



TOWN OF SUDBURY

Town Manager Newsletter

June 2016

Message from the Town Manager

Dear Resident,

June has been a busy month in Town Hall with a Special Town Meeting and many projects moving forward. The Board of Selectmen negotiated a Development Agreement with the Developer for Meadow Walk Sudbury bringing both traffic and fiscal mitigation to offset any potential burdens of this development on the Town. Funds were negotiated to fund traffic improvements, field improvements, senior transportation, public safety needs and technology for education. At Town Meeting, the support for the Meadow Walk project was overwhelming and debate was respectful and educating. I was proud to be a part of the community.

I would like to recognize two members of the Sudbury Team who are retiring this month. Bill Place, the Director of the Department of Public Works and Jody Kablack, the Director of Planning and Community Development. Bill is leaving Sudbury after 29 years of service at DPW. Bill has been the leader in many projects, most recently the transformation of Town Center. Jody is leaving Sudbury after 25 years of service in the Planning Department. Jody has left behind a legacy in Sudbury for her work on walkways, affordable housing and the Community Preservation Act. They will both be missed.

On June 21, a Community Meeting will be held on the topic of the Bruce Freeman Trail. Please bring your questions to this informational meeting. Please see the flyer for details (https://sudbury.ma.us/selectmen/bftr_flyer_06-2016/).

Bruce Freeman Rail Trail

Public Meeting

Tuesday, June 21, 2016 @ 7:00 pm
Sudbury Town Hall



Finally, I want to remind our neighbors about Town Hall's summer hours. In order to better serve the public and to ensure full staffing during the summer vacation season, we will begin summer hours on July 11 for Town Hall and the Flynn Building. The buildings will open earlier at 8AM and close at 5PM on Monday, Wednesday and Thursday. On Tuesdays, we will continue to be open for an extended day from 8AM-7PM and offices will be closed on Fridays. Summer hours end on August 26.

Best,

Melissa Murphy Rodrigues, Esq., Town Manager



Above: Town Planner Jody Kablack was presented with a Proclamation signed by House Speaker Robert DeLeo and Representative Carmine Gentile for her 25 years of service to the Town. Shown left to right: Christopher Morley, Joe Sziabowski, Pete Abair, Bill Keller, Steve Garvin, Jody Kablack, Craig Lizotte, Lisa Eggleston, Marty Long, Mike Hunter, Carmine Gentile, Dan Carty, Mike Fee, and John Hincks.

From the Selectmen's Office

May 17

The Board met in Executive Session to discuss issues pertaining to litigation against the Zoning Board of Appeals as well as the Eversource Transmission Line Project. Attorney Jonathan Silverstein, who was retained as special counsel in matters pertaining to the Sudbury Station Comprehensive Permit application, discussed next steps in the application process and addressed questions that arose regarding strategy and communication. The process for selling the former police station property was discussed with Facilities Director Jim Kelly. June 2016 Special Town Meeting articles were discussed and the warrant was signed. The Board voted to authorize use of the Harry Rice Trust fund (approximately \$170,000) towards renovations/repurposing of the Loring Parsonage as a Sudbury history museum. The Board voted to elect Susan Iuliano as Chairman and Chuck Woodard as Vice-Chair.

June 7

The Board held a dog hearing to determine whether a dog residing on Highland Ave is considered a "Nuisance" or "Dangerous" Dog. Many residents turned out for the contentious hearing and it was decided that more information should be presented at the June 14 meeting. The Board discussed redevelopment of the former Raytheon site with National Development and voted to sign a development agreement for the property. The Board's positions on Town Meeting articles were voted. Town Manager Rodrigues was tasked with drafting a response letter to DHCH regarding Phase 2 of the Coolidge at Sudbury housing development.

Please note: The above description reflects some of the agenda items discussed at recent Board meetings. They are not meant to be exhaustive of materials received by the Board or all comments on agenda items. For further meeting details, please go to SudburyTV.org to replay the meeting or view the Board of Selectmen meeting minutes, found at: <https://sudbury.ma.us/boardofselectmen/meetings/>

Conservation Department

The Commission and Department have had an extremely active and busy month. Our hearings continue to be very full and much of the time is taken up with a variety of projects in Town, as well as residential projects from complete buildings to taking down trees, replanting plans, and assisting applicants determine wetland jurisdiction areas on their properties. We applaud the homeowners who approach our office prior to taking on such projects to avoid issues after the fact. We are always available to help in finding the facts on properties and working with homeowners.

Our Commissioners have been hosting the L/S Spring Walk series (shown below), going to the various Conservation Lands and discovering the wonders of our natural habitats right in our own backyards.



CAUTION! It is turtle egg laying season. You will see many turtles crossing busy streets, and laying eggs. Please leave the turtles alone to lay their eggs, do not attempt to handle the turtles. A snapping turtle can extend their necks the entire length of their bodies and are quicker than their reputations! If you need to rescue one from a roadway, use a long shovel and make sure it is safe for traffic in the area. Beware! Some of our

species of turtles are not very common, so please, if you see one on the road, carefully try to move them in the direction they were headed, and if you are driving, make every safe attempt to avoid hitting them.



Tom Friedlander, Chairman of the Commission has been reconditioning all of signs to our Conservation Lands. The tremendous effort is resulting in a significant cost savings and is very much appreciated. Thank you Mr. Friedlander for your extraordinary work!



Chairman Friedlander with a sign he has painstakingly restored.

Submitted by: Kirsten Roopenian

Department of Public Works

Historic Town Center

Progress at the memorial at Grinnell Park and the front of Town Hall is shown below.



Above: Improvements at Grinnell Park include the addition of a brick walkway around the monument.



Above: Improvements around Town Hall include refurbishment of the stone wall.

Submitted by: Bill Place, Director of Public Works

Goodnow Library

Goodnow is gearing up for summer and we truly have something for everyone—children, teens and adults.

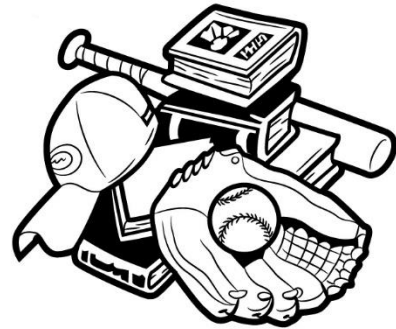
Children

An exciting summer of reading is in store for children at the Goodnow Library! All kids from birth through rising 5th graders are invited to participate in the library's summer reading program. One of the most effective ways to improve reading skills is to read regularly and often, and research has shown the benefits of greater academic achievement!

Starting on Monday, June 20th, stop by the children's room to sign up and receive your summer reading materials: reading log, reading challenge, bookmark, sticker and temporary tattoo!

Click [here](#) for more information!

HIT A HOME RUN *Read*



Teens



If your teen gets bored this summer, don't blame us. We've got a jam-packed schedule of fun activities planned—from Minute-to-Win-It games to Book Groups to interactive Snark Attack Movie Nights to weekly STEAM challenges. Who knows, they may even learn something! Check out our online calendar of events at <https://goodnowlibrary.org/services/teens/calendar/>

New Teen Librarian

Hello, I'm Robert Carter, Goodnow's new Teen Librarian, and I'm very excited to be here. Formerly, I was a children's librarian at Winchester Public Library, where I taught many STEM classes, including a LEGO Science and Robotics Workshop. Thanks to the groundwork laid by Esmé, Megan, and many others, I'm looking forward to even more ambitious projects in Sudbury.

To connect with teen happenings on social media, here are our links:



Adults

The library is starting a movie series called "First Tuesday Movie Night." For our first movie we will show the movie "Race" on June 7th in our Community Room.

I love doing normal things -
movies, shopping, going out
with friends, writing, reading,
taking hot bubble baths -
that's a big one for relaxation.
I also love to go to art and
history museums.

QUOTEHD.COM

Christina Aguilera
American Musician

Friends of the Goodnow Library will sponsor a summer film series, showing a movie on the big screen in our Community Room on six consecutive Tuesdays: July 12, 19, 26 and August 2, 9, 16.

If you like to take advantage of museums on the summer, we have a new pass. Through the generosity of the Friends of the Goodnow Library, we are now offering a new pass to the Sports Museum, Boston, which houses one of the finest collections of sports film, video, photographs, and research materials in North America.

We are also hosting a writing workshop entitled "Personal Essay Writing for Adults" which meets on three Thursday evenings in June. Through a variety of writing prompts, Julie Nadone, the instructor, will guide the participants in exploring their lives as a stepping stone to writing memoirs, plays or books.

Don't forget, "Knot Just for Knitters" meets every Monday from 4-8 in our Historical Room and gathers together patrons who love to knit, crochet, bead, weave, or macramé.

Finally, over the summer we will feature art exhibits by Michelle Garro in June and Maggie Hsu in August.



Reading Buddies

Emma Arrighini is a Junior at L-S and she has been working with Goodnow on her Girl Scout Gold Project. Emma approached the library with her project proposal to run a "reading buddies" program at the library for her Gold Project. The way it worked was that Sudbury elementary school students who wanted to become more confident readers were encouraged to participate. The tutors would all be Lincoln-Sudbury High School Students.



With each of the 6 weekly tutoring half-hour sessions, there was one-on-one reading and games and activities geared to help improve fluency and comprehension.

Participants saw their reading confidence increase, in part due to a focus on fluency, comprehension, but also by creating a supportive environment where children flourish.

As these pictures show, the project has been a real success. We have been thrilled to partner with Emma and the Girl Scouts to help her earn her Gold Award.



Teen Study Week

Finals at L-S are upon us and the Goodnow Library invites students to study here!

On Wednesday, June 15, Thursday, June 16 and Monday, June 20, students are welcome to stay until 11 pm. There will also be pizza on those days at around 6pm.

There will be an "adults only" area and a "kids only" area on the first floor.

Our students are very good at policing themselves, but it's definitely busier and noisier during Study Week. Please be understanding and help us support our local students!

Submitted by: Esmé Green, Goodnow Library Director

Board of Health

Opioid Overdose Epidemic

The United States is in the midst of an opioid overdose epidemic. The Sudbury Board of Health would like to raise awareness for this rapidly growing problem in our communities.

Opioids, including prescription opioid pain relievers, and heroin killed more than 28,000 people in 2014, more than any year on record. At least half of all opioid overdose deaths involve prescription opioids (CDC statistic). This year, Governor Charlie Baker signed into law a measure that places tighter state control on opioids, in an effort to stanch the supply of the addictive drugs. Baker trumpeted the bipartisan legislation as “the most comprehensive measure in the country to combat opioid addiction.”

For youth, opioid addiction may start when prescribed a pain killer following an injury or surgery. Talk with your teens now and warn them about potential dangers of taking prescription pain killers and the addiction they cause.

Know the signs of addiction:

- Pills or medicine bottles are missing from your home
- Abrupt changes in finances
- Dramatic mood changes
- Lower grades, changes in friends, or changes in sleep or appetite
- Loss of concern about appearance
- Physical signs of fatigue, weight loss, slurred speech, and dizziness

Prevent opioid prescription abuse:

- Dispose of any unused medications at home
- Be clear with your expectations on drug and alcohol use
- Talk with your doctor about medications prescribed for your family
- Take an inventory of any medications at home that may lead to abuse

- Keep medication in a secure area away from your children

If you suspect that a family member is having a problem with prescription opioids or heroin call the MA Substance Abuse Helpline for free confidential information about substance abuse and counseling resources. Stop Addiction in its Tracks 1-800-327-5050 or www.helpline-online.com.

Please visit www.mass.gov/stopaddiction and <http://www.cdc.gov/drugoverdose/index.html> for more information.



Picnic Food Safety

Packing the Cooler

- Keep cold food cold. 40°F or below.
- Always use ice or gel packs to keep your food items safe.
- Don't cross contaminate! Store raw meats at the bottom and ready to eat food on top.
- It's safe to freeze your meat and poultry, they will stay colder longer in the cooler.
- Use a separate cooler for beverages.
- Place cooler in a shady spot.

Grilling on the Barbeque

- Always cook to safe minimum internal temperatures.
- Keep food out of the “Danger Zone.”
- Marinate meats safely in the refrigerator.
- Do not use leftover marinade as a sauce, unless it is brought to a full boil first.
- Never reuse the same platter or utensils that previously held raw meat, poultry, or seafood, unless it is washed first.
- Never partially cook food unless it can go directly to the grill.
- Always use a thermometer and check what the temperature should be for the meat to be fully cooked!

Did You Know?

- Perishable food can stay out of refrigeration for only 2 hours, and 1 hour if the outdoor temperature is above 90°F.
- You can make your own cleaning solution for sanitizing washable surfaces and utensils. Mix together 1 tablespoon of chlorine bleach to 1 gallon of water. Spray on surfaces and utensils, rinse thoroughly and air or pat dry with clean paper towels.
- Using 2 different colored cutting boards can help prevent cross-contamination. Use one for meat, poultry and fish, the other for “ready to eat” food.
- Foodborne illness is a serious public health threat in the U.S. CDC estimates that approximately 1 in 6 Americans (48 million people) suffer from foodborne illness each year, resulting in roughly 128,000 hospitalizations and 3,000 deaths.

Town Clerk

I hope you are enjoying the beautiful spring weather as much as we are and are looking forward to even warmer temperatures and the good things that summer brings!

Special Town Election

A Special Town Election was held on Tuesday, May 17, 2016. There were 1707 votes cast, representing about 14% of the Town's 12,391 registered voters. Please see our website for the [results](#).

Special Town Meeting

A Special Town Meeting was held of Monday, June 13, 2016. Please click here to view the [Special Town Meeting Results](#).

I am sad to report that our Assistant Town Clerk, Veronica Craven has left Sudbury to begin an exciting new career opportunity. I am certain that all who have been assisted by her at the Town Clerk's Office or have worked with her will agree that she is an exceptional individual. We will miss her excellent work and the cheerful, welcoming presence she brought to the office every day. We are sorry to lose her but wish her great success in her new career!

Submitted by: Rosemary B. Harvell, Town Clerk

I. William Place, Town Engineer & DPW Director



*Best wishes on your retirement, Bill.
Thank you for 28 years of outstanding service.*