



# Sudbury Senior Center

Council on Aging  
Town of Sudbury, Massachusetts

40 Fairbank Road • Sudbury, Massachusetts • 01776-1681  
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## Adult Day Care Centers

Adult Day Centers provide socialization, recreation and health services to elders who need a structured, supervised day program. The following is a sampling of Adult Day Centers in the Sudbury area. This list does not constitute a recommendation of any particular Adult Day Center. For more information, please contact Debra Galloway at (978) 443-3055 or [gallowayd@town.sudbury.ma.us](mailto:gallowayd@town.sudbury.ma.us).

### Concord

**Cooperative Elder Services** - (978) 318-0046 - 7 Chamberlin Drive  
<http://www.elderdayservices.com/locations/concord.html>

Contact: Patricia Oliphant

Hours: 8:30 – 3:00pm

Cost: \$53 - \$68/day

Transportation: Wheelchair van, approximately \$16.95 each way

### Framingham

**Windsor House** - (508) 879-1771 - 89 Bethany Road  
<http://www.windsorhouse.org/AdultHealthCare.cfm>

Contact: Beth Pavoni, Director

Hours: 7:30 – 3:30pm

Cost: \$50 - \$69 per day, depending on level of care

Transportation: Riders often share use of Tommy's Taxi, cost varies

### Marlborough

**Ageing Well Adult Day Health Center** – 508-485-7700

Contact: Michelle Boiardi

Hours: 8:00am – 4:00pm, or flexible schedule

Cost: \$60 - \$85 per day

Transportation: Van is available for \$15 one way or \$27 round trip.

**Pleasantries Adult Day Center – 508-335-1968**

Contact: Tammy Pozerycki, Director

Hours: 7:00am - 6:00pm

Cost: \$95.00 for 8 hrs., \$60 for 4 hrs., \$70 for 4 hrs. and lunch

Transportation: Not available at this time.

**Natick**

**Whitney Place Adult Day Care - (508) 655-9767 - 3 Vision Drive**

<http://www.salmonfamily.com>

Contact: Jessica Shapiro, Director

Hours: 8:00 – 4:00pm

Cost: \$95 - \$110/day, depending on level of care

Transportation: Wheelchair van, cost is \$25 - \$35

Last updated: 12/08