

An indoor swimming pool with multiple lanes marked by blue and white lane lines. The pool is surrounded by a tiled deck. In the background, there are blue and white triangular bunting flags hanging from the ceiling. A large yellow text overlay reads "ATKINSON POOL".

ATKINSON POOL

Who, what, when,
where, why and how

Basic Facts of Our Community Pool

- ❖ Pool open 7 days a week, 85 hours a week. Open at 5:30am.
- ❖ Eight-lane pool - larger than most pools in the area.
- ❖ Dive well with two springboards.
- ❖ Home base for Sudbury Swim Team and Lincoln Sudbury Swim and Dive Team
- ❖ Monthly membership: Adults \$72/Month. Seniors (60+) \$60/month
- ❖ Daily pass is \$12/adult regardless of age
- ❖ Full access to either pool. No need to have expensive club membership.
- ❖ Lanes are rented by various groups/organizations 7 days a week.
- ❖ Lap swimming is available on the weekends/evenings based lane availability- \$8
- ❖ Income from Lane rental fees and membership/swim passes covers expenses through the Pool Enterprise Fund.
- ❖ No tax dollars go towards operating costs of the pool.

Other Pool in MetroWest

- ❖ Atkinson is more affordable, accessible and available to anyone who wants to swim
 - Beede Aquatics and Fitness
 - Daily pass \$20/adult
 - Membership Adults \$90/month; Senior (65+) \$70/month
 - Wayland Community Pool -
 - Daily Pass \$20/adult, \$15/senior;
 - Yearly membership \$65/Month adults; \$45/Month seniors
 - Boston Sports Institute - \$20/swim, reserve on the hour for an hour
 - Clubs that offer swimming as part of their membership:
 - Wayside Swim and Racquet Club - Adults \$87/Month; Seniors (65+) \$74/Month
 - MetroWest YMCA - Adults \$69.21/Month; Seniors (65+) \$60.47/Month
 - Longfellow Club
 - Thoreau Club
 - LifeTime Fitness
 - Keefe Tech Pool closed in 2022.

Key Benefits of Our Community Pool

- ❖ Open to all - no club membership required
- ❖ Affordable
- ❖ Financially supports itself operationally through Pool Enterprise Fund
- ❖ Amenity for the community and helps raise our property values and attractiveness of our town for people looking for a new home.
- ❖ Accessible to those in wheelchairs by using the pool lift
- ❖ Reduces stress, improves mental health
- ❖ Safe way to exercise - especially for seniors
 - Total body workout, low impact and minimal risk of injury from a fall.
 - Senior citizens (60+) represent 21% of Sudbury residents

Who Uses Our Pool

- ❖ Lap swimmers adults and seniors
 - Seniors are $\frac{2}{3}$ of our swimmers.
 - Adults of various swim abilities.
- ❖ Families looking for an affordable way to have fun together
- ❖ Home pool for Sudbury Swim Team and LS Swim and Dive Team
- ❖ Other Swim teams
- ❖ Swim programs offered by Park and Recreation Department
- ❖ Training and classes offered by vendors

- ❖ Outside organizations and swimmers provide income to support our pool.

Sudbury Swim Teams

- ❖ Sudbury Swim Team (Oct-March)
 - 150-160 swimmers; 1st-12th grade
 - Some LSSD swimmers are coaches.
- ❖ Lincoln Sudbury Swim and Dive (Nov-Feb)
 - 50-60 swimmers per season (larger than other LS sports teams)
 - 2015/2017/2023 Division 1 State Champions
 - 2018/2025 Division 1 2nd place State Champions
 - Multiple state individual and relay awards
 - All-Stars included in local papers and Boston Globe
 - During construction of LSRHS, the building committee made decision not to include pool for students because town already had Atkinson pool.

Other Swim Teams

- ❖ Mei's Swim Team (year round)
- ❖ Nashoba RHS Team (Nov-Feb)
- ❖ Lexington HS Team (Swim Meets - Nov - Feb)
- ❖ Special Olympics Swim Team (Spring)
- ❖ ZAP Diving: Coached by an Olympic Diver
 - Springboard Diving Teams and Specialty Summer Camps
- ❖ Teams that used to swim at Keefe Tech came to Atkinson.
 - No home pool. Inconsistent pool and times for practices
 - Natick HS (Nov-Feb)
 - Framingham P&R /MetroWest Swim Team (Nov-Mar)

Programs Offered by Park & Recreation Staff

- ❖ Sudbury Summer Camp Swim Lessons and Playtime
 - This is a primary swim lesson opportunity for many kids.
- ❖ Family swim lane rental. Sells out every Sunday.
 - Year Round
 - 2 lanes, 3 hours, 9-10 families every weekend
 - \$20/family, up to 5 people
- ❖ Tiny Tot Swim
 - Monday, Wednesday, Friday; 45 minutes
 - \$6/tot-adult pair.
- ❖ Saturday Dive Well Availability to anyone 14+ years
- ❖ Pool Birthday Party

Training and Classes Offered by Vendors

- ❖ Scouts BSA (Multiple Towns, Swim Test & Rescue Training)
- ❖ Scuba Safety Training
- ❖ Firefighter Emergency Training
- ❖ Wounded Warriors Scuba
- ❖ US Fish & Wildlife Training
- ❖ SmileMass (Special Needs Aquatic Therapy) - 3 days a week/ 3 hours a day
- ❖ Special Olympics Swim Team for adults
- ❖ Scuba Diving Lessons/Certification
- ❖ Aquatic “Burdenko Method” Training (Water Therapy) - Daily
- ❖ Lifeguard Training/Certification
- ❖ British Swim School year round (Young swimmer lessons)
- ❖ 7 Private instructors (Beginner to competitive swimmer level)
- ❖ ISR (Infant Swimming Resource) Instruction (Infant Lifesaving)

Benefits of Having an Indoor Pool in Sudbury

- ❖ It's the one sport that can save your life
 - The American Red Cross reports 4000 unintentional drowning deaths annually in the USA.
 - Swimming lessons greatly reduce the risk of drowning
- ❖ Allows for swimming year-round and regardless of weather in New England
- ❖ Supports high school/town winter swim seasons and year-round teams
- ❖ Fees support an in-town asset (vs. private or out-of-town pool)
- ❖ Available to the community during the school day

Design Decisions for FCC to Support the Pool

- ❖ New locker rooms
 - All locker rooms are ADA compliant
 - Non-gendered locker room available to anyone
 - Family changing rooms
- ❖ Extended pool viewing area with natural light
- ❖ New scoreboard donated by swim teams.
- ❖ Big windows into the wider hallway between gym and pool for spectators.
- ❖ Adjacent to the Senior Center for easy access.
- ❖ Adjacent to the Park & Rec Department to enable integration into summer camps and other recreation programs.

Impact to Sudbury for NOT Having an Indoor Pool

- ❖ LS Swim and Dive Team and Sudbury Swim team would not have a home
 - Catastrophic impact according to the LS Athletic Director.
 - No other pool that could systemically support LSSD and SST.
 - Surrounding town pools maxed out. During pool shutdown only varsity swimmers could swim - at 5am in ABRHS. Divers and JV swimmers couldn't swim. Youth on the Sudbury Swim team required to swim after-hours.
 - Rental fees for other pools are higher than Atkinson which could impact the LS School budget.
 - If the teams still existed, they would need to cut swimmers during tryouts due to higher lane rental fees and fewer available lanes at other pools.

Further Impact of NOT Having Atkinson Pool

- ❖ Park and Recreation Sudbury Summer would no longer offer swimming
 - Camp is key revenue source for the department.
- ❖ Numerous other teams, programs, and individual swimmers would need to relocate.
- ❖ Very few other pools available for these programs.
- ❖ Many people would not learn to swim; Many others would lose a safe exercise opportunity
- ❖ New Community Center was built around the pool because it's a critical asset to our Town.
- ❖ Substantial funds required to fill in pool and convert the space for other uses
- ❖ Locker rooms would have no purpose
- ❖ Keefe Tech closed their pool in 2022 and now those teams are looking for a home. Some of them have come to Atkinson.
- ❖ LSSD and SST would now be homeless and possibly no longer exist.

ATKINSON POOL



Essential Asset for Sudbury since 1987