

# APRIL VACATION PROGRAMS

## APRIL VACATION CHILDHOOD ADVENTURES - PRESCHOOL

Escape for some creativity and adventures! **Please bring your own PEANUT-FREE snack.**  
Sign your child up for as many days as you like. Each day of the week will have a different theme:

**TIME:** 9:00 AM - 12:00 PM

**AGE:** 3.5 - 6

**WHERE:** FCC-Room 4

**COST:** \$37 per child per day



**TUES. Apr. 22**

Big Top Circus



**WED. Apr. 23**

Wonderful World of Dinosaurs



**THURS. Apr. 24**

Ocean Adventure



**FRI. Apr. 25**

A Day on the Farm

*Instructed by Sudbury Park & Recreation Preschool Staff*

## INTENSIVE LIFEGUARD TRAINING COURSE

Prerequisite - MUST swim 300 yards continuously, using these strokes in the following order: 100 yards of front crawl using rhythmic breathing and a stabilizing propellant kick; 100 yards of breaststroke using a pull, breathe, kick and glide sequence; 100 yards of front crawl or breaststroke or a combination of both; as well as a 40 yard timed swim and retrieval of a 10 pound object. Upon successful completion of the course, participants will be certified in Lifeguard Training, First Aid & C.P.R./A.E.D. for the professional. **\*There are NO refunds if you do not pass the course\***

**Attendance for all classes is Mandatory!**

**WHO:** Ages 15+

**DATES:** Apr. 22 - 25 (Tues. - Fri.)

**TIME:** 8:30 AM - 5:00 PM

**COST:** \$275

**WHERE:** Atkinson Pool

*Instructed by Chery Finley, Aquatic Supervisor*



### WICKED COOL - SCIENCE, GADGETS, AND CONTRAPTIONS

Explore energy, light and electricity as we make things that glow, refract and electrify! See around corners with your own periscope! Create glow in the dark slime and examine the mysterious properties of magnets. Keep time with your own sand clock, and construct a balloon mobile to race against your friends. Min 10.

**AGES:** 7 - 10

**DATES:** Apr. 22 - 25 (Tues. - Fri.)

**HALF DAY:** 9:00 AM - 12:00 PM

**COST:** \$194

**FULL DAY:** 9:00 AM - 4:00 PM

**COST:** \$276

**WHERE:** FCC



*Instructed by Wicked Cool for Kids*

**NEW TIME AND PRICE!**

### CHALLENGER SOCCER

This program involves all facets of soccer from individual skill development to technical and tactical practice. Players will be exposed to practices that develop them both as individual and team players. Each day will include progressive practices and small-sided games as well as coached scrimmages. Please bring 2 snacks, a water bottle, and lunch (for full day).

**DATES:** Apr. 22 - 25 (Tues. - Fri.)

**WHERE:** Haskell Field

**AGES:** 3 - 6

**TIME:** 8:00 - 8:55 AM

**COST:** \$56

**AGES:** 7 - 12

**TIME:** 9:00 AM - 3:00 PM

**COST:** \$158

*Instructed by Challenger Soccer*

### APRIL VACATION ALL - SPORTS CLINIC

This clinic is great for children of all ages. Participants will play several different sports such as soccer, basketball, flag football, lacrosse, and street hockey as well as popular playground games like capture the flag and dodgeball. Emphasis will be placed on sportsmanship, fitness, fun, and cooperation. Coached by qualified teachers and coaches from the college, high school, and youth levels. *Min. 10*

**\*Pizza lunch will be available for purchase.**

**AGES:** Grades K - 6

**DATES:** Apr. 22 - 25 (Tues. - Fri.)

**TIME:** 9:00 - 2:00 PM

**COST:** \$158

**WHERE:** Curtis Middle School Gym

*Instructed by*

*New England Sports Camps*

### GARRO STUDIOS ART WEEK

**DATES:** April 22 - 24 (Tues. - Thurs.)

**COST:** \$170

**WHERE:** Garro Studios - 63 Summer Street, Maynard

*Instructed by Michelle Garro*

#### MORNING SESSION (Elementary)

Students will work on drawing, painting, printmaking, and clay projects! All materials provided.

**AGES:** 6 - 10

**TIME:** 9:00 AM - 12:00 PM

#### AFTERNOON SESSION (Middle and High School)

Students will work from both observation and imagination on drawing, painting, printmaking, and mixed media projects.

**AGES:** 10 +

**TIME:** 12:30 - 3:30 PM

### HAMMEL TENNIS CAMP

**DATES:** Apr. 22 - 25 (Tues. - Fri.)

**TIME:** 9:00 - 11:30 AM

**COST:** \$194

**WHERE:** Zip Zone - Longfellow Club

*Instructed by Longfellow Club*

#### RED BALL - AGES: 4 - 8

Using smaller courts, appropriate sized racquets, and low compression balls, kids will begin to learn and play tennis. Focus on motor skills, balance, coordination, agility, and racquet skills.

#### ORANGE/GREEN BALL - AGES: 8 - 12

Students are taught basic skills and strategies of tennis in a fun and highly effective manner. Focus on rallying skills, serving, and point play using low compression balls.