

# TOWN OF SUDBURY

## Town Manager Newsletter

### July 2017

### Message from the Town Manager

Dear Neighbor,

Happy summer! We have been enjoying the season through our Summer Concert Series, camps and many activities at the Goodnow Library, and I hope you are taking advantage of everything Sudbury has to offer.

I'm proud to announce that the Town of Sudbury received the MIAA Municipal Innovation award at the Massachusetts Municipal Association Annual Meeting this year. This is credited to Chief Nix's commitment to town safety and his leadership with introducing the ALICE program in town buildings and other local establishments.

Thanks to Jim Kelly and the Energy Committee, the Town also received a Green Communities grant of \$250,000. These



*Police Chief Nix receiving the Municipal Innovation award for "effectively creating a community-wide emergency response plan" through ALICE training initiatives.*

funds will allow us to introduce green initiatives across town departments and buildings.

One thing this summer has *not* been is quiet! We have been busy jumping into the new fiscal year and implementing new initiatives like a pavement management plan and a culvert inventory.

We are also preparing for fall Town Meeting, and I look forward to seeing you there.

Best,  
*Melissa Murphy-Rodrigues. Esq., Town Manager*



*Truck Day Fun. Left to Right: Police Chief Nix, Sherriff Koutoujian, and Town Manager Rodrigues with her daughters Julia and Emma.*

## From the Selectmen's Office

### June 27

The Board discussed and voted to continue the Regional Housing Services Agreement. The Board interviewed Murphy, Hesse, Toomey & Lehane and KP Law, and decided to vote on their choice for Town Counsel at a future meeting. They voted to approve removal of 12 utility poles from Boston Post Road to accommodate road widening. They also voted to amend and renew the Town Manager's Contract.

### July 18

The Board voted to select KP Law as Town Counsel. They voted to send a letter to National Development requesting that new utility lines installed along Route 20 be placed underground. After discussing the CrossTown Connect transportation pilot project, the Board voted to join the intermunicipal agreement. They

discussed next steps on several projects, including Landham Road intersection improvement, Melone property reuse and the Marijuana Law. They also voted to hire a firm to conduct a feasibility study on the redevelopment of the Fairbank Community Center.

### July 19

The Board met in Executive Session to discuss issues pertaining to potential litigation regarding the [Eversource transmission line project](#).

*Please note: The above description reflects some of the agenda items discussed at recent Board meetings. For further meeting details, please go to [SudburyTV.org](http://SudburyTV.org) to replay the meeting or view the Board of Selectmen meeting minutes, found at: <https://sudbury.ma.us/boardofselectmen/meetings/>*

## Council on Aging

### Planning for the Future

As many of you know, the demographics of Sudbury, Massachusetts and the U.S. are changing – the proportion of residents who are 60 and over is growing. Sudbury's population of residents 60 and over is now 4,000 or about 21% of the population. Sudbury's 60+ population is projected to grow to 32% of the total within the next several years!

Recognizing the potential impact of changing demographics and the new housing in town, the Sudbury Council on Aging and Sudbury Senior Center are helping to plan for the future of Sudbury. Our research into best practices in planning for the demographic shift, led us to AARP's All-Age Friendly/Livable Community Initiative. The effort involves assessing the Town's current "livability" along eight (8) domains, and developing a community plan to

address and improve livability for all ages. The livability domains include: transportation, outdoor spaces and buildings, social participation, community and health services, civic participation and employment, respect and social inclusion, and communication and information. In this effort, we are collaborating with Town Manager Melissa Rodrigues, Town Departments, including the Planning Department, Board of Health, Facilities Department, and DPW, and the Board of Selectmen. Our ultimate goal is for Sudbury to be an all-age friendly town with improved livability for all, including: families, older residents, persons with disabilities and persons with dementia.

In order to focus our efforts where they are most needed, a Needs Assessment will be conducted to gather data. UMass Boston's Center for Social

& Demographic Research in Aging and Gerontology Institute will begin the process in September. The Needs Assessment will target the needs of Sudbury's older population (60 and over) as well as the general needs of the Sudbury residents, including transportation, financial need, community and health needs, and other issues. The process will include a community survey, forums, focus groups and other information-gathering techniques. The assessment will begin in September, with all work done and a final report to the Town by February 2019. Partial funding for the Needs Assessment will come from the Friends of Sudbury Seniors organization. Should you have questions, please contact Debra Galloway, Senior Center Director, at 978-443-3055 or [gallowayd@sudbury.ma.us](mailto:gallowayd@sudbury.ma.us).

### **Transportation**

Transportation has long been a recognized need for Sudbury's older residents as well as residents with a disability. With that in mind, the Senior Center and Council on Aging applied for a BayPath Elder Services grant to pilot an accessible van shuttle in Sudbury along Route 20 with a circuit through town in the morning and afternoon for 2 days a week. In addition, COA Board member Alice Sapienza prepared a special AARP Community Challenge grant proposal to join the CrossTown Connect Transportation Management Association based in Acton. The

proposal includes supplementing current Senior Center van transportation with extended evening hours from 4:00-8:00 PM, as well as on demand transportation for employment and childcare, and other needs. We expect to find out about funding decisions on these proposals sometime in August. Stay tuned! If we are fortunate enough to receive funding, look for information on the Town website, in the Sudbury Town Crier, and other venues, or feel free to contact the Senior Center at [senior@sudbury.ma.us](mailto:senior@sudbury.ma.us).

### **Senior Center Activities**

The Senior Center continues to offer a variety of programs, classes and events for Sudbury's older residents. Upcoming events include: magician Jack Ryan on August 1, bring the grandkids, aged 5 and up!, Comfort Food Caring Café on July 24 and August 28 (for caregivers and their loved ones with memory challenges), The Great Courses' DVD series "World's Greatest Geological Wonders" on Wednesday mornings, many fitness classes, movies, lunch and more! And September is just around the corner, with a wide range of new programs and classes! Call or email with questions at 978-443-3055 or [senior@sudbury.ma.us](mailto:senior@sudbury.ma.us). Check out our website at [www.sudburyseniorcenter.org](http://www.sudburyseniorcenter.org).

*Submitted by: Deb Galloway, Senior Center Director*



## Facilities Department

### Sudbury Awarded \$250,000 DOER Green Communities Grant

On June 19, 2017, we got the great news that Sudbury has been awarded a \$250,000 Green Communities Grant by the Department of Energy Resources (DOER).

The following projects will be funded with this generous award:

- \$19,765.30, Curtis Middle School—LED Lighting retrofit
- \$6,667.40, Haynes School—LED Lighting retrofit
- \$8,738.30, Loring School—LED Lighting retrofit
- \$8,931.00, Nixon School—LED Lighting retrofit
- \$7,722.60, Noyes School—LED Lighting retrofit
- \$13,749.90, Atkinson Pool—LED Lighting retrofit
- \$45,355.80, Lincoln Sudbury High School—LED Lighting retrofit
- \$3,891.55, Curtis Middle School—Refrigeration Controls
- \$2,564.07, Noyes School—Refrigeration Controls
- \$20,034.30, Curtis Middle School—Weatherization
- \$15,248.60, Noyes School—Weatherization
- \$17,799.90, Dept of Public Works—Electric Vehicle Purchase
- \$1,616.10, Dept of Public Works—EV Charging Station
- \$77,915.00, Goodnow Library—Direct Digital Controls

Look for these great projects as we begin work this summer!

### Solarize Plus – Meet the Installers

SolarFlair Energy, Inc. and New England Solar Hot Water have been selected as the installers for Wayland, Lincoln and Sudbury’s Solarize Mass Plus 2017. This Massachusetts Clean Energy Center (MassCEC) program offers residents and businesses preselected solar photovoltaic and domestic hot water systems and options at lower costs.



Residents and small businesses are invited to join representatives from SolarFlair and New England Solar Hot Water, and the towns’ volunteers at “Meet the Installers” sessions on Tuesday, July 25, 7:00 p.m. in the Wayland High School Auditorium, on Wednesday, July 26, 7:00 p.m. at the Goodnow Library, Sudbury or on Saturday, July 29, 4 p.m. at Bemis Hall in Lincoln. Residents from all towns are welcome at each. There they can learn if their homes or businesses are eligible for solar electricity and solar water heating, about financing and incentives, and how to sign up for a no-cost assessment by the installers.

To learn more about the Solarize Plus program, visit <http://www.solarizeLSW.org>.

*Submitted by: Jim Kelly, Combined Facilities Director*

## Goodnow Library

### Summer Reading for ALL AGES

*June 20-August 10*

Summer Reading is in full swing over here at the library. We are on pace to break all records in sign ups and participation!

You still have time to participate, no matter how old you are: visit [goodnowlibrary.org](http://goodnowlibrary.org) for complete details.



### Library Crawl

Featured in the [Metrowest Daily News](#), Goodnow is one of the participating libraries in this fun, innovative program. Any time between 10am and 5pm on August 1, [join the crawl](#) to see unique features of your local libraries and claim a prize.

### Social Media

There is an array of ways to stay in the know at Goodnow. We have a newsletter as well as weekly Facebook, twitter and Instagram accounts.



Our twitter handles are @GoodnowLibrary, @GoodnowTeenLib, @GoodnowKids. We also have multiple



Instagram accounts: goodnowteenlib, goodnowchildrensroom and our main account, goodnowlibrary.

If you haven't signed up for our [newsletters](#), don't delay! We send out weekly information on events, services and programs.



### Sign up for Text Notifications

Get notices on your phone with Shoutbomb text messaging (SMS) service!

You can use your mobile phone to:

- Receive text notices about holds available for pickup, courtesy renewal reminders, and overdue items
- Send a text to renew items or check your fine balance
- Get reminders about your account status before hitting fine limits or expiration dates



### How to sign-up

To get started, text SIGNUP to 508-507-2560, then reply to the Shoutbomb messages with your library card number. Within an hour, you will receive several introductory messages.

### A Big THANK YOU!

The Goodnow Library hosted another fun-filled Sudbury Truck Day on Wednesday, July 12, when nearly 850 people came together on the Library grounds to get up close to a variety of Town and special purpose vehicles. This year, kids were able to climb on - and take photos with - a fire engine, ambulance, police cruiser, police motorcycle, Middlesex County Sherriff cruiser, school bus, front loader, snowplow, dump truck, mower, ice cream truck and even take a ride on a trackless train! Visitors were also able to explore the Morse Institute Library Bookmobile from Natick. This event would not have been possible without the generous support and help of many members of the community.

A special acknowledgement goes to all the Library volunteers and staff, as well as the Town





## Library Crawl 2017 Tuesday August 1, 2017 10am – 5pm

A “crawl,” or tour, is a fun way to visit multiple Libraries in your area. You can travel from Library to Library; meet the friendly staff and learn more about what the libraries around have to offer!


We have twelve different Libraries on the crawl. The challenge is to visit as many as you can and take a picture of yourself with a designated item in each library – it’s a 21<sup>st</sup> century scavenger hunt! Then, if you’d like, post your pics and tag the libraries – we love our social media :)

If you get to at least 5 libraries, you’ll get a highly coveted prize from a local business (one prize per family or group)

Some Libraries will have refreshments available for your long trek and all will have information on hand so you can learn about the resources they provide. What a way to spend a lazy summer Tuesday!

All are welcome to participate – children, families, adults, everyone!

Start where you want, end where you want – it’s a self-guided crawl

Library	Address	Clue
	<p style="text-align: center;">Goodnow Library 21 Concord Rd Sudbury</p>	<p style="text-align: center;">Take a picture with the “sheep painting”</p>

GET THE REST OF THE CLUES AT THE LIBRARY OR [CLICK HERE](#).

of Sudbury Fire, Police, and DPW personnel who made sure that everyone had a safe and fun day. A special thank you goes out to the Middlesex County Sherriff's Office for going above and beyond in sending both a vehicle and the Middlesex County Sherriff, Peter J. Koutoujian, himself. The Library was also very fortunate to have the assistance of members of the Sudbury Medical Reserve Corps and the Sudbury Citizens Emergency Response Team. Thank you also to Sudbury Farms and Shaw's Supermarket for their generous donations of bottled water and food for volunteers. We are also grateful to the Memorial Congregational Church and Salem Five Bank for providing additional parking.

This marks the Goodnow Library's 12th Truck Day, when kids and adults get to see, interact with, and learn about a variety of amazing vehicles. Town employees get a unique chance to connect with our most impressionable residents. For all of these reasons, Truck Day is not only a hugely popular children's program, but also an excellent demonstration of commitment to public services and collaboration.

On behalf of the Library Trustees and staff, we want to thank everyone involved!

*Submitted by: Esmé Green, Library Director*



*Above: Visitors learning about safety vehicles during this year's Truck Day.*

## Board of Health

### Summer Camp

Summer means camp season for the Board of Health. There are many camps offered in the town of Sudbury when children are out of school. Outside vendors operating recreational camps must be licensed by the Board of Health. The licensing process begins in April and continues through August. Camps are inspected for safety measures, staffing qualifications, health records and for compliance with the Massachusetts Department of Health Recreational Camp for Children Regulations 105 CMR 430.00. The licensing process is very lengthy but ensures that vendors comply to keep campers safe.



Large recreational areas, rural characteristics, and available facilities make

Sudbury a desirable location to enjoy the summer. This year, 17 different camps are being licensed. The Board of Health staff, in conjunction with the camp operators and the Park and Recreation Department, will be very busy protecting the health, safety, and well-being of the campers throughout the summer.

**Picnic Food Safety Tips**

Packing the Cooler

- Keep cold food cold. 40°F or below.
- Always use ice or gel packs to keep your food items safe.
- Don't cross contaminate! Store raw meats at the bottom and ready to eat food on top.
- It's safe to freeze your meat and poultry, they will stay colder longer in the cooler.
- Use a separate cooler for beverages.
- Place cooler in a shady spot.

Grilling on the Barbeque

- Always cook to safe minimum internal temperatures.
- Keep food out of the "Danger Zone."
- Marinate meats safely in the refrigerator.
- Do not use leftover marinade as a sauce, unless it is brought to a full boil first.
- Never reuse the same platter or utensils that previously held raw meat, poultry, or seafood, unless it is washed first.
- Never partially cook food unless it can go directly to the grill.



- Always use a thermometer and check what the temperature should be for the meat to be fully cooked!

Did You Know?

- Perishable food can stay out of refrigeration for only 2 hours, and 1 hour if the outdoor temperature is above 90°F.
- You can make your own cleaning solution for sanitizing washable surfaces and utensils. Mix together 1 tablespoon of chlorine bleach to 1 gallon of water. Spray on surfaces and utensils, rinse thoroughly and air or pat dry with clean paper towels.
- Using 2 different colored cutting boards can help prevent cross-contamination. Use one for meat, poultry and fish, the other for "ready to eat" food.
- Foodborne illness is a serious public health threat in the U.S. CDC estimates that approximately 1 in 6 Americans (48 million people) suffer from foodborne illness each year, resulting in roughly 128,000 hospitalizations and 3,000 deaths.

*Submitted by: Phyllis Schilp, PH Nurse*

**Police Department**

**Truck Day**

We want to thank the residents who turned out for a wonderful event at the Goodnow Library on July 12th. Annual Truck Day was once again hosted by the library where we had the opportunity to engage with a number of kids and their parents as they explored some of our vehicles and interacted with a number of officers. Thank you for your continued support. Although it was a hot, humid day we hope everyone enjoyed.

*Submitted by:  
Police Chief Nix*





## Town Clerk

Wedding bells are ringing in Sudbury! Since January of this year, the Town Clerk's Office has filed 32 marriage intentions. The Town Clerk's Office has received 11 intentions of marriage in the month of June alone!



Are you or someone you know thinking about tying the knot in Massachusetts? Be sure to apply for a marriage license less than 60 but more than 3 days before the wedding. Marriage intentions (the official marriage license request process) may be filed anywhere in Massachusetts for an in-state wedding, not just the city or town where the event is being held.

Additional information on filing intentions to marry can be found on our [website](#).

If you are a new resident in Sudbury, welcome! Please visit the Town Clerk's [website](#) to obtain information on registering to vote, dog licensing, other information, events and news.

### Are you registered to vote in Sudbury?

The deadlines to register or to make changes to an existing voter registration are twenty days before any election or annual town meeting and ten days before a special town meeting.

First Step: [Check your voter registration status](#)

If you find that you are not registered to vote and you have a MA driver's license, you may register to vote [online](#).

You also have the option of downloading a printable mail-in voter registration form from our [website](#). As always, you are very welcome to swing by the Town Clerk's Office in Town Hall during our business hours and complete the form with us.

For further voter information, please visit our [website](#).

*Submitted by: Rose M. Miranda, Asst. Town Clerk*

## Volunteer Opportunities

Volunteers are sought for the below committees. Please click on the committee name to find out more about its work and to apply for a position.

- [Agricultural Commission](#)
- [Conservation Commission](#)
- [Commission on Disability](#)
- [Fairbank Study Committee](#)
- [Memorial Day Committee](#)
- [Permanent Building Committee](#)
- [Ponds and Waterways Committee](#)
- [Sudbury Cultural Council](#)
- [Traffic Safety Coordinating Committee](#)





# SUMMER CONCERT Series

Brought to you by the Sudbury Park & Recreation Department

**July 10: Oldies Night**  
Featuring: **The Reminisants**

**July 31: Country Night**  
Featuring: **Jimmy Connor**

**July 17: The 70's and 80's**  
Featuring: **The Boom Box Band**

**August 7: Covers**  
Featuring: **Paul Rodriguez Band**

~~July 24:~~ **Family Fun Night - 6:30 - 8:30 PM**

Featuring: **POSTPONED TO AUGUST 14**

Awesome Robb the magician  
Ben Rudnick & Friends  
Chinese-American Association of Sudbury  
Inflatables ... and much more!

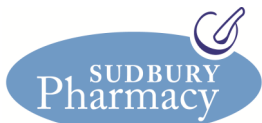


## MONDAYS @ HASKELL

### 7 - 8:30pm

Sponsorship opportunities are still available, please contact Julie Harrington at [Harringtonj@sudbury.ma.us](mailto:Harringtonj@sudbury.ma.us)

EVENT SPONSORS:



NIGHT SPONSORS:



HONORABLE MENTION:

