

Atkinson Pool Rules and Regulations

General:

- Memberships and non-transferable/nonrefundable.
- All persons using the swimming pool must take a shower before entering the pool. **This is a State Health Law.**
- Swimmers must enter and exit the pool through the locker rooms.
- Street shoes are not permitted on tiled areas around the pool deck.
- Children wearing bubbles must have an adult or responsible person over age 16 in the water **within arms reach**, and must stay in the shallow end of the pool (from the first set of flags to the edge of the pool).
- Flotation devices are not allowed, children may use the bubbles that are provided by the Atkinson Pool.
- Children age 6 and over are required to use the appropriate locker area for their gender. If in doubt or assistance is needed, please speak with a facility supervisor on duty.
- Running, splashing, boisterous or rough play, excessive noise, and throwing objects (including people) is not appropriate in the pool areas, showers, locker rooms and lobby.
- Animals are not allowed in the facility- exception being the use of a guide dog.
- Children 12 years of age and under must be supervised by a parent or responsible person 16 years of age or older.
- No food, drink, gum or candy is allowed in the pool or locker room areas.
- No glass is permitted any where in the building- plastic bottles only for shampoo, cosmetics, etc.
- Only persons with proper bathing attire will be allowed in the pool. Gym shorts, cut offs, etc. are prohibited.
- Not wet bathing attire will be allowed in the lounge area.
- No alcoholic beverages or smoking allowed in the entire facility.

Lap Pool rules:

- During lap swim swimmers need to be at least **14 years old** and be swimming laps in the lap lane.
- Any person having an infectious or communicable disease is prohibited from using the pool. Persons having open blisters, cuts, warts, poison ivy and bandages are not permitted in the pool.
- Spitting, spouting water, blowing the nose or discharging bodily wastes in the pool is prohibited. Non- toilet trained swimmers need to wear training pants and rubber pants in the pool.
- No diving is allowed in the lap pool.
- No hanging from the basketball rim.
- No holding/swimming over lane lines. Please swim under them. Do not cross lap lanes.
- Jumping in forward is allowed; no twists, spins, flips or backward jumps are permitted off the edge of the lap pool or the diving board.
- Equipment use is allowed with guard's permission- no equipment allowed in free swim area. If equipment is needed the guard will get it. Patrons may not go in the back room.
- Children may not sit nor stand on a parent's shoulders. No piggy-back rides.
- Masks are allowed for lap swimmers (with medical note) and scuba classes. Children may not wear masks. **This is a Town Rule.**
- Starting blocks may be only used during swim practice, or under an instructor's/coaches supervision.
- Only family swim is allowed in the family swim area.

Dive Well Rules:

- To use the dive well, the patron must be able to swim one full length of the pool doing the front crawl.
- No toys or bubbles are allowed in the dive well.
- A diver may only take one jump, and must jump forward off the board.
- Only one board is open during family swim times.
- Only one diver on the board at a time is allowed.
- Jumping from the deck is only allowed when the boards are closed.
- A diver may not dive from the board until the previous diver has reached the ladder.