



# Town of Sudbury

## Board of Health Social Work Department

DPW Building  
275 Old Lancaster Road  
Sudbury, MA 01776  
978 440-5476

### MassBay Community College Resources

*In addition to this resource page, please see the College Resource Guide created by the Sudbury Social Work Team.*

#### Child Care Assistance

- MassBay provides a Childcare Assistance Program which includes:
  - 18 hours of childcare for any student enrolled full time and 9 hours of childcare for any student enrolled part time
  - It is a reimbursement model, so the MassBay student submits monthly receipts for a licensed childcare provider and they are reimbursed by the school.
  - MassBay students are able to have up to two children enrolled in Childcare through this program
  - The GPA of the student must stay above 2.0
  - Work with financial aid to show EFC- must be within the Pell Grant range
  - **For more information, or to apply, contact student development at 781-239-3142 (Wellesley Hills) or 508-270-4014 (Framingham). They will help you set up a meeting with the Associate Dean of Students, Joshua Cheney**
- <https://www.massbay.edu/student/student-resources/childcare-assistance>

#### Food Resources

- “Hunger should never be an obstacle to success. That's why MassBay has partnered with the Greater Boston Food Bank, Food for Free, and Daniel's Table to help support members of our community who do not have enough to eat.”
- <https://www.massbay.edu/student/food>
- Wellesley Mobile Market
  - Takes place from 11:30-12:30 on the second Wednesday of each month (excludes January)
  - Located at the MassBay Wellesley Campus Courtyard while supplies last
  - Students at Framingham or Ashton can register in advance
- Food for Free
  - Free frozen meals on the Wellesley Campus
  - Pickup on Wednesdays from 2-3 and Thursdays from 3-4 in the Cafeteria
  - They advise that you bring reusable Tupperware to pick up meals
  - Contact Kelly Graska at (781)239-2753 with questions
- Daniel's Table
  - Free frozen meals on the Framingham Campus
  - Pickup on Mondays and Tuesdays from 10-12 in the Student Development Office
  - They advise that you bring reusable Tupperware to pick up meals
  - Contact (508)-270-4014 with questions
- [MassBay Community Guide to Food Resources](#)

## **Counseling Services**

- Individual Counseling
  - Confidential services are free for all MassBay students
  - For an appointment call 781-239-3142.
- Articles & Information
  - Mass Bay Counseling Services offers a variety of articles and resources related to mental health. Some examples include Depression, Anxiety, Wellness, Stress, and Resilience
- Services offered in Spanish as well as English
- <https://www.massbay.edu/counseling>

## **Veteran & Military Services**

- In order to gain access to services and scholarship, all Veteran and Military Personnel must fill out the GI Paperwork found on MassBay's Website
  - <https://www.massbay.edu/veterans>
- Benefits include:
  - Free tuition for qualifying Veterans (must be a MA resident and cannot be in default with other student loans)
  - Tuition and fee waivers for members of the National Guard
  - Allowance for Housing
  - VALOR Credit Evaluation
    - MassBay will evaluate courses, trainings, and other military education to see if it can count as credits for school
- For more information or to schedule an appointment with the Coordinator of Veterans and Military Services, call 781-239-2753.

## **Career and internship Services**

- To make an appointment, please call 781-239-3142 or stop by Student Development, Room 130, Wellesley Hills campus.
- Click [here](#) to explore different career and internship fairs coming in the coming months
- [Interviewing tips](#)
- Internships
  - MassBay's Blackboard has an organization called "Career and Internship Services."
  - Once logged on, the program will lead you through the five steps to finding an internship.
  - [Click here](#) for instructions related to logging into Blackboard
- Resumes and Cover Letter
  - Located in this portion of the website are guides to writing an effective resume and cover letter. The guides include step by step instructions, examples, and outlines
- Mentorship Programs
  - Below are some opportunities for MassBay students to be mentored by professionals in the greater MetroWest Area

- Multicultural Mentoring Program
    - Promotes the pursuit of academic success for students from multicultural backgrounds. MMP students and professionals interact in one-to-one mentorship relationships, assisting mentees' acclimation to college life and preparing them for future careers. MMP's partnership include Verizon, General Dynamics, Meditech, Citizens Bank and Lesley University.
  - 100 Males to College
    - In partnership with Framingham State University, Framingham Public Schools, the Joseph P. Keefe Technical School, and the MetroWest College Planning Center, MassBay staff, faculty, and students provide mentoring to male junior and senior students in Framingham to support them to apply to and succeed in college.
  - STEM Mentor Program
    - The goals of the STEM Mentor Program are to nurture STEM students' academic success and support students' pursuit of their academic and career aspirations by facilitating one-on-one mentoring relationships and providing STEM-focused events, programs and opportunities. Employer partnerships include Sanofi Genzyme, MathWorks, the US Army Corps of Engineers and the US Food and Drug Administration, Winchester Analytical Engineering Center. The program is funded by Sanofi Genzyme, STEM Starter Academy and MathWorks.
  - Boston Scientific Mentoring Program (BSMP)
    - Works to promote academic success for students majoring in business. Students are matched in 1:1 mentoring relationships with professionals working at Boston Scientific.
  - Walsh Middle School/LEA
    - MassBay students, working in conjunction with Framingham State University and Latinas en Accion (LEA), serve as mentors to children attending Walsh Middle School in Framingham. Some of the middle school students live with risk factors such as a single parent home, poverty, abuse or parental incarceration. Mentors and mentees spend 1 hour a week at Walsh playing games, helping with homework, assisting mentees with goal setting, discussing college readiness and having fun!
- <https://www.massbay.edu/career/mentor>

### **Academic Resources and Scholarships**

- Tuition Calculator
  - Helps you estimate the cost of a MassBay education
  - <https://www.massbay.edu/finance/tuition-calculator>

- Textbook and Enrichment Fund
  - In response to escalating textbook costs, the Student Government Association at MassBay Community College established a student Textbook & Enrichment Fund. In addition to private contributions, this fund has been established by a \$5 per student (full & part time) waivable fee. Funds are limited and will be awarded on a first-come, first-served basis at the beginning of the Fall and Spring semesters. The Student Enrichment & Textbook Fund is managed by the MassBay Foundation.
  - <https://www.massbay.edu/student/student-resources/textbook>
  - Contact [mcronmiller@massbay.edu](mailto:mcronmiller@massbay.edu) with questions
- MassBay Scholarship Opportunities
  - For additional information or assistance, please visit the Scholarship Office in Room 222 on the Wellesley Hills campus, or contact MassBay by email at [foundation@massbay.edu](mailto:foundation@massbay.edu) or call us at 781 239-3126.
  - For Current MassBay Students
    - <https://www.massbay.edu/finance/scholarships/current-student>
    - Includes scholarships such as The Single Parent Scholarship, the Alumni Nursing Scholarship, and many others!
  - Scholarships for New MassBay Students
    - <https://www.massbay.edu/finance/scholarships/new-student>

For additional questions, or suggested additions to this list, please call Bethany Hadvab, Sudbury town social worker, at 978-440-5476

**Please visit <https://sudbury.ma.us/socialworker/> for up to date information and additional resources.**