


## JUNE 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
9:00-3:00 I&R Hours 11:00 Fit for the Future (G) 12:30-2:30 Front Desk Staff Meeting* 1:00 Better Bones (6) 2:15 Tai Chi (3) *You may need to leave a message during this meeting.	8:30-10:30 BP Clinic 9:00 Cribbage 9:40 & 11:00 Yoga (1) 11:00 <i>FitWalk</i> (4) 12:30-3:30 Bridge 1:15 <i>Tai Chi for Healthy Living</i> (7) 3:00 <i>Council on Aging</i>	9:00-1:00 <i>Special Teen Tech</i> 9:00-3:00 I&R Hours 9:30-11:15 <i>The Vikings</i> (1) 10:00-12:00 <i>Drawing</i> (3, last) 11:00 Fit for the Future 1:00-3:30 Canasta (SP) No Quilting	9-12 SHINE 9:30 Tap Dance (6) 10:00-12:00 <i>Special Current Events</i> (see page 3) 2:30 Connection Circle	9:00-3:00 I&R Hours 9:30-11:30 Bingo (SP) 9:30 Better Bones (3) 11:00 Fit for the Future 12:30 Friday Movie: <i>Eleanor Roosevelt</i> 11:30/1:45 Watercolors (5)  Sat., 6/6—Senior Center Mercury Collection 11-1
8	9	10	11	12
9:00-3:00 I&R Hours 10:00 Stamp Club 10:00 <i>The Deep End</i> 11:00 Fit for the Future (G) 1-2:30 <i>Caring Café</i> 1:00 Better Bones (7) 2:15 Tai Chi (4)	8:30-10:30 BP Clinic 9:00 Cribbage 9:40/11:00 Yoga (2) 11:00 <i>FitWalk</i> (5) 11:30 <i>Total Joint Replacement Talk</i> 12:30-3:30 Bridge 1:15 <i>Tai Chi for Healthy Living</i> (8)	9:00-3:00 I&R Hours No <i>The Vikings</i> today 11:00 Fit for the Future 12:00 <i>Volunteer Appreciation Luncheon*</i> 1:00-3:30 Canasta (VH) No Quilting * <i>By invitation only</i>	9-12 SHINE 9:30 Tap Dance (7) 10:00 <i>Recognizing Early Alzheimer's</i> 1:00 <i>Means-Tested Senior Tax Exemption Info</i> 2:30 Connection Circle	9:00-3:00 I&R Hours 9:30-11:30 Bingo (SP) 9:30 Better Bones (4) 11:00 Fit for the Future 12:30 Friday Movie: <i>Flower Drum Song</i> 11:30 or 1:45 Watercolors (6)
15	16	17	18	19
9:00-3:00 I&R Hours 9:30-11:30 <i>The Glass is Half Full</i> 11:00 Fit for the Future (VH) 1:00 Better Bones (8) (VH) 1:00 <i>Downton Abbey</i> (1) 2:15 Tai Chi (5) (VH)	8:30-10:30 BP Clinic 9:00 Cribbage 9:40/11:00 Yoga (3) (SP) 10:00-12:00 Legal Clinic 11:00 <i>FitWalk</i> (6, last) 12:30-3:30 Bridge 1:15 <i>Tai Chi for Healthy Living</i> (1)	9:00-3:00 I&R Hours 9:30-11:15 <i>The Vikings</i> (2) 11:00 Fit for the Future (VH) 1:00-3:30 Canasta (SP) 1:00-2:00 <i>Painting in Progress - see pg. 2</i>	9-12 SHINE 9:30 Tap Dance (8, last) 10:00 Current Events 11:30 <i>Tick Talk! And Lunch at 12:00</i> 1:00 <i>Easy Transitions: Downsizing and Selling</i> 2:30 Connection Circle	9:00-3:00 I&R Hours 9:30-11:30 Bingo (SP) 9:30 Better Bones (5, last) 11 Fit for the Future (VH) 11:30 or 1:45 Watercolors (7) 12:30 Afternoon Movie: <i>Secondhand Lions</i>  Sat., 6/20—Senior Center Mercury Collection 11-1
22	23	24	25	26
9:00-3:00 I&R Hours NO Fit for the Future NO Better Bones 1:00 <i>Downton Abbey</i> (2) 2:15 Tai Chi (6) (VH)	8:30-10:30 BP Clinic 9:00 Cribbage 9:40/11:00 Yoga (4) (SP) 12:30-3:30 Bridge 1:15 <i>Tai Chi for Healthy Living</i> (2)	9:00-3:00 I&R Hours 9:30-11:15 <i>The Vikings</i> (3) 9:30 <i>Senior Aerobics</i> (VH) <i>Drawing workshop returns in September</i> NO Fit for the Future 1:00-3:30 Canasta (SP)	9-12 SHINE NO Tap Dance 12:00 Pizza and a Movie: <i>Hundred Foot Journey</i> 2:30 Connection Circle 3:00 <i>Friends Meeting</i>	9:00-3:00 I&R Hours 9:30-11:30 Bingo (SP) 9:30 <i>Senior Aerobics</i> (VH) NO Better Bones NO Fit for the Future 11:30 or 1:45 - Watercolors (8, last) 12:30 Afternoon Movie: <i>Lost Horizon</i>
29	30			
9:00-3:00 I&R Hours NO Fit for the Future NO Better Bones 1:00 <i>Downton Abbey</i> (3) 2:15 Tai Chi (7) (VH)	8:30-10:30 BP Clinic 9:00 Cribbage NO Yoga 12:30-3:30 Bridge 1:15 <i>Tai Chi for Healthy Living</i> (3)		PLEASE NOTE: Fitness classes move to alternate spaces as of June 15. Check with us for room assignment!	Drawing Workshop, Fit for the Future and Tap Dance will return in September.  (SP) Sudbury Pines Room (VH) Van Houten Room