gymnasium

Special thanks to all the volunteers who staffed the shelter with special recognition to Marie Royea whose leadership and commitment to the

town is exemplary. We need a village to run the shelter, so please consider volunteering for the Sudbury MRC or CERT teams.



Board of Health Nurse Phyllis Schilp, and MRC member Marie Royea, greet and assist residents as they enter the shelter



Volunteers assist with preparing and serving food to residents

Submitted by: Phyllis Schilp, BSN, RN, Board of Health Nurse

Planning and Community Development

The Office of Planning and Community Development has been very busy over the winter months tackling various projects and initiatives including preparing for Town Meeting, assisting the various boards and commissions, advancing transportation projects, and drafting a Request for Proposals (RFP) for the update of the Master Plan. We also continue to provide friendly service to all who call, email, or walk in to our office, and provide information on anything regarding affordable housing, zoning, and stormwater to name a few.

The Master Plan

In the fall of 2016, the Board of Selectmen designated updating the Master Plan as a priority for 2017, and the project continues to be a priority for them. With financial assistance from the Commonwealth's Community Compact program, an October 2017 Special Town Meeting allocation, and a generous grant from the Sudbury Foundation in February 2018, the development of an updated Master Plan will be created and poised for completion in 2019.

The Master Plan will be used as a guide for the Town of Sudbury in the areas of land use, economic development, housing, transportation,

community services, and capital/facilities planning, among others.

A very special thank you to the Sudbury Foundation for their award of \$55,000 to assist in the procurement of a consultant for the Master Planning process. It is with their gracious gift that a strong consultant can be obtained to guide Sudbury along in creating its own vision for the next decade.

If you're interested in participating in the master planning process, please keep an eye out on the Planning Board's and the Office of Planning and Community Development's links on the Town of Sudbury's webpage.

Route 20 and Landham Road Intersection Improvement Project Advocacy

The Route 20 and Landham Road Intersection Project has long been a Sudbury transportation and safety priority project. In recent months, staff have again been preparing communications for and attending the Boston Metropolitan Planning Organization (MPO) meetings to advocate for the construction funding for the project. The project is a significant traffic congestion and safety concern for the Town, and MassDOT has recently advanced the design of the project to 100%. The design includes lane reconfiguration, traffic light installation, and bicycle and pedestrian improvements.

The project is ready for construction funding! This message has been delivered to the MPO, who will be drafting and finalizing their five-year Transportation Improvement Program (TIP) list for Federal Fiscal Years 2019-2023 in the next two months. Residents eager for their concerns with this intersection to be resolved may send comments to the MPO online via <http://bostonmpo.org/contact>. Select the "Transportation Improvement Program (TIP)" category from the drop down menu and

reference "Route 20 and Landham Road Intersection Project #607249" in the Subject line. Please email BOSSadmin@sudbury.ma.us to also let the Town know you submitted comments.

Housing

Anyone that drives by the Meadow Walk Development (former Raytheon site) has seen the steady progress coming along with buildings springing up seemingly overnight. The site includes the Whole Foods, retail, a memory care facility known as Bridges by Epoch, market rate condominiums by Pulte Homes and apartments by Avalon.

Avalon Sudbury features a selection of affordable and market-rate rental units. There are 63 affordable apartments, which will be ready for occupancy starting in May and extending through January. The lottery for Avalon was held on March 5, 2018 and the ranked list of applicants was created. Avalon will be reaching out to all 75 eligible applicants for unit selection and further leasing details.

For more information on the market rate units, please visit:

<https://www.avaloncommunities.com/massachusetts/sudbury-apartments/avalon-sudbury>.

Boards and Commission Highlights

The Community Preservation Committee has been working hard to allocate their funds, while remaining fiscally responsible. Several projects are on the horizon and will be presented at Town Meeting. For more information, please visit:

<https://sudbury.ma.us/cpc>.

If you are interesting in getting more involved with your community on a volunteer basis, consider joining a Board or Commission. Often meeting once or twice a month, these groups are

your window into civic engagement and community connectedness.

Boards seeking vacancies include:

- Design Review Board (1 vacancy)
- Planning Board (1 vacancy, Associate Member)

Feel free to contact Meagen Donoghue, Director of Planning and Community Development for more information at (978) 639-3398 or donoghuem@sudbury.ma.us.

Submitted by: Meagen Donoghue, Director of Planning & Community Development

Town Clerk's Office

March 26 Annual Town Election

Polls open on Election Day at 7:00 a.m. and close at 8:00 p.m.

Precincts 1, 1A, 2, & 5 vote at the Fairbank Community Center (40 Fairbank Road)

Precincts 3 & 4 vote at Town Hall (322 Concord Road)



3, a late penalty fee of \$25 will be assessed for each unlicensed dog, in addition to the regular licensing fee.

Census

The majority of the Town's households have returned their census forms since they were sent to residents in January. There is still time to send back completed forms as required by State law. Residents should verify or correct all information, sign, date and return the census for processing by the Town Clerk's Office. If a resident needs a replacement census form, or has any questions, please contact the Town Clerk's Office by email at clerk@sudbury.ma.us or by phone at 978-639-3351.

Completed census may be returned by mail, faxed to 978-639-3340, emailed to clerk@sudbury.ma.us or hand-delivered to drop-off boxes located inside the Flynn Building (278 Old Sudbury Road) or at the Town Clerk's Office (322 Concord Road).

Dog Licensing

March 31 is the last day to obtain a dog license without incurring a late fee. This year March 31 falls on a Saturday therefore we will be open Monday April 2 until 8pm for dog registrations. Applications for dog licensing can be found inside the census packet, at the Town Clerk's Office, and on our Website. All dogs aged six months or older must be licensed. Starting April

2018 Annual Town Meeting

The Annual Town Meeting is scheduled for May 7. The last day to register, in order to be eligible to vote at Town Meeting, is Tuesday, April 17. The Town Clerk's Office will be open until 8:00 p.m.

Submitted by: Rose M. Miranda, Asst. Town Clerk

Help the Environment! Conserve Water! Save Money!

RAIN BARRELS

FOR SALE AT 40% OFF RETAIL PRICE!

The Town of Sudbury is collaborating with the [Great American Rain Barrel Company](#) (GARBC) to offer Sudbury residents rain barrels at a discount. These sturdy barrels capture rainwater for lawn and garden use, so they're good for the environment and



great for your property. Rain barrels are available at a discounted price of **\$70 each** (40% off retail price!). Your choice of color and optional accessories are also available. Simply order online or by phone and **pick up on May 19, 2018**.

WHY PURCHASE A RAIN BARREL?

- **SAVE MONEY:** Save approximately \$200 in annual water bills with a 60-gallon rain barrel.
- **WATER BAN RELIEF:** Water trees and gardens during dry spells. *In 2016, 48% of towns in MA had water bans.*
- **NO CHEMICALS:** Rainwater has no chemicals, chlorine or fluoride – great for plants and lawn.
- **STORMWATER MANAGEMENT:** Protect the environment and town-owned drainage systems.

TO ORDER:

Call (800) 251-2352

OR

Visit <https://www.greatamericanrainbarrel.com/community/>

(select Massachusetts and Sudbury from pull-down menus)

Order Deadline:

Sunday, May 13, 2018, midnight

Pick Up/Distribution Date:

Saturday, May 19, 2018, 9-11AM

@ the DPW Building

275 Old Lancaster Road

WHAT DO THEY LOOK LIKE?

Come see for yourself! Rain Barrels will be displayed at the DPW Office (275 Old Lancaster Road), Flynn Building (278 Old Sudbury Road), and the Goodnow Library (21 Concord Road) starting Monday, April 2, 2018.