

TOWN OF SUDBURY
COUNCIL ON AGING
MINUTES OF MEETING
February 18, 2020

WEBSITE: <http://sudbury.ma.us/departments/CouncilOnAging/>

Present: Chairman: John Beeler

Members Present: Connie Steward, Patricia Tabloski, Sandy Lasky, Bob May, Bob Lieberman.

Also Attending: Deb Galloway, Director of Senior Center

Associate Members Present:

Excused: Jeff Levine

Guests: Pat Brown (Select Board member, John Fraize, Ralph Tyler
TV Technician: Judy Faust

Meeting called to order by Chairman John Beeler at 3:07 PM

Approval of Minutes from Meetings of January 21, 27, 28, 29, 2020 (May) –
Unanimous approval

Director's Report: (Galloway) Programs have seen better then seasonal averages for attendance. A good discussion on 2/11/2020 of some of the history of the Women's right to vote in the U.S.

Our list of people interested in COA activities and who have given permission to use their Email is now over 810. Trending up. **For further details see attached report.**

Fairbank Community Center (Beeler/Levine)- How to plan an effective marketing/communication plan of the needs of seniors within the overall plan occurred. Connie Steward leads the COA efforts in coordination with the Select Board members, and Bob Diefenbacher of the Friends of Sudbury Seniors.

A town forum will be held on Saturday March 28 at 10am-1 pm at the High School to allow for all comments on the proposed plan. IT will be on live TV and recorded for streaming as well.

The COA continues to fully support the Working Group Nov. 19, 2019 Concept proposal. Strong support of the Total Proposal is critical to the needs of the town's user groups.

BayPath (Tabloski): Search for a new Executive Director is the major current task of the Board.

Dementia Friendly Update (Galloway) – No further update.

Transportation: (Lasky/Galloway) – The Select Board continues to work towards a contract with Uber as a key vendor of many of the services.
see these links to the Sudbury Transportation Committee:

[January 21, 2020 Minutes](#)

[SudburyTransportationCommittee_2020_Jan_21_minutes.pdf](#)

[Agendas](#)

[SudburyTransportationCommittee 2020 Feb 18 agenda.pdf](#)

Membership Committee (Beeler) The committee now includes, Bob Lieberman, Connie Steward, and Jeff Levine.

There will be at least two openings on the COA for consideration at the May COA meeting. Posting for candidates has occurred.

A vote for Adjournment was unanimous at 4:40 PM Motion: XXXX, Seconded: Lasky.

Next scheduled meeting Tuesday February 18, 2020 at 3:00 PM at the Senior Center.

Respectfully Submitted:

Robert May
Secretary

COA Meeting - Director's Report: January 14, 2020

Needs updating

Community Center

Town Forum

Transportation Committee

The Transportation Committee continues its work. The Committee reviewed and provided feedback to the latest version of the Uber/Town service agreement at the meeting on Nov. 19. The Committee met again on December 9; discussed a few more changes to the service agreement with Uber. The Committee members also performed a "run through" of the registration process. The next meeting will be held on Friday, January 3 at 9:30 AM at the Police Station training room.

Dementia Friendly

The Dementia Friendly Sudbury Action Team met in November following the successful Dementia Friendly Sudbury Kickoff event on November 12. The Team discussed follow-up to the Kick-off, how to reach out to more Sudbury businesses, and made plans to offer more trainings. A Dementia Information session training is scheduled for Dec. 5. The Team will meet again on Tuesday, Dec. 17 at 1:30 PM at Bridges by Epoch Memory Care.

Participation at the Senior Center

Using our MySeniorCenter database, I was able to figure out how many new participants have attended a program or received a service in the last fiscal year, and the last quarter. These numbers are lower than actual numbers, due to the fact that some participants do not sign in to programs. However, I would say that they are significant and demonstrate the engagement of many older adults with the Senior Center either with a program, a service provided or an event participated in.

312 new participants in FY 19

119 new participants in the first quarter FY 2020

We estimate that during FY 2019, we served **1,850 participants**, with over 24,000 units of service (Unit of Service = participation in one lifelong learning or arts or other class, one fitness class, a special event, or receiving a service such as Fix-it help, a home delivered meal, a friendly visit, or a sand bucket).

According to the Town Census:

2019

Total pop. 18,442

60+ population = 4,253

60+ = 23% of total

2010

Total Pop. 18,015

60+ population = 3130

60+ = 17% of total

Program Evaluations

The Senior Center is providing participants with an opportunity to evaluate programs during the months of December and January. We started with the large history class (60 participants) that has run all fall until this week – “Understanding Russia” – a DVD series from *The Great Courses*. So far 25 evaluations have been submitted. Overall, the evaluations are highly complimentary of the class, with many indicating that the program is excellent, and that they also enjoyed the volunteer facilitators commentary. A number of people suggested that a larger room was needed for the number of people enrolled. Suggestions for future programs included: more art and science classes, live instructors vs. DVDs, and Egypt: Ancient and Modern History, North and South Korea: Modern History and Contrasts.

Submitted by Debra Galloway, Director, Sudbury Senior Center