## Atkinson Pool - Dive Well Schedule - September 2016

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Open 7am	Open 5:30am	Open 5:30am	Open 5:30am	Open 5:30 am	Open 5:30am	Open 7am
5:30-7:00		Deep Water	OPEN TIME	Deep Water	OPEN TIME	OPEN TIME	
		6am		6am			
7:00-8:00	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME
8:00-9:00	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME
9:00-10:00	OPEN TIME	OPEN TIME	Deep Water	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME
		1/2 Rental	9:30-10:30	1/2 Rental			
10:00-11:00	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME
		1/2 Rental		1/2 Rental			
11:00-12:00	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME
12:00-1:00	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME
1:00-2:00	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME
2:00-3:00	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME
3:00-4:00	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME
4:00-5:00	Pool Closes at	Dive Team	Dive Team	Dive Team	Dive Team	OPEN TIME	OPEN TIME
	3:45pm						
5:00-6:00		Dive Team	Dive Team	Dive Team	Dive Team	OPEN TIME	OPEN TIME
6:00-7:00		OPEN TIME	OPEN TIME	OPEN TIME	Dive Team	OPEN TIME	<b>Pool Closes</b>
							at 5: 45pm
7:00-8:00		OPEN TIME	OPEN TIME	OPEN TIME	Dive Team		
8:00-9:00		OPEN TIME	OPEN TIME	OPEN TIME	OPEN TIME		
	Close @ 3:45pm	Close @ 9pm	Close @ 9pm	Close @ 9pm	Close @ 9pm	Close @ 7pm	Close @ 5:45pm

## **DIVE WELL NOTES**

## All classes and dive team use is in bold.

The dive well is open for water exercise for adults. Children under the age of 14 are not allowed in the dive well unless accompanied by an instructor or coach. Children wearing swim bubbles or lifejackets are prohibited from the dive well.

For safety reasons, the dive well is closed to the public when dive teams or exercise classes are being held.

## ABSOLUTELY NO BREATH HOLDING OR HYPOXIC TRAINING IS ALLOWED.

The dive well is not to be used for lap swimming.

The Atkinson Pool reserves the right to change / modify the schedule at any time. Times listed are approximate and may vary.