



We are pleased to share that Cafeteria Plan Advisors (CPA) has been rebranding to **ebm Insurance Solutions (ebm)**. This transition will be gradual and while our branding will change, your plans and service experience you rely on will remain the same!

You will notice changes to our website and customer support/claims email address

---

**To access your account information, please follow the directions below:**

1. [www.cpa125.com](http://www.cpa125.com) currently will redirect you to: **[www.getebm.com](http://www.getebm.com)**
2. Select Technology Toolbox | Spending Accounts
3. Select Participant Login (formerly CPA)
4. Log in using your current username and password.

**If this is your first time logging in, use the credentials below!**

**Username:** First letter of first name, last name and last 4 of SSN (Example: jsmith1234)  
**Password:** Same as above

Your initial temporary password expires 1 year after enrollment. If you have been enrolled for longer than 1 year but have not created an account, select 'forgot password' or contact us to reset your password.

**You can also access the log in page by going directly to:**  
**[www.getebm.com/spending-accounts](http://www.getebm.com/spending-accounts)**

**We suggest you bookmark this link!**

---

If you experience any trouble accessing your account information through our portal or have any questions regarding the plan, please contact the customer support/claims team for further assistance at our new email address below:

**Phone: 1-781-848-9848**  
**E-mail: [cpaclaims@getebm.com](mailto:cpaclaims@getebm.com)**