# LINCOLN-SUDBURY REGIONAL SCHOOL DISTRICT COMMITTEE MINUTES

Tuesday, February 10, 2015

# 6:30 p.m. Superintendent's Conference Room

#### I. Call to Order

#### II. Executive Session

For the purpose of:

- discussing matters of collective bargaining because to do so in public session would be detrimental to the District
- approving and reviewing executive session minutes related to collective
  - bargaining because to do so in public session would be detrimental to the
  - District
- approving and reviewing executive session minutes related to considering
  - a lease of or the value of School District property for installation of
  - power facilities because to do so in an open session will have a detrimental effect on the committee's bargaining position
- approving and reviewing executive session minutes related to contract negotiations with non-union personnel because to do so in public session would be detrimental to the District

# 7:30 p.m. Public Session L-S Conference Room B

#### **Present**

Radha Gargeya, Chair; Elena Kleifges, Vice-Chair; Nancy Marshall; Kevin Matthews; Patty Mostue; Gerald Quirk.

#### **Also Present**

Bella Wong, Superintendent/Principal; Patrick Collins, Director of Finance and Operations; Susan Shields, TA Co-President; Mel Gonsalves, Vicky Caburian, Greg Gammons and Marci Stoda, Wellness Dept.

#### Call to Order

The meeting was called to order at 7:30pm.

# **Approval of Minutes**

On a motion from Patty Mostue, seconded by Elena Kleifges, the Minutes for February 3, 2015 were approved pending submitted edits. All were in favor.

#### Presentation

Susan Shields, Wellness Department Coordinator, "From Heart Rate Technology to Unplugging in Nature"

Susan Shields and members of the wellness department demonstrated the new heart rate technology used in all Cardiovascular Fitness classes at LS. The school committee members were fitted for the monitor and mounted fitness bikes which recorded calories burned, heart rate, time elapsed, etc. CV Fitness is a required class for all LS students. Students explore the fundamental physiology of cardiovascular exercise through a combination of lecture and practical application to learn its benefits, how to set goals, cardiovascular risk factors and interventions. Types of training and heart rate zones are illustrated and students receive instruction in weight management, anaerobic and aerobic zones, and the factors of maximum heart rates during exercise. The students have access to the data collected by the monitors during their workouts and learn how to maximize their cardiovascular goals.

Mr. Gammons introduced his Adventure Fitness course. Its objective is to provide students with the experience of play and movement for recreation and fun as well as for health and fitness. The course exposes the students to various outdoor activities such as snow-shoeing and to aspects of community building and social risk taking to develop self-efficacy when it comes to movement play and fitness. Students are encouraged to leave technology behind as they explore the outdoor world and to concentrate on the beneficial effects of the outdoor experience to mind, body and spirit. Students may use the number of fitness trails that have been established around the school. Mr. Gammons finds that students return from a class out of doors refreshed and ready to reenter the academic classrooms re-energized.

The overall intent of the wellness curriculum is for students to become experts in themselves, to value self and to be more responsible in caring for themselves. The curriculum encompasses many valuable life lessons in exercise, in team-work, in social interactions, in the advantages of maintaining a healthy body and the changes one encounters in their physicality throughout life. Gerald Quirk remarked that as a parent, it was clear to him that the wellness curriculum addresses the whole person and takes physical education to a very sophisticated level.

Thanks were extended to Ms. Shields and the Wellness Department for an informative presentation.

#### **Public Comment**

There was no public comment.

# Recognitions

Many Thanks to B&G for their efforts in cleaning up the sidewalks and parking lot – including the sidewalk between LS and Nixon School – so that we could all return to school on Thursday. It was a monumental task which they accomplished working 24/7 through Wednesday. They were also on hand in force to assist in student parking for the Science exams on Thursday.

The Science exams took place on Thursday, January 29, 2015. Our thanks to the Science Department and assigned proctors for rolling with the weather. Teachers' Workshop Day moved to Friday, January 30<sup>th</sup>, 2015 and the first day of Semester II began on February 2<sup>nd</sup>.

On Thursday, February 12, the LS Concert Choir will sponsor their 5<sup>th</sup> Annual Singing Valentines! Quartets from the LS Concert Choir will appear to recipients classrooms to sing in four part harmony songs by Michael Buble, the Beatles, Bruno Mars, Etta James, Carol King and others. The funds raised will provide scholarships for families needing assistance with the cost of the April Music Tour to NYC.

LSPO's Stressbusters Committee hosted 884 students on the first of two days providing stress relief in the LS Cafeteria for students on the initial exam days. Games, snacks, and massages were available to the students who stopped in.

The Winter Plays by David Ives will be held Thursday evening through Saturday evening in Rogers Theatre. The winter show will feature six comedic one-acts written by acclaimed playwright David Ives.

Matthew Bowler, Eric Qin, Eugenia Zhang and Peter Jubenville have been selected by audition for the All State Music Groups. The students will rehearse at the World Trade Center in Boston on March 19 and 20 and will perform in a concert at Symphony Hall on Saturday March 21<sup>st</sup>.

### **Student Representative Report**

The Student Senate has not had an opportunity to meet since the last LS School Committee meeting on February 3, 2015.

# **Teachers' Association Report**

Susan Shields reported that the teachers were adjusting to the interruption of school by snow days. The Teach-In, scheduled for February 11<sup>th</sup>, and the MLK Assembly, February 13<sup>th</sup>, were imminent and the teachers were looking forward to participating in the valuable discussions with students that would ensue.

#### **Chairman's Report**

Radha Gargeya reported that the FY16 Budget would be presented to the Sudbury Finance Committee on February 4<sup>th</sup>. Patrick Collins and Bella Wong did a very good job at outlining the level service budget, 2.5% budget and 2% budget for the Finance Committee and detailed what cuts would be made for each budget – 2.5% and 2%. As a district, out-of-district education is a burgeoning cost that is mandated. It is an important social obligation that LS undertakes for the community and a cost that is out of our control.

# Liaison Report

There was no liaison report.

# Superintendent/Principal's Report

Bella Wong reported that discussions had been taking place regarding solutions for make-up days should more than the 5 allotted snow days be necessary. The staff was asked to fill out an options survey. For the 6th snow day, it was recommended that April 3<sup>rd</sup> (Good Friday) become a half day of school with the preceding Wednesday an extended day. If there were a 7<sup>th</sup> and/or 8<sup>th</sup> snow day – the make up days would come at the end of June. Exam week would remain the same (June 22 through 26) but there would be two days of school following exam week. School would therefore end on June 30th if school closed for 8 snow days. Many students are in AP classes and the AP Subjects have exams with fixed days. It has been suggested that MCAS days be utilized by for AP classes to be inserted. Students taking the MCAS Biology are also of concern since the date for that test is also fixed. Ms. Wong has sent a request that the MCAS Biology date be rescheduled. That option has been offered in the past so that students will have adequate time to prepare for the test. Patty Mostue recommended coordinating with other superintendents to amplify the request for a delay to the Department of Elementary and Secondary Education. Bella requested support for this plan from the School Committee so that she could inform LS families without delay what they might expect. Kevin Matthews praised the creativity of the proposed plan and the School Committee indicated their support.

#### **Director of Finance and Operations' Report**

Patrick Collins presented three items for the School Committee to vote its approval. He presented the member community assessments to the School Committee and detailed the apportionment ratios for each member towns per the regional agreement. The School Committee members were most impressed and expressed their appreciation that these figures would be included in the FY16 Budget.

## **Information & Discussion**

#### **Action Items**

Vote to approve FY16 Budget and member community assessments.

Elena Kleifges moved that "we approve the FY16 Operating and Capital Budget at \$29,710,044 and set member community assessments per the enclosed Assessment Schedule." Nancy Marshall seconded the motion and all were in agreement.

Vote on FY16 OPEB Budget and Assessments.

Nancy Marshall moved that "we approve an FY16 OPEB Budget of \$163,843 apportioned per our regional agreement with an assessment of \$24,188 to the Town of Lincoln and an assessment of \$139,725 to the Town of Sudbury." Kevin Matthews seconded the motion. All members were in favor.

Vote: Sudbury Town Warrant Article – Fire Alarm Panel Update
Gerald Quirk moved "To see what sum the Town will vote to raise and appropriate, or
transfer from available funds, to be expended under the direction of the Lincoln-Sudbury
Regional High School District Committee for the purpose of repairing and improving the
existing fire alarm system in the High School, installing, constructing, reconstructing or
making extraordinary repairs to facility for the purposes of installation and all expenses
therewith including professional and engineering, the preparation of plans, specification
and bidding document, supervision of work and borrowing costs; and to determine
whether said sum shall be raised by borrowing or otherwise; and to determine whether
such funding will be subject to a Proposition 2.5 exclusion; or act on anything relative
thereto." Elena Kleifges seconded the motion and all members were in favor.

#### **Other Business**

Warrants were signed.

#### **Calendar of School Events**

President's Day February 16, 2015 February Recess February 17-20, 2015

LS School CommitteeMarch 3, 2015

Jr. Parent's Night March 3, 2015 8<sup>th</sup> Grade Parent Night March 5, 2015 Warnings March 9, 2015

LS School Committee March 17, 2015

MCAS March 24,25,26, 2015

#### Adjourn

On a motion from Patty Mostue, seconded by Nancy Marshall, the meeting was adjourned and it was agreed that there would be no executive session. All were in favor and the meeting was adjourned at 8:42 pm.