

TOWN OF SUDBURY
COUNCIL ON AGING
MINUTES OF MEETING

August 13, 2019

Location: Senior Center, Fairbanks Road

Officers: Chairperson, John Beeler; Vice Chair, Jeff Levine; Secretary, Bob May

Email: coa@Sudbury.ma.us

WEBSITE: <http://sudbury.ma.us/departments/CouncilOnAging/>

Present: Chairman: John Beeler

Members: Robert May, Patricia Tabloski, Jeff Levine, Sandy Lasky

Senior Center Director: Debra Galloway.

Excused: Amy Unckless, Connie Steward

Guests: Pat Brown, Carolyn Markuson

Meeting called to order by Chairman John Beeler at 3:07 PM

Minutes approval included minutes of the following meetings: July 09,2109

Director's Report: (Galloway)

See Director's Report attached

BayPath (Tabloski)

No report

Discussion of nomination committee recommendations for new members and appropriate vote. (Nominating Committee)

Carolyn Markuson was nominated by the committee and unanimously approved by COA. Recommendation to be forwarded to Board of Selectmen

Master Plan Steering Committee (Bob May) – No report

Transportation: (Galloway)

Need for Van drivers remains critical

Fairbank Community Center Communication Plan -No report

Fairbank Community Center (Levine)- No report

Bylaws/Officers/Membership (Beeler) Tabled until future meeting.

New Business—COA Planning topics and Priorities

John led a team wide process to create the following list of possible priorities for COA during Fiscal 2020. Final list to be discussed at Sept. 10 meeting.

**SUPPORT NEW COMMUNITY CENTER WORK-Goal is achieving a positive vote at town meeting and subsequent town election. Assist in the process of creating a large voter turnout.*

***ASSIST IN THE EDUCATION OF ALL SENIORS AS TO ALL BALLOT ISSUES AND CANDIDATES**

***BUILD AWARENESS THROUGHOUT THE COMMUNITY OF THE NEED OF THE COMMUNITY CENTER BY CREATING A COMMUNICATION PLAN FOCUSING ON NEEDS FOR THE SENIORS**

DEVELOP A RESOURCES PLAN TO ALLOW FOR DELIVERY OF CURRENT AND MORE PROGRAMS UNTIL NEW COMMUNITY CENTER SPACE IS AVAILABLE. *Extended hours; added Staff and added budget monies may be required.

Other ideas below were briefly discussed during the process.

- Support Sr. Center Director - Director continues to work on Fairbank Community Center, Transportation and Dementia Friendly initiatives.
- Create a use plan for Mitigation fund balances
- Build stronger relationships with other Commissions or Committees
- In addition to Communication plan build a marketing plan for Community Center

Prior Meeting Issues still outstanding: Bylaws/Videotaping Meetings/finalize goals.

Chairman's Comments: (Beeler): None at this time.

A vote for Adjournment was unanimous at 4:40 PM Motion: Levine, Seconded:

Next scheduled meeting September 10 at 3:00 PM at the Senior Center.

Respectfully Submitted:

Robert May, Secretary

COA Meeting - Director's Report: August 13, 2019

Short report due to Planning Activity scheduled for meeting today.

Dementia Friendly

We have been working on our DF status:

Have added the caregiver support group and additional Memory café (now 2 per month)

Now considering adding a DayBreak program – which would allow caregivers to bring their loved one to Senior Center for a 3 hour stay (early stage) which would include lunch and activities. We would join Hudson, Marlboro and Northborough, which each offer one DayBreak program one day a week (Tu, W, Th) and add another day to the schedule.

MWRTA

The MWRTA staff are hoping to begin a new PR campaign about the Commuter shuttle on Route 20 to Riverside Station. They hope to drum up interest as September rolls around.

Fitness Equipment at Haskell Field– Adapted/Senior/ for persons with disabilities

Meeting scheduled for Aug. 15. Working group invited includes COA members, Commission on Disability representative, Park and Recreation Commission.

Master Plan

15 people participated in a follow up focus/discussion group on Aug. 8. Summary of input will be shared on the Master Plan webpage.

Highlights include: priority need for transportation and the risk of social isolation; there is a desire for greater recognition of older population by Selectboard, Town departments, as a whole and for prioritizing needs. Also discussion of quality of life and aging in place.