

Sudbury Grocery and Prescription Home Delivery

Please note that this handout is for informational purposes and not to provide endorsement. Please do your own research to determine which programs and services best meet your individual needs, and to explore other services that may be available.

Due to COVID-19 measures, securing delivery or pickup times may be challenging. Plan ahead and check in with stores for updates regarding availability of delivery or curbside pickup, as well as hours and other policies.

Senior Hours: Most stores now provide special hours for seniors and immune-compromised individuals. Please check with individual store locations to confirm.

GROCERY

ROCHE BROTHERS

Whether you order online or by phone:

- You will need a debit or credit card
 - You will be provided a 2-hour delivery window, during which time you need to be home
 - You are eligible for in-store sale prices. Please note that you will get the active sales on the day of delivery, NOT on the day you order.
1. **Online** at www.Rochebros.com
 - a. Click the green “Shop Online” button on the top right of the page
 - b. New to online shopping? You can call 781-694-5280 and let the customer service representative know that you are new to the process and would like someone to walk you through the online order process. They are available 7 days/week from 8:30a-5p.
 - i. Be prepared with a detailed list of items, including brand and quantity
 - c. \$9.95 delivery fee
 2. **By phone** at 781-694-5442
 - a. Available Monday-Wednesday 9am-5pm
 - b. \$14.95 convenience and delivery fee
 - c. When you call, you will be directed to a voicemail. Leave your name, phone number and state that you want to place an order for home delivery over the phone.
 - d. Calls are answered in the order that they arrive, so it may take a few hours for someone to get back to you
 - e. They require that you are prepared with a detailed list of items, including brand and quantity to expedite the process
 - f. When a customer service representative calls you back, they will set up a delivery time. They ask that you are planfull and call several days ahead of time because they have high call volumes. They cannot guarantee same day service, but will do so if they are able.

STOP & SHOP (PEAPOD)

Whether you order online or by phone:

- You will need a debit or credit card
 - You will be provided a 2-hour delivery window, during which time you need to be home
 - Minimum purchase of \$60
 - No same day service
 - You are eligible for in-store sale prices. Please note that you will get the active sales on the day the order is placed, as long as the order is delivered within 7 days
1. **Online** at www.Peapod.com
 - a. While they do not have the availability to walk customers through the online buying process, their customer service line can answer questions about the ordering process: 1-800-573-2763
 - b. \$6.95-\$9.95 delivery fee and at times an additional fuel surcharge.

2. **By phone** through a company called Tele-Grocers at 1-888-902-7467
 - a. Available Monday-Friday 11am-6pm
 - b. When you call, you will be directed to a voicemail. Leave your name, phone number and state that you want to place an order for home delivery over the phone.
 - c. Calls are answered in the order that they arrive, so it may take a few hours for someone to get back to you
 - d. They require that you are prepared with a detailed list of items, including brand and quantity to expedite the process
 - e. \$9.95 delivery fee plus a \$7.95-\$10.95 convenience fee depending on cost of the order

WHOLE FOODS

- You will need a credit or debit card.
- For residents who utilize EBT/TANF/WIC, you may be eligible for a discounted Prime membership. Check your eligibility here: <https://www.amazon.com/1/16256994011>
- For delivery, you must be an Amazon Prime member. You will need to sign into your account.
 - Prime will automatically determine delivery location based on your home address. Change the location if you would like delivery elsewhere.
 - Prime offers 2-hour free delivery. This may vary during times of high demand.
- There is no minimum order.
- You are eligible for in-store sale prices.
- Order online at <https://delivery.wholefoodsmarket.com/> or by logging into your Amazon account.

WALMART

- Offers grocery pick-up at certain locations, please check your local location for hours and availability.
- Pick-up is free and there is a \$30 minimum for the service.
- [Grocery Pick-up Walmart](#)
- Select the store of your choice that offers grocery pick-up.
- Select and schedule a pick-up time, you also must make an account.
- Pay with debit or credit online.

SHIPT SAME DAY DELIVERY

- Membership fee of \$99 for annual plan or \$14 monthly required.
- Same day delivery, as soon as 1 hour. High demand may temporarily impact delivery availability.
- Free delivery on orders over \$35.
- Set up your account with a valid credit card.
- Enter your location.
- Select the grocery store you would like to shop from that is available (Sudbury Farms, CVS, Shaws).
- Select your items and proceed with credits, debit payments.
- Shopper selects each item and keeps you updated along the way.
- <https://www.shipt.com>

INSTACART

- ****You cannot use store giftcards or EBT with this service****
- Must have a valid credit, debit card to pay online or through the app.
- Download the “instacart” app on your phone for free.
- Enter your location (zip code).
- Select the grocery store you would like to shop from that is available.
- Select your items and proceed with credit, debit payment etc.
- The shopper will choose your items for you and you are able to select “text updates”.
- Make sure your address and phone number are correct.
- You have the option of having the shopper leave the items outside of your door.

PRESCRIPTION

CVS PHARMACY

501 Boston Post Road, Sudbury, MA 01776
978-443-7141

- You will need a debit or credit card.
- Contact the pharmacy by phone or visit: <https://www.cvs.com/content/delivery>

SUDBURY PHARMACY

447 Boston Post Road, Sudbury, MA 01776
978-443-6311

- You will need a debit or credit card.
- Deliveries are Monday-Friday.
- Must order by 12pm for same day delivery.
- Delivers to all of Sudbury.

SHAW'S PHARMACY

155 Great Road, Stow, MA 01775
978-897-1736

- You will need a debit or credit card.
- Need to visit the store to complete paperwork prior to first delivery.
- Deliveries are Monday-Friday.
- Must order at least 24 hours in advance.
- Delivers to addresses within 20 miles of the store.