


## SEPTEMBER 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
September is National Senior Center Month! September 23 is National Falls Prevention Day! SHINE—Medicare Counseling	8:30-10:30 BP Clinic 9:00 Cribbage (VH) No Yoga today 12:30-3:30 Bridge (VH) No Tai Chi today	9:00-3:00 I&R Hours 9:30 <i>The Vikings (12, last)</i> 11:00 Fit for the Future (G) 1:00 Canasta (VH) No Quilting 3:00 <i>Council on Aging (rescheduled from Sep. 1)</i>	9-12 SHINE No Tap Dance 9:30 <i>Bridges Together Meeting (VH)</i> 10:00 <i>Siena Farms Pickup</i> 10:00 Current Events 12:00 <i>Pizza and Movie</i> 2:30 Connection Circle	9:00-3:00 I&R Hours 9:30-11:30 Bingo (SP) No Better Bones 11:00 Fit for the Future 12:30 Friday Movie: <i>Rudy</i> 11:30 or 1:45 - Watercolors (1)
7	8	9	10	11
Labor Day Holiday  Senior Center Closed	8:30-10:30 BP Clinic 9:00 Cribbage No Yoga Today 12:30-3:30 Bridge 1:00-4:00 SHINE Counseling 1:30 <i>Tai Chi for Healthy Living (1) (SP)</i>	9:00-3:00 I&R Hours 9:30 <i>The Skeptics Guide to American History (1)</i> 10-12 <i>Sketchbook Wkshop (1)</i> 11:00 Fit for the Future 12:00 Lunch and Learn: <i>Emergency Preparedness (SP)</i> 1:00 Canasta (VH) No Quilting	9:00-12:00 SHINE 9:30 <i>Let's Laugh Today w/Linda Hamaker (SP)</i> 9:30 Tap Dance (1)(G) 10:00 <i>Siena Farms Pickup</i> 12:00 <i>Soups On! (tentative date)</i> 2:30 Connection Circle	9:00-3:00 I&R Hours 9:30-11:30 Bingo (SP) NO Better Bones 11:00 Fit for the Future 12:30 Friday Movie: <i>Far from the Madding Crowd</i> 11:30 or 1:45 Watercolors (2)
<i>Rosh Hashanah</i> 14	15	16	17	18
<i>Van Trip to Market Basket</i> 9:00-3:00 I&R Hours NO Fit for the Future NO Better Bones 1-2:30 <i>Caring Café</i> 1:00 <i>Downton Abbey (Season 2, 5)</i> 2:15 Tai Chi (1) (VH)	8:30-10:30 BP Clinic 9:00 Cribbage 9:30 <i>A Matter of Balance (1) (New!)</i> 9:40/11:00 Yoga (1) (G) 10-12 Legal Clinic 12:30-3:30 Bridge 1:30 <i>Tai Chi for Healthy Living (2)</i>	9:00-3:00 I&R Hours 9:30 <i>Skeptics Guide (2)</i> 10-12 <i>Sketchbook Workshop (2)</i> 11:00 Fit for the Future 1:30 <i>British Art (1)</i> 1:00 Canasta (R1 or L) 1:00-3:30 Quilting (1) (VH) (through L-S Adult Ed)	9-12 SHINE 9:30 Tap Dance (2) 9:30 <i>Laughter Group</i> 10 <i>Siena Farms Pickup</i> 10:00 Current Events 1:00 <i>Singing Group Meeting (SP)</i> 2:30 Connection Circle	9:00-3:00 I&R Hours 9:30-11:30 Bingo (SP) 9:30 Better Bones (1) 9:30-11:30 <i>Airplane Exhibit (VH)</i> 11:00 Fit for the Future 11:30 or 1:45 Watercolors (3) 12:30 Friday Movie: <i>Babe</i>
<i>Van Trip</i> 21	22	<i>Yom Kippur</i> 23	24	25
9:00-3:00 I&R Hours 10:00 <i>Media, Religion and Culture (1)</i> 11:00 Fit for the Future 1:00 Better Bones (1) 1:00 <i>Downton Abbey (Season 2, 6)</i> 2:15 Tai Chi (2)	8:30-10:30 BP Clinic 9:00 Cribbage 9:30 <i>Matter of Balance Workshop (2)</i> 9:40/11:00 Yoga (2) 12:30-3:30 Bridge 1:30 <i>Tai Chi for Healthy Living (3)</i>	9:00-3:00 I&R Hours 9:30 <i>Skeptics Guide (3)</i> 10-12 <i>Sketchbook Workshop (3)</i> NO Fit for the Future 11-1 <i>BayPath Rep Steve Zafron in Lounge</i> 1:00 Canasta (SP) 1:00-3:30 Quilting (2) No British Art	9-12 SHINE 9:30 Tap Dance (3) 9:30 <i>Laughter Group (R1)</i> 10:00 <i>Siena Farms Pickup</i> 1:00 <i>Irish Voices with Stephen Collins</i> 2:30 Connection Circle 3:00 <i>Friends Meeting</i>	8:30 <i>25th Anniversary and Boston Post Cane Ceremony!</i> 9:00-3:00 I&R Hours 9:30-11:30 Bingo * 9:30 Better Bones (2) 11:00 Fit for the Future 11:30 or 1:45 - Watercolors (4) (VH) 12:30 Movie: <i>Ex-Machina</i> * Room change today
<i>Van Trip - Walmart</i> 28	29	30		
9:00-3:00 I&R Hours 10:00 <i>Media, Religion and Culture (2)</i> 11:00 Fit for the Future 1:00 <i>Downton Abbey (Season 2, 7)</i> 1:00 Better Bones (2) 2:15 Tai Chi (3)	8:30-10:30 BP Clinic 9:00 Cribbage No <i>Matter of Balance</i> 10:30 <i>Truman and the Bomb (SP)</i> 9:40/11:00 Yoga (3) 12:30-3:30 Bridge 1:30 <i>Tai Chi for Healthy Living (4)</i>	9:00-3:00 I&R Hours 9:30 <i>Skeptics Guide (4)</i> 10-12 <i>Sketchbook Workshop(4)</i> 11:00 Fit for the Future 1:00 Canasta (R1) 1:00-3:30 Quilting (3) 1:30 <i>British Art (2) (SP)</i>	<i>25th Anniversary Celebration and Boston Post Cane Ceremony is on Friday, Sept. 25!</i>	VH— Van Houten room SP— Sudbury Pines room G—Fairbank Gym L— Lounge R1—Room 1 (next to Gym) R2—Near Park and Rec Office