

TO BE REVIEWED AT COA MEETING
TOWN OF SUDBURY
COUNCIL ON AGING
MINUTES OF MEETING
August 10, 2026
3:30 PM
ALL COA MEETINGS ARE RECORDED AND
AVAILABLE ON SUDBURYTV.ORG
COA meetings done over Town Zoom video
Conference account and In-Person at Senior Center
WEBSITE:<http://sudbury.ma.us/departments/CouncilOnAging/>

Directors Present: Chair Paul Marotta, Vice Chair Patricia Tabloski, Secretary Carmine Gentile, Louis Petrovic, Dr. Joel Bauman, Jane Keilty, and [Alternate Director] Patsy Maxon

Directors absent: Mary McLaughlin, Dr. Jonathan Harding, Mary Brauer

Also Attending: Nickole Boardman, Senior Center Director

Guests via Video: none

Guests in person: none

Meeting called to order by Chair Paul Marotta at 3:35 PM; attendance confirmed by roll call.

Alternate Director Patsy Maxon was welcomed.

Draft **minutes of June 8, 2026** were reviewed and accepted as amended.

Chair Marotta began a discussion of Liberty Ledge land usage. Jane Keilty observed that intergenerational activities are important. Joel, Lou, Jane, and Carmine joined in the discussion. The consensus was that intergenerational activities on the land of the Community Center are to be encouraged rather than restricting activity exclusively for seniors.

Liberty Ledge land usage. Chair Marotta distributed a survey from the town for COA directors to complete if desired. After discussion the consensus was that a determination would need to be made to determine if the land there not used by the summer day camp would be suitable for senior housing.

There were no public comments this afternoon.

There were no Select Board remarks.

Chair Marotta thanked members of the COA for their service. He noted the need for us to track progress on the strategic plan that we had created. On September 15, 2026 there will be a “Sudbury Eats Opening Gala” program in the multipurpose room from 5:00 to 7:00pm to celebrate our new meals program and to toast the Cummings Foundation for their generous grant in support of this program. (prior registration required).

Senior Center Director Comments:

Nickole noted that parking lot markings have been re-painted, window blinds have been installed, a yoga and ball rack, as well as a weight rack have been ordered. The list of events in July include an investment class, foot care clinic, Tai Chi walking classes, a Taste of Sudbury, preserving family photos, make your own sundaes, and movie matinees. In August, the town is working on a compensation study for town employees. Qi Gong and Tai Chi classes, a Gala celebration, Taste of Sudbury BBQ are among August activities. The Sudbury Foundation awarded a grant of \$9,000 which will underwrite two technology clinics a month for the year.

Springwell: Joel Bauman reported that Springwell has \$2,500 respite grants available for caregivers of dementia patients.

Transportation Committee:

Catch Connect services in Sudbury have been approved for another year. Free rides are available from 8:00AM to 6:00PM. Emergency rides to hospitals are available for \$100 (shuttle service to Boston hospitals has ended).

At 5:01 Joel had to leave the meeting.

Commission on Disabilities

Jane reported that the Commission discussed the need for accessibility at Liberty Ledge for people with all levels of disability. An accessible trick-or-treat program is planned for this year.

Goodnow Library: Lou will be meeting with the Library Director this Wednesday for a general discussion.

Housing Authority and Housing Trust: Carmine noted that the first Housing Roundtable was held at Goodnow on the evening of June 9, 2021 to bring town boards and residents together on the state of affordable housing in Sudbury. The Housing Trust purchased a single-family house to provide a home for a moderate-income family – the first since 2016, and is looking for other opportunities.

Pat Tabloski left the meeting at 5:15pm (leaving less than a quorum)

Paul reported that the **Friends of Seniors** are planning a bus trip to the BSO on November 19th, and to a performance of Wicked on October 28th. They are developing a new website.

On a motion by Jane, seconded by Lou, the meeting was adjourned at 5:22pm.

Respectfully submitted,

Carmine Gentile
Secretary