


REVISED 2/10/15

FEBRUARY 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	Order Lunch for 2/12 6
SNOWSTORM CLOSED ALL DAY 9:00-3:00 I&R Hours 10:00 <i>American Literature DVD Series (4)</i> 11:00 Fit for the Future <i>No Better Bones</i> 1:00 Scrabble/Games (VH) 2:15 Tai Chi (1)	NO PROGRAMS TODAY 8:30-10:30 BP Clinic 9:00 Cribbage <i>No Yoga</i> 10-10:45 <i>The Great Masters: Mozart (5)</i> 12:30-3:30 Bridge 1:15 <i>Tai Chi for Healthy Living (3)</i> 3:00 <i>Council on Aging</i>	9:00-3:00 I&R Hours 10:00 <i>Barbarian Empires (3)</i> 10:00-12:00 <i>Drawing (2)</i> 11:00 <i>Fit for the Future</i> 1:00 <i>Canasta (SP)</i> 1:00-3:00 <i>Quilting (1) (VH)</i>	9-12 SHINE 9:30 Tap Dance (6) 9:30 Thursday Crafters 10:00 Current Events 12:00 <i>Soup's On! Brigham and Womens Hospital -Sleep Talk</i> 2:30 Connection Circle	9:00-3:00 I&R Hours 9:30-11:30 Bingo (SP) <i>No Better Bones</i> 11:00 <i>Fit for the Future</i> 12:00 <i>Parmenter Lunch and Learn with Phyllis Schilp—p. 3</i> 11:30 and 2:00 - Watercolors (8, last) *1:30 Friday Movie: <i>Last Love</i>
9	10	11	12	Order Lunch for 2/19 13
SNOWSTORM CLOSED ALL DAY 9-10 <i>Selectmens Hours</i> 9:00-3:00 I&R Hours 10:00 Stamp Club 10:00 <i>American Literature (5)</i> 11:00 <i>Fit for the Future</i> 1:00 <i>Better Bones (2)</i> 1:00 <i>Scrabble/Games (VH)</i> 2:15 Tai Chi (2)	NO PROGRAMS TODAY 8:30-10:30 BP Clinic 9:00 Cribbage 9:40/11:00 Yoga (3) 10-10:45 <i>Mozart (6)</i> 12:30-3:30 Bridge 1:15 <i>Tai Chi for Healthy Living (4)</i> 1:00-4:00 SHINE	9:00-3:00 I&R Hours 10:00 <i>Barbarian Empires (4)</i> 10:00-12:00 <i>Drawing (3)</i> 10:00-12:00 <i>Van Rider Meeting/Musketahquid Vlg.*</i> 11:00 <i>Fit for the Future</i> 1:00 <i>Canasta (SP)</i> 1:00-3:00 <i>Quilting (2) (VH)</i> 2:15-4:00 <i>Teen Tech</i> * Sign up required.	9:00-12:00 SHINE 9:30 Tap Dance (1) 9:30 Thursday Crafters 12:00 <i>Soup and Salad with Special Valentine Dessert!</i> 1:00 <i>First Ladies—Patricia Perry</i> 2:30 Connection Circle	9:00-3:00 I&R Hours 9:30-11:30 Bingo (SP) 9:30 <i>Better Bones (4) (R2)</i> 11:00 <i>Fit for the Future</i> 12:30 <i>Friday Movie: I Love You Again</i> 11:30/2:00 <i>Watercolors (1)</i>
16	17	18	19	20
Presidents Day Holiday  Senior Center Closed *Check room for Fitness classes this week	*NO BP Clinic today* 9:00 Cribbage 9:40/11:00 Yoga (2) (check room) 10-10:45 <i>Mozart (4)</i> 10:00-12:00 <i>Legal clinic</i> 12:30-3:30 Bridge 1:15 <i>Tai Chi for Healthy Living (2)</i>	9:00-4:00 AARP Tax Help 9:00-3:00 I&R Hours 10:00 <i>Barbarian Empires (5)</i> 10:00-12:00 <i>Van Rider Meeting/Longfellow Glen*</i> * Sign up required. No <i>Drawing</i> 11:00 <i>Fit for the Future - (check room)</i> 1:00 <i>Canasta (SP)</i> 1:00-3:00 <i>Quilting (3) (VH)</i>	9-12 SHINE NO Tap Dance 9:30 Thursday Crafters 10:00 Current Events 12:00 <i>Lunch—p. 7</i> 1:00 <i>Chi Gong Mini-Class</i> 2:30 Connection Circle	9:00-3:00 I&R Hours 9:30-11:30 Bingo (SP) 9:30 <i>Better Bones (5)</i> 11:00 <i>Fit for the Future—check room</i> 12:30 <i>Friday Movie: Lovely Still</i> 11:30/2:00 <i>Watercolors (2)</i>
23	24	<i>Newport Playhouse Trip 25</i>	26	27
9-4 AARP Tax Help 9:00-3:00 I&R Hours 10:00 <i>American Literature (4)</i> 11:00 <i>Fit for the Future</i> 1:00 <i>Better Bones (2)</i> 1:00 <i>Scrabble/Games (VH)</i> NO Tai Chi	8:30-10:30 BP Clinic 9:00 Cribbage 9:40/11:00 Yoga (3) 10-10:45 <i>Mozart (5)</i> 12:30-3:30 Bridge NO <i>Tai Chi for Healthy Living</i> 1:00-4:00 SHINE	9:00-4:00 AARP Tax Help 9:00-3:00 I&R Hours 10:00 <i>Barbarian Empires (6)</i> No <i>Drawing</i> 11:00 <i>Fit for the Future</i> 1:00 <i>Quilters</i> 1:00 <i>Canasta (SP)</i> 1:00-3:00 <i>Quilting (4) (VH)</i> 2:15-4:00 <i>Teen Tech</i>	9-12 SHINE 9:30 Tap Dance (2) 9:30 Thursday Crafters 12:00 <i>Pizza and a Movie: Jersey Boys</i> 2:30 Connection Circle 3:00 <i>Friends Meeting</i>	9:00-3:00 I&R Hours 9:30-11:30 Bingo (SP) 9:30 <i>Better Bones (6)</i> 11:00 <i>Fit for the Future</i> 12:30 <i>Friday Movie: Love Is All You Need</i> 11:30/2:00 <i>Watercolors (3)</i>

VH—Van Houten room; SP— Sudbury Pines room; R2—Room 2