

**TOWN OF SUDBURY  
COUNCIL ON AGING  
MINUTES OF MEETING  
July 24, 2012**

**Present:** John Beeler, Bob Diefenbacher, Debra Galloway, David Levington, Robert May, Sam Merra, Phyllis Bially, Mary Lee Mahoney-Emerson, and Barry David  
**Absent:** Jack Ryan

**Minutes:** Minutes of the June 5, 2012 meeting were approved as read.

Guest discussion: Nancy McShea, Director Sudbury Parks and Recreation

Highlights:

- \*The Director is a shared position with Wayland
- \*Major program within her department is to achieve National Accreditation. Sudbury would become the only P and Rec team in the State, if this is accomplished.
- \* Nancy favors a Community Center such as Marblehead's to join the programs and skills of her team, seniors, and others in town.
- \* Continues to support developing a joint plan with Deb for the current or expanded Fairbanks facility.

**DIRECTOR'S REPORT**

1. June programs were well attended.
2. Phyllis has volunteered to organize a Senior Float team for next July 4 parade.
3. Deb has been organizing a Fall Prevention day for September.
4. Deb requested assistance with planning for Teen Tech Days, perhaps developing a schedule of topics. Bob Diefenbacher offered to assist.
5. The next BOD meeting will be held on September 4 at 3:30 P.M.
- 6.

**Chairman's Report**

Property Tax: NOW SIGNED as of 08/02/2012. Now awaits scheduling for Town meeting vote. See Old Business discussion.

**BayPath Liaison Report**

No report at this time.

**OLD BUSINESS**

**Council on Aging Bylaws** – A motion was made to approve the COA Bylaws as adapted. Motion passed.

**Strategic Planning meeting and Goals**

Brief reports of status:

Bob and Phyllis- Communications, have had meetings, will present information in September  
David- sharing the plan with Friends and Town Manager. Letter from Friends attached.

Sam and David- Housing; have attended 2 planning board meetings; shared our plan, they are receptive. They represented the COA at the Melone Property meeting. Portion of land could be used for senior housing.

Sudbury Senior Activities—Sam reported that at a joint meeting with the SSAI leadership team decided on the implementation of new check processing processes within the Senior Center.

## **NEW BUSINESS**

### **Election of Officers for 2012-2013**

Bob May resigned his post as Vice-Chairperson effective immediately.

Nominating Committee proposed:

John Beeler for Vice-Chairperson

Bob May for Secretary

Nominations were unanimously approved by the Council.

Bob Diefenbacher volunteered to be the third member of the Nominating committee.

**State Aid/Formula Grant** – Deb reported that the Annual State Aid Formula Grant rate per senior has been approved. Sudbury will receive slightly more this year as the census indicated a growth in Sudbury Seniors.

**Personnel Planning** – Deb requested some assistance with planning for potential retirement of volunteers and/or stipended staff.

**Healthy Aging** -Deb has been successful in obtaining a grant from BayPath for her proposed “Healthy Aging” programs. This proposal seeks to offer evidence based support programs such as “My Life/My Health”, “A Matter of Balance” and “Powerful Tools for Caregivers” to seniors in the area.

**Reaccreditation**- Need to gather information about the process.

## **SPECIAL RECOGNITION**

The Council wished to give special Thanks to both Bob Diefenbacher, and Marilyn Goodrich for their work with the Lincoln Sudbury Regional High School delivering a unique program on Business Entrepreneurship and early business planning. Its success was noted in the Town Crier, and the High School may offer it again in 2013. CONGRATULATIONS!

**Next meeting:** The next meeting will be held on September 4, 2012 at 3:30 P.M. at the Senior Center.

A vote for Adjournment was unanimous at 5:30 pm.

Submitted by:

Bob May, Secretary

Version 08/21/2012

Dear David;

Thank you for sharing the Council on Aging's Long Range Plan with us. We applaud your ideas and effort to effect your goals. Be assured that the mission of the Friends is to promote the goals of Sudbury Senior Citizens. After carefully reading your letter, it appears that you regard the Friends as an asset, but only a financial asset. Most of the Friends have served on the COA and several as Chair: it would seem prudent to use their interest and expertise.

Should the school administration leave the Fairbank facility, we suspect that Park and Recreation are ready, willing, and able to take over all of the existing space, regardless of how infrequently they plan to use it. Politically we believe that their ear is closer to the ground than the COA. We feel that they need to be taken into a consensus building process that also includes the School Administration. Consensus building is the method used to achieve our goals some 23 years ago. We do need a written agreement with Park and Recreation. Such an agreement might even help the Schools get a new administration building sooner.

The COA recruited many valuable people from the subcommittees utilized some 25 years ago. We suggest that you use townspeople above 45 years of age who have lived in town more than 10 years and who plan to stay in Sudbury. These folks can answer the question, "what kind of Senior Center do you want when you turn 60-65?"

Lastly we would promote the idea that we were honest with our predictions when we built the Senior Center, and they did come true." The Council on Aging deserves the opportunity to plan for expansion now that our space is fully utilized."

Sincerely,