

**LINCOLN-SADBURY REGIONAL SCHOOL DISTRICT  
SCHOOL COMMITTEE MINUTES  
October 11, 2022**

**7:02 PM**

**Zoom**

**Present**

Heather Cowap, *Chair*; Cara Endyke-Doran, *Vice Chair*; Candace Miller, *Vice Chair*; Harold Engstrom; Kevin Matthews; Mary Warzynski

**Also Present**

Bella Wong, *Superintendent/Principal*; Kirsteen Patterson, *Director of Finance and Operations*; Danielle Weisse, *Teachers' Association*; LSRHS Student Senate; Damen Kelton, *METCO Representative*; Emily Phillips, *Co-Counseling Liaison*; Susan Shields, *Wellness Department Coordinator/teacher*.

**Call to Order**

The meeting was called to order at 7:02pm.

**Move to Executive Session**

Heather Cowap offered a motion to move the meeting into Executive Session. Harold Engstrom seconded the motion. There was no discussion. Six out of six members of the school committee were in favor via a roll call vote.

**Return to Open Session**

-The meeting returned to Open Session at 7:24pm.

-Superintendent Ms. Bella Wong announced to the School Committee and the public, she will not pursue a renewal of her contract after June of 2023.

**Public Comment**

Radha Ramen Gargeya of Sudbury gave a statement of appreciation/affirmation to Superintendent Ms. Bella Wong for maintaining excellent leadership with families, students and faculty of LSRHS throughout the last ten years.

**Presentation**

- Metrowest Youth Health Survey  
Emily Phillips, *Co-Counseling Liaison, Clinical Counselor* and  
Susan Shields, *Wellness Department Coordinator, Wellness Teacher*

MetroWest Adolescent Health Survey (MWAHS), funded by the MetroWest Health Foundation, included 165 questions and 11 optional questions based upon students' involvement in healthy and potentially

risky behaviors- Ex: Substance Abuse, Sexualized Behavior, Protection from STIs/Teen Pregnancy, Mental Health, Bullying and Violence, and Online Behaviors.

MWAHS is administered every three years. Most recent being November of 2021.

There were 26 Metrowest districts who participated in the survey. 22,903 high school students in total- 1,409 of those students were LSRHS students. Of those 1,409 LS students- there were 679 males and 727 females who participated in the survey from LSRHS.

Validity and Reliability of MWAHS- Research shows when students view surveys as important, voluntary and anonymous, the student will answer honestly.

#### *POSITIVES....*

MWAHS revealed decreases in alcohol use, vaping, school bullying, and physical fighting. Increase in students sleeping 8+ hours on school nights, condom use, and an increase in moderate exercise.

#### *CONCERNS.....*

MWAHS revealed an increase in depressive symptoms, self injury, considering suicide, cyberbullying. Decrease in "I feel like I'm part of this school", worried/stressed around their physical and/or emotional health, and worried/stressed about school issues.

#### *HELPFUL....*

MWAHS revealed school engagement from parent(s) and student(s), sleep, rules at home, exercise, dinner with parents, and participation in sports promotes healthy decision making.

#### *WHO'S AT RISK....*

MWAHS revealed students who are in constant conflicts with their sexual orientation/ gender identity are at risk. Students who spend 3+ hours on social media are at greater risk for risky behaviors and/or bullying and/or mental health. LS female students are at greater risk of mental health challenges, than LS male students. Lastly, students who

experience adversity at home, are at greater risk for mental health challenges and risky behaviors.

## School Engagement and Climate Comparison

<b>School Engagement (most of the time/always)</b>	<b>LS</b>	<b>MetroWest</b>
Try as hard as you can in school	<b>80%</b>	75%
Enjoy your school work	17%	17%
Find your schoolwork valuable	<b>37%</b>	32%
<b>School Climate (agree/strongly agree)</b>		
People of different cultural backgrounds, races, or ethnicities get along well at this school.	<b>74%</b>	71%
At this school, students work on listening to others to understand what they are trying to say.	<b>59%</b>	51%
At this school, all students are treated equally.	<b>53%</b>	49%
At this school, teachers/school staff show respect for all students' cultural beliefs and practices.	<b>76%</b>	70%
At this school, students show respect for each other	<b>57%</b>	49%
School rules are applied equally to all students.	<b>64%</b>	59%

## School Engagement and Climate by Sex

<b>School Engagement (most of the time/always)</b>	<b>LS Females</b>	<b>LS Males</b>
Try as hard as you can in school	<b>87%</b>	74%
Enjoy your school work	19%	16%
Find your schoolwork valuable	<b>36%</b>	37%
<b>School Climate (agree/strongly agree)</b>		
People of different cultural backgrounds, races, or ethnicities get along well at this school.	<b>68%</b>	80%
At this school, students work on listening to others to understand what they are trying to say.	<b>54%</b>	65%
At this school, all students are treated equally.	<b>44%</b>	63%
At this school, teachers/school staff show respect for all students' cultural beliefs and practices.	<b>71%</b>	82%
At this school, students show respect for each other	<b>49%</b>	67%
School rules are applied equally to all students.	<b>58%</b>	71%

### WHAT'S NEXT....

LSRHS faculty and students will continue to push A.C.T (Acknowledge, Care, Talk), which is heavily included within the Wellness curriculum. Through conversations, as well as, providing opportunities and resources for our students to make healthy decisions can be beneficial.

Thank you David Bloom and Sarah Greely for guiding students through the MWAHS presentation on Wednesday, September 28th.

- Spring of 2022 10th grade MCAS (Math, ELA, & Science) Report  
Virginia Blake, Coordinator of Curriculum, Scheduling and Assessment

The data from the MCAS results are used to better assist students in the classroom. Even if that means adjusting the curriculum to help students better understand the curriculum and succeed in the MCAS.

-LS 10th grade students were last tested in 7th grade in 2019. MCAS was not administered in 2020.

-Spring of 2022 was the first year of the Next Generation MCAS (computer based).

-The data revealed some learning loss amongst students due to COVID/virtual learning.

-For the most part, LS students' scores/gaps mirror state results.

-\*GOOD NEWS\*- LS was not flagged for concern on any accountability (MCAS scores, MCAS growth, graduation rates and other measures) indicators. Scored 94%.

### **Next-Gen Scaled Score:**

530-560 = Exceeding Expectations

500-529 = Meeting Expectations

470-499 = Partially Meeting Expectations

440-469 = Not Meeting Expectations

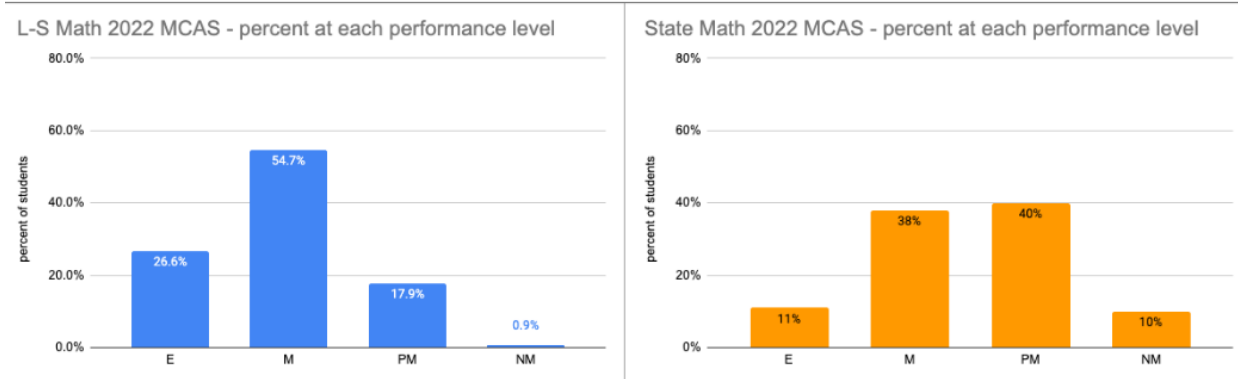
### **Growth Score:**

61-99 = Higher Growth

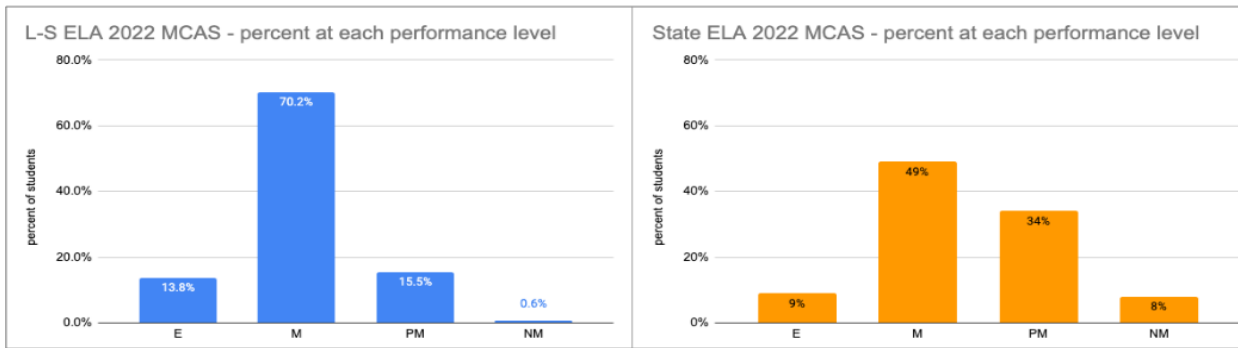
40-60 = Moderate Growth

1-39 = Lower Growth

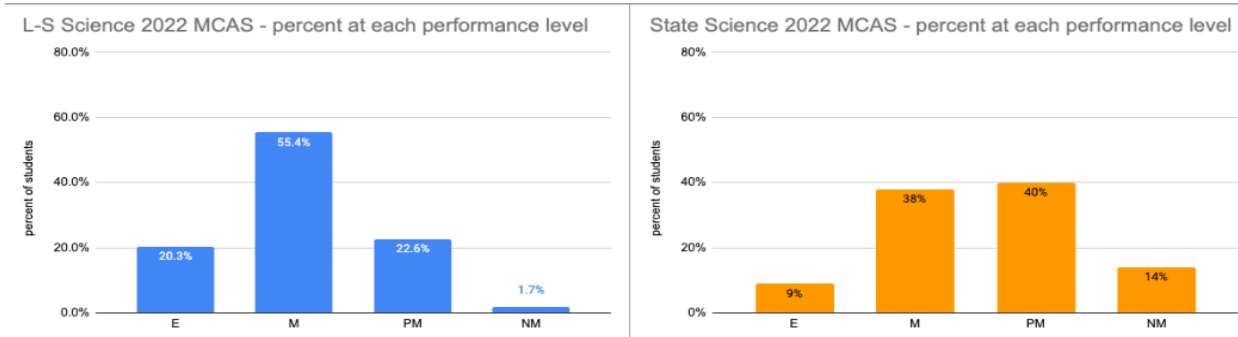
## L-S Comparison to State results Math



## L-S Comparison to State results English Language Arts



## L-S Comparison to State results Science



## L-S Comparison to State results 2019-2022 Math

	2019 avg score	2021 avg score	2022 avg score
LS	521	520	518
State	505	501	501

### Percent Meets/Exceeds Expectations

	2019 % M/E	2021 % M/E	2022 % M/E	Change M/E 19-21	Change M/E 21-22	Change M/E 19-22
LS	88	86	81	-2	-5	-7
State	58	52	49	-6	-3	-9

## L-S Comparison to State results 2019-2022 English Language Arts

	2019 avg score	2021 avg score	2022 avg score
LS	521	521	514
State	506	507	503

### Percent Meets/Exceeds Expectations

	2019 % M/E	2021 % M/E	2022 % M/E	Change M/E 19-21	Change M/E 21-22	Change M/E 19-22
LS	87	87	84	0	-3	-3
State	61	64	58	+3	-6	-3

### Information and Discussion

There was no information and discussion.

### Student Senate Representative Report

- On behalf of the Student Senate, Olivia Gottlieb affirmed Superintendent Bella Wong for her continuous support with the Student Senate.
- Olivia Gottlieb reported 9th grade elections are approaching. On Tuesday, October 19th the Student Senate and Athletic Director Art Riley will review the MIAA's policy vs. LSRSD's policy- athletic (and/or ALL) students being consequence for being in possession and/or engaging in illegal substances.

### **METCO Program Report**

- On behalf of the METCO department, Damen Kelton affirmed Superintendent Bella Wong for her continuous support with the METCO department and being a supportive leader for students and faculty of LSRHS.
- The METCO department partnered with the World Language department to commemorate Hispanic Heritage Month.
- Author and Professor Jennifer DeLeon will be a guest speaker at LSRHS this upcoming Friday, October 14th, to speak on ethnicity, class and gender.

### **Teacher's Association Representative Report**

- On behalf of the Teachers' Association, Danielle Weisse affirmed Superintendent Bella Wong for her continuous support and understanding with all of LSRHS's teacher faculty; especially during virtual learning/teaching. "Very appreciative of Bella during COVID times." - Danielle Weisse
- TA affirms David Bloom, Susan Shields, Emily Phillips, and Sarah Greeley for facilitating and leading students during the MetroWest Adolescents Health Survey presentation on Wednesday, September 28th
- Helen Sotirou will be facilitating a National Math Competition on Thursday, November 10th.
- The German Exchange students are arriving soon, led by the Language Department.
- Field trips are continuing to happen. Ex: Chinatown, Peer Leadership training, and Museum of Science.
- Artist of "Violence Transformed Unquiet Voices" and current resident of LSRHS Shea Justice will be speaking at the Menino Art Center on Friday, October 14th.
- On Wednesday, October 12th- LS's nurses will lead an optional training- Stop The Bleeding.
- Teachers continue to substitute for one another due to COVID.
- Everyone's favorite substitute Karen Gilbert has retired after many years of substituting at LSRHS. Karen Gilbert will be missed immensely!

### **Chairperson and Liaison Updates**

Mary Warzynski suggested editing the school committee email group or placing a disclaimer on the website for the public/community to be aware that their emails are viewed by many individuals included on the school committee email group.

### **Superintendent/Principal Updates**

- End of term final period schedule

Superintendent Bella Wong affirmed Sandy Crawford for organizing the data from the proposed schedule survey for the mid/end of year exams.

The survey was administered and examined in June of 2022

### *SURVEY REVEALED*

- Students were overwhelmed from having more than one exam a day.
- Teachers and faculty agreed.
- Students prefer one exam a day.
- Students prefer taking exams with their subject teacher, inversely teachers prefer to test within their subject.

### *GOING FORWARD....*

- Lunch will be Grab and Go.
- Extended Time- Students who have this accommodation will be placed in the first and second exam blocks of the day. Third exam block students can start early and then move to the classroom.

If all goes well during the mid-year exams. The following schedule will stand....

## Mid-Year Final Period Schedule

### Three two-hour sessions:

8:30-10:30

10:45-12:45

1:15-3:15

### Assessment days:

Day 1 (Jan 19): History (using the C300s)

Day 2 (Jan 20): Math (using the B400s)

Day 3 (Jan 23): Science (using the C300s)

Day 4 (Jan 24): World Language (using the B400s)

FYI- Although ELA exams are administered throughout the school year. For the mid/end of year English exams, teachers assign culminating projects to LSRHS students.



- **General Updates**

-Student Council's first meeting was Tuesday, October 4th. Student council includes six LS students.

-School Council approved LSRHS school goals.

- \*Finalizing the year one advisory curriculum.

- \*Continuing Fun Fridays (adopted by different LS groups every Friday) and other activities to build community.

- \*Develop metrics beyond grades and test scores (Ex: Co-curricular activities, leadership activities etc.).

- \*Finalizing the block schedule by next fall of 2023.

- \*As previously mentioned, improving the mid/end of year exams.

-Next meeting is Tuesday, November 1st.

### **Director of Finance and Operations Report**

- Kirsteen Patterson reported Sysco driver strike continues to be in effect. The unfortunate news was shared with guardians and students. There may be limitations on first choice items. LS's kitchen continues to utilize items previously stored within the kitchen. No delivery as of yet.
- October enrollment report slated until the next school committee meeting on Tuesday, October 25th. Projections and budget timeline will be shared on Tuesday, October 25, 2022.

### **Action Item**

There were no action items.

### **Approval of Minutes**

- Heather Cowap moved to accept the LSSC Minutes of September 13, 2022, as read. Kevin Matthews seconded the motion. There was no further discussion. Six out of six school committee members were in favor via roll call vote.
- Heather Cowap moved to accept the LSSC Minutes of September 27, 2022, as read. Harold Engstrom seconded the motion. There was no further discussion. Six out of six school committee members were in favor via roll call vote.

### **Future Agenda Items**

- Editing the individuals on the School Committee email group.
- Implement a continuous and consistent cellphone/technology plan district wide.

- Create a protocol for students ordering/purchasing food during class time hours.

**Public Comment**

There was no public comment.

**Adjourn to Executive Session**

Heather Cowap motioned to adjourn to executive session without returning to open session. Mary Warzynski seconded the motion. There was no discussion. Six out of six members of the School Committee were in favor via roll call vote. The meeting adjourned at 9:35pm.