

TO BE REVIEWED at COA Meeting September 16, 2024  
TOWN OF SUDBURY  
COUNCIL ON AGING  
MINUTES OF MEETING  
July 15, 2024  
3:30 PM

**Present:** Chair: Marilyn Tromer

**Members Present:** Anna Newberg, Paul Marotta, Don Sherman, Patricia Tabloski, Carmine Gentile, Bob Lieberman.

**Excused:**

**Also Attending:** Debra Galloway, Director of Sr. Center

**Guests:** Kay Bell, Lisa Kouchakjian, Select Board Liaison.

**Meeting called to order** by Chair Marilyn Tromer at 3:30 PM

Attendance by all those members present confirmed by roll-call affirmation.

**Call to Order**

Minutes from Jun 17, 2024 approved without correction.

**Director's Report – Galloway**

Approximately 477 new members attended functions at the Senior Center through the end of this fiscal year.

Photography exhibit will begin this Tuesday, July 16 and run through the end of August.

Chair Pilates intro class was well attended. A new series of classes starts tomorrow.

Full time Social Worker and Public Health nurse were hired by the Board of Health. Monthly health and safety talks will be held each month at the Senior Center. Topics include falls prevention, isolation & loneliness, and getting through the holidays. Blood pressure clinics will be held every Thursday 10:30 and 11:30 AM.

Municipal Vulnerability Preparedness Committee – Vulnerability Heat resilience sessions will be held on Thursday July 18. The Senior Center is designated as a Cooling Center open to others in case of emergency.

Climate Survey is ongoing. See link

([https://mapc.az1.qualtrics.com/jfe/form/SV\\_bDba5SzyK3uuF70](https://mapc.az1.qualtrics.com/jfe/form/SV_bDba5SzyK3uuF70)) .

Hydration needs will be discussed on Wed. at 11AM at the Senior Center. This session will be recorded by Sudbury TV.

Poker table donated. Potential uses as a focus for increasing male participation discussed.

More iPhone workshops being planned for Sept & October. Tech talks are also in the planning for the Fall.

Program Registration planning will be designated for Fall I and Fall II to provide conformity to track of start/stop dates for multiple programs.

We are on the verge of hiring a Program Coordinator and recruiting for an Outreach position.

Shine Counselors will be available in early September to guide people through Medicare plans.

### **Transportation Committee Report – (Lieberman)**

A meeting was held on July 12. Catch Connect and Hospital Shuttle to start next week (Tues, Weds & Thurs – free for the month of August). Targeting publicity is underway for older adults to urge the use of these services. Catch Connect is an on-demand services and will be free during July and August. The focus is to decrease use of Taxi service for medical appointments to mitigate the higher monthly cost the town is incurring... Information sessions will be held at the Coolidge residences to explain the differences between the services with the hospital shuttle to start on August 6th.

We have received ½ of our earmark funding from the state (\$31,250) instead of the full earmark. We will receive the remainder of the full funding as we are approaching the spenddown shortly.

Community Center Update – drainage work will continue over the summer. AV project installation is ongoing will be completed by September.

### **COA Liaison Update –**

Housing Trust (Gentile) – Committee is two members short. Housing Authority has one vacancy. Groups will have joint meeting in August. State Budget will be passed in next two weeks. Updates to follow.

### **Commission on Disabilities – No Report.**

**Diversity Equity & Inclusion** – Have 5-7 members and the Select Board is searching for a trainer to guide and clarify the mission of the Committee.

**Friends** - Jeff Levine is now President.

**Board of Health** – Nurse Katie Betts and Social Worker Nina Lurie have been hired. Pat Tabloski to reach out as Board of Health Liaison.

Meeting adjourned at 5:15 PM.

Next meeting Sep. 16 at 3:30 PM.

Respectfully submitted by Patricia Tabloski, COA Secretary