

TO BE REVIEWED at COA Meeting
TOWN OF SUDBURY
COUNCIL ON AGING
MINUTES OF MEETING
June 17, 2024
3:30 PM

ALL COA MEETINGS ARE RECORDED AND
AVAILABLE ON SUDBURYTV.ORG

COA meetings done over Town Zoom video.

Conference Account and In-Person at the Senior Center

WEBSITE: <http://sudbury.ma.us/departments/CouncilOnAging/>

Meeting Conducted in person and Via Zoom

Present: Chairperson: Marilyn Tromer

Members Present: Anna Newberg, Bob Lieberman, Paul Marotta, Pat Tabloski

Members via Zoom: None

Members Absent: Don Sherman and Carmine Gentile

Also Attending: Debra Galloway Director of Sr. Center

Guests via Video: Lynn Puorro (Sudbury TV resource), Kay Bell (Sudbury resident)

Guests in person: Lisa Kouchakdjian (Sudbury Select Board), Sandy Lasky (Former Sudbury resident and member of the COA)

Meeting called to order by Chairperson Marilyn Tromer at 3:35 PM

Attendance by all those members above confirmed by roll-call affirmation.

Welcome to Lisa Kouchakdjian: Opening remarks from Lisa who is the Select Board liaison to the Council on Aging: After her tour of the new Fairbank Community Center she commented on how impressed she was with the facility and how she looked forward to working with the COA on important matters. The COA members introduced themselves and stated how pleased they were about the opportunity to work together.

Revisit of Focus Group Results from 2021: Sandy introduced herself and noted her background in market research. The focus group was conducted to identify and meet the needs of Sudbury seniors and “to determine the attitudes, perceptions and behaviors of Seniors residing in Sudbury towards the Senior Center.”. Areas of focus included 1) Perceptions of the Senior Center, 2) Renaming/Repositioning the Senior Center, 3) New Programs, 4) Communication and 5) Implications and Recommendations.

See Exhibit “A” for the complete presentation.

Approval of Minutes The COA unanimously approved by roll call vote, the minutes as submitted with amendments from COA Meetings of May 13, 2024.

Director’s Report: (Debra Galloway): Debra updated the COA on the progress of the search for a program coordinator, training continues for a new substitute van driver, and CPR /first aid training for people with disabilities was held. Debra then discussed the new

Catch Connect program scheduled to launch July 1st. This program will provide van service within Sudbury Monday through Friday from 12PM to 6PM and is grant funded. The service will be free for the months of July and August and then will cost \$2 for a one-way ride. Additional information provided included. 1) Chair Pilates classes, fit for the future exercise classes, iPhone and Android workshops, art classes, municipal vulnerability awareness training as well as a climate conversation survey. It was reiterated that the community center building is a designated shelter.

Transportation Committee Report (Bob Lieberman): Bob Lieberman updated the COA of the recent Transportation Committee meeting that was held on June 10, 2024. Topics covered include 1) The Catch Connect prelaunch held at the Senior Center. Guests included members of the MWRTA, Town Manager, School Superintendent as well as Dan Carty and Lisa Kouchakdjian, Sudbury Select Board members. Bob mentioned the online site at www.MWRTA.com/catch and a direct number at (508) 283-5083 and 2) the impending launch of the Hospital Shuttle effective August 1st to run from Sudbury through Wayland. The first stop would be the Newton-Wellesley Hospital and then continue on to the Longwood area complex of hospitals, as well as the Mass. General Hospital area.

Membership Committee: (Bob Lieberman): Bob mentioned that he gave a short presentation to the Retired Men's Association in Sudbury. The focus was on the Sudbury Council On Aging, its charter as an advisory board and how it interacts with the Senior Center Director. He also briefly mentioned the programs currently running and that there are two open board seats we are looking to fill.

Community Center Update (Debra Galloway): A brief update was given to include recent flooding in the parking lot area and on Fairbanks Road due to heavy rainfall last Friday. The ongoing drainage project continues with an anticipated completion date of September-October timeframe. The audio visual equipment enhancement initiative continues with hope of completion shortly. Access to the second parking lot is expected to open in two weeks.

Liaison to Other Town Committees: Marilyn lead a discussion and asked each committee member for an update on their committee interaction. Bob previously reported on transportation, Marilyn reported on the DEI mission, and the Housing Trust Authority was looking at all Town properties for potential inclusion in a production plan. Pat reminded the group that the Board of Health advised that there would be mosquito spraying conducted at night.

Motion was made by Bob Lieberman to adjourn. Second by Anna Newberg Unanimously approved by roll-call vote. Adjourned at 5:31PM.

The next regular meeting is scheduled for 3:30PM on July 15, 2024, at the Senior Center with the agreement of all board members. Otherwise, the meeting will be hybrid via zoom. Viewable later on Sudbury TV (SudburyTV.org).

Respectfully submitted by
Robert Lieberman

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Exhibit "A"



**COA Focus Group
Presentation(4).pdf**

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