

# Atkinson Pool Rules and Regulations

The Atkinson Pool reserves the right to change the pool schedule at any time.

Atkinson Pool reserves the right to modify or change Rules and Regulations.

A list of the pool rules is posted in the pool area. Please read them and instruct children accordingly.

The Atkinson Pool Management reserves the right to refuse admittance to, or eject from the pool premise, any person(s) failing to comply with any of the Health and Safety Regulations.

\*\*\* **Reminder: Lap lanes are limited during swim team season (November – March) \*\*\***

## General:

- Memberships are non-transferable/nonrefundable.
- All persons using the swimming pool must take a shower before entering the pool. **This is a State Health Law.**
- Swimmers must enter and exit the pool through the locker rooms.
- Street shoes are not permitted on tiled areas around the pool deck.
- Non- toilet trained swimmers need to use swim diaper and rubber pants over it in the pool.
- Spitting, spouting water, blowing the nose or discharging bodily wastes in the pool is prohibited
- Children who cannot swim with out assistance **MUST** stay in shallow area unless accompanied by an adult who stays with in arms reach the entire time.
- Children wearing bubbles must have an adult or responsible person over age 16 in the water within arms reach, and must stay in the shallow end of the pool (from the first set of flags to the edge of the pool).
- Children may use the bubbles that are provided by the Atkinson Pool. Any other floatation device must be US Coast Guard approved with the certification label affixed to the device. Lifeguards have the right to ask to see the certification label.
- Inflatable floatation devices and swimsuits with zippered or sewn in floats are prohibited.
- Children age 6 and over are required to use the appropriate locker area for their gender. If in doubt or assistance is needed, please speak with a facility supervisor on duty.
- Children 12 years of age and under must be supervised by a parent or responsible person 16 years of age or older.
- Running, splashing, boisterous or rough play, excessive noise, and throwing objects (including people) is **not** permitted in the pool areas, showers, locker rooms and lobby.
- Animals are not allowed in the facility- exception being the use of a guide dog.
- No food, drink, gum or candy is allowed in the pool or locker room areas.
- No glass is permitted any where in the building- plastic bottles only for shampoo, cosmetics, etc.
- Only persons with proper bathing attire will be allowed in the pool. Gym shorts, cut offs, etc. are prohibited.
- Not wet bathing attire will be allowed in the lounge area.
- No alcoholic beverages or smoking allowed in the entire facility.

## Lap Pool rules:

- During lap swim swimmers need to be at least **14 years old** and be swimming laps in the lap lane.
- Any person having an infectious or communicable disease is prohibited from using the pool. Persons having open blisters, cuts, warts, poison ivy and bandages are not permitted in the pool.
- No diving is allowed in the lap pool.
- No hanging from the basketball rim.
- No holding/swimming over lane lines. Please swim under them. Do not cross lap lanes.
- Jumping in forward is allowed; no twists, spins, flips or backward jumps are permitted off the edge of the lap pool or the diving board.
- Equipment use is allowed with guard's permission- no equipment allowed in free swim area. If equipment is needed the guard will get it. Patrons may not go in the back room.
- Children may not sit nor stand on a parent's shoulders. No piggy-back rides.
- Masks are allowed for lap swimmers (with medical note) and scuba classes. Children may not wear masks. **This is a Town Rule.**
- Starting blocks may be only used during swim practice, or under an instructor's/coaches supervision.
- Only family swim is allowed in the family swim area.

## Dive Well Rules:

- To use the dive well, the patron must be able to swim one full length of the pool doing the front crawl.
- No toys or bubbles are allowed in the dive well.
- A diver may only take one jump, and must jump forward off the board.
- Only one board is open during family swim times.
- Only one diver on the board at a time is allowed.
- Jumping from the deck in only allowed when the boards are closed.
- A diver may not dive from the board until the previous diver has reached the ladder.

