



SUDBURY SELECT BOARD
TUESDAY SEPTEMBER 10, 2024
7:00 PM, ZOOM

Item #	Time	Action	Item
	7:00 PM		CALL TO ORDER
			Opening remarks by Chair
			Reports from Town Manager
			Reports from Select Board
			Public comments
CONSENT CALENDAR			
1.		<i>VOTE / SIGN</i>	Vote to sign proclamation recognizing September as National Service Dog Month.
2.		<i>VOTE / SIGN</i>	Vote to grant a 1-day Wine & Malt license to Sudbury Valley Trustees, to accommodate the Beer in the Barn at Wolbach Farm Event on Saturday, October 5, 2024 from 7:00 PM to 9:00 PM at Wolbach Farm, 18 Wolbach Rd, subject to the use of a TIPS-trained bartender and a receipt of a Certificate of Liability.
MISCELLANEOUS			
3.			Annual legislative update with Senator Jamie Eldridge and Representative Carmine Gentile.
4.			Discussion on 2024 Goal #1 to develop long-term comprehensive plan to fund and manage the operating and capital budgets
5.		<i>VOTE</i>	Discussion and update on ARPA allocations, expenditures, and balances. ARPA funds are required to be allocated by 12/31/24 and spent by 12/31/26 (votes may be taken).
6.		<i>VOTE</i>	Discussion of allocation of \$10,000 in ARPA funds to be expended for "Parenting Today's Super Connected Kids" presentation, featuring the esteemed speaker Dr. Jean Twenge, PhD., scheduled for Tuesday, November 12, 2024, under the direction of the Select Board/Town Manager's Office.
7.			Discussion on follow-up and next steps after 9/5/24 Select Board Goals Session
8.		<i>VOTE</i>	Vote to review and possibly approve open session minutes of 5/28/24 and 7/30/24.

These agenda items are those reasonably anticipated by the Chair which may be discussed at the meeting. Not all items listed may in fact be discussed and other items not listed may also be brought up for discussion to the extent permitted by law. Some items may be taken out of order or not be taken up at all. The Chair will strive to honor timed items as best as possible. The Chair reserves the right to accept public comment on any item and may establish time limits.

Item #	Time	Action	Item
9.			Upcoming agenda items
EXECUTIVE SESSION			
10.		<i>VOTE</i>	Vote to close Open Session and enter Executive Session to discuss strategy with respect to collective bargaining if an open meeting may have a detrimental effect on the bargaining position of the public body and the chair so declares, pursuant to General Laws chapter 30A, §21(a) (exception 3).
11.		<i>VOTE</i>	Continue executive session to review and approve executive session meeting minutes pursuant to G.L. c. 30A, § 21(a)(7) “[t]o comply with, or act under the authority of, any general or special law or federal grant-in-aid requirements” (“Purpose 7”), citing to the Open Meeting Law, G.L. c. 30A, §§ 22(f), (g).
12.		<i>VOTE</i>	Vote to Close Executive Session and not resume Open Session.

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**SUDBURY SELECT BOARD**

Tuesday, September 10, 2024

CONSENT CALENDAR ITEM**1: Proclamation National Service Dog Month****REQUESTOR SECTION**

Date of request:

Requestor: resident Mary Siegel

Formal Title: Vote to sign proclamation recognizing September as National Service Dog Month.

Recommendations/Suggested Motion/Vote: Vote to sign proclamation recognizing September as National Service Dog Month.

Background Information:
attached

Financial impact expected:

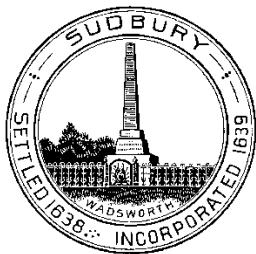
Approximate agenda time requested:

Representative(s) expected to attend meeting:

Review:

Select Board Office	Pending
Town Manager's Office	Pending
Town Counsel	Pending
Select Board	Pending
Select Board	Pending

09/10/2024 7:00 PM



TOWN OF SUDBURY

Office of Select Board

www.sudbury.ma.us

278 Old Sudbury Road

Sudbury, MA 01776-1843

978-639-3381

Fax: 978-443-0756

Email: selectboard@sudbury.ma.us

PROCLAMATION

WHEREAS, We believe in the joyful, transformative power of the human-canine bond and inclusivity of all citizens; and

WHEREAS, In the United States, 64 million adults and children have a disability and only 16,000 service dogs from accredited training programs exist nationwide and the need is growing; and

WHEREAS, we recognize and support organizations which provide expertly-trained service dogs; and ongoing support to ensure quality partnerships; and

WHEREAS, service dogs empower people with disabilities to lead life with greater independence, and enhanced quality of life; and

WHEREAS, National Service Dog Month aims to educate our community about the benefits of service dogs and the laws protecting them; and

WHEREAS, The Town of Sudbury continues to work toward becoming an inclusive community in which all citizens, and their service dogs, are embraced; and

NOW, THEREFORE, in recognition of service dogs and the adults and children with disabilities in our community, we, the Sudbury Select Board, do hereby proclaim September 2024 to be

NATIONAL SERVICE DOG MONTH and encourage all citizens to celebrate service dogs and be respectful of the rights afforded to the adults, children and veterans who lead more independent lives because of their assistance.

Signed this 10th day of September in the year two thousand and twenty-four.

SELECT BOARD

Jennifer S. Roberts, Chair

Daniel E. Carty, Vice-Chair

Janie W. Dretler

Lisa V. Kouchakdjian

Charles G. Russo



SUDBURY SELECT BOARD
Tuesday, September 10, 2024

CONSENT CALENDAR ITEM

2: Sudbury Valley Trustees One Day Wine & Malt License 2024

REQUESTOR SECTION

Date of request:

Requestor: Sally Hild, Sudbury Valley Trustees

Formal Title: Vote to grant a 1-day Wine & Malt license to Sudbury Valley Trustees, to accommodate the Beer in the Barn at Wolbach Farm Event on Saturday, October 5, 2024 from 7:00 PM to 9:00 PM at Wolbach Farm, 18 Wolbach Rd, subject to the use of a TIPS-trained bartender and a receipt of a Certificate of Liability.

Recommendations/Suggested Motion/Vote: Vote to grant a 1-day Wine & Malt license to Sudbury Valley Trustees, to accommodate the Beer in the Barn at Wolbach Farm Event on Saturday, October 5, 2024 from 7:00 PM to 9:00 PM at Wolbach Farm, 18 Wolbach Rd, subject to the use of a TIPS-trained bartender and a receipt of a Certificate of Liability.

Background Information:

Financial impact expected:\$25 license fee

Approximate agenda time requested:

Representative(s) expected to attend meeting:

Review:

Select Board Office	Pending
Town Manager's Office	Pending
Town Counsel	Pending
Select Board	Pending
Select Board	Pending

09/10/2024 7:00 PM



Town of Sudbury

Office of Selectmen
www.sudbury.ma.us

Flynn Building
278 Old Sudbury Rd
Sudbury, MA 01776-1843
978-639-3381
Fax: 978-443-0756
Email: BOSadmin@sudbury.ma.us

APPLICATION FOR ONE-DAY LIQUOR LICENSE (NON-PROFIT)

Non-profit organizations hosting an event in Sudbury are eligible to apply for a one-day liquor license. All licensees must purchase their alcoholic beverages from a licensed Massachusetts wholesaler, manufacturer, winery shipment licensee, farmer brewery, farmer distillery or holder of a Special Permit issued by the ABCC.*

Application processing can take up to four weeks as approval from the Fire, Police, Building and Board of Health departments are required prior to Board of Selectmen approval. Processing begins after all required materials are received, so please plan accordingly.

Name of Responsible Manager: Sally Perrington Hild for Sudbury Valley Trustees

Address of Responsible Manager: 18 Wolbach Road, Sudbury, MA 01776

Phone: [REDACTED] Email: [REDACTED]

Non-Profit Organization Name: Sudbury Valley Trustees

Name & Purpose of Event: Beer in the Barn at Wolbach Farm - Support SVT pop-up fundraiser
social "get to know SVT" event.

Name(s) of Brewery/ Distillery/Winery/Wholesaler/Manufacturer to provide alcohol:

Sudbury Winery & Spirits

License Type Requested: ☒ \$25 Wine & Malt – OR – ☐ \$35 All Alcohol

Event Date: Saturday, Oct 5th, 2024 Event Time: 7:00 - 9:00 pm

Event Venue: Wolbach Farm, SVT

Event Address: 18 Wolbach Road, Sudbury, MA 01776

Documents Enclosed:

☒ Certificate of Liquor Liability

a. \$1,000,000 minimum amount

b. "Town of Sudbury" listed as additional insured Request it in to insurance company for this.

☒ Proof of bartender(s) training/certification. (For example, a TIPS certificate.)

☒ Application fee: \$25 W&M or \$35 All Alcohol. Check payable to Town of Sudbury.

Please submit completed application and materials to:
Board of Selectmen's Office, 278 Old Sudbury Rd., Sudbury, MA 01776

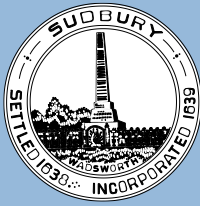
August 28, 2024
Date

Sally Perrington Hild
Applicant Signature

*For a complete list of Authorized Alcohol Providers for 1-Day licenses, please visit
<https://elicensing.state.ma.us/CitizenAccess/GeneralProperty/PropertyLookUp.aspx?isLicensee=Y>. Under
Licensing Entity select "Alcoholic Beverages Control Commission" and under License Type select either
Wholesaler, Manufacturer, Direct Wine Shipper, Farmer Brewer, Farmer Distiller and/or Farmer Winery.

SVT Beer in the Barn at Wolbach Farm – One Day Wine & Malt License
October 5, 2024
Department Feedback

Department	Staff	Date	Comments
Building Department	Andrew Lewis	9/3/24	<i>See Below</i>
Fire Department	Asst Chief Choate	9/3/24	Andrew and I visited today to check life safety, and all is compliant. Both of us are ok with the function.
Health Department	Vivian Zeng	9/4/24	Ok by health.
Police Department	Chief Nix	8/28/24	The police department has not issues with their event.

**SUDBURY SELECT BOARD**

Tuesday, September 10, 2024

MISCELLANEOUS (UNTIMED)**3: Annual legislative update****REQUESTOR SECTION**

Date of request:

Requestor: Chair Roberts

Formal Title: Annual legislative update with Senator Jamie Eldridge and Representative Carmine Gentile.

Recommendations/Suggested Motion/Vote:

Background Information:
attached questions submitted by Select Board members

Financial impact expected:

Approximate agenda time requested:

Representative(s) expected to attend meeting:

Review:

Select Board Office	Pending
Town Manager's Office	Pending
Town Counsel	Pending
Select Board	Pending
Select Board	Pending

09/10/2024 7:00 PM

QUESTIONS FOR LEGISLATORS

SELECT BOARD MEETING - 9/10/24

1. Do you see any state reform coming up in vocational education, given the admissions demand in excess of supply of seats, and the calls to change admissions policies such as Senate Bill 257, filed by Sen. John Cronin?
2. Do you see any state reform around the pension deadline of full funding by 2040?
Do you see any state assistance pending to help municipalities reach full pension funding?
3. Given the recent site visit to Hager Pond dam, and the recent success of the Klamath Dam removal in Oregon, which led to significant, positive environmental and societal effects, do you see any state dam removal/renovation programs coming up? What do you think it would take for alewives to spawn in the Sudbury section of the Sudbury river once again?
4. Can you itemize state budget earmarks you were able to dedicate to Sudbury?
5. After school care availability
6. Housing and transportation issues
7. What legislation do you plan on submitting or supporting that will have direct impact on or to Sudbury?
8. Many communities are struggling to support basic services and operations under the pressure of inflation, competition for employees, wages, and supply chain cost increases. Can you talk about if legislators on Beacon Hill are aware of this and what is being done to help?
9. Are there any specific programs being developed to aid communities in their environmental sustainability goals? Please explain.
10. Finding vocational education options for students in Sudbury continues to be a major challenge. Existing vocational education schools simply do not have space. What do you believe are solutions for this? Are there any legislative efforts to address it?
11. What is the status and timeline of the Municipal Empowerment Act and what are your positions on that legislation?

**SUDBURY SELECT BOARD**

Tuesday, September 10, 2024

MISCELLANEOUS (UNTIMED)**4: Financial Goals discussion****REQUESTOR SECTION**

Date of request:

Requested by: Patty Golden

Formal Title: Discussion on 2024 Goal #1 to develop long-term comprehensive plan to fund and manage the operating and capital budgets

Recommendations/Suggested Motion/Vote: Discussion on 2024 Goal #1 to develop long-term comprehensive plan to fund and manage the operating and capital budgets

Background Information:

Financial impact expected:

Approximate agenda time requested:

Representative(s) expected to attend meeting:

Review:

Select Board Office Pending

Town Manager's Office Pending

Town Counsel Pending

Select Board Pending

Select Board Pending

09/10/2024 7:00 PM

Select Board 2024 Goal 1 Update

ANDY SHEEHAN, TOWN MANAGER

AUGUST 27, 2024

Goal 1

Goal 1: Develop a long-term comprehensive plan to fund and manage the operating and capital budgets

This update is just the start of the discussion

Developing a truly sustainable budget will take time, commitment, and discipline

Not all recommendations will be implemented and new ones will emerge over time

Context - Revenue

Property taxes:	88% of total revenue
Local Receipts:	4.7% of total revenue
State Aid to Cities and Towns:	5.8% of total revenue
Other Available Funds	0.7% of total revenue

Context - Expenditures

Cost Centers	FY25	FY20
SPS	\$45.7M (37.7%)	\$38.5M (37.9%)
LSRHS	\$29.5M (24.3%)	\$25.8M (25.4%)
Municipal	\$23.3M (19.2%)	\$19.8M (19.5%)
Unclassified	\$22.5M (18.5%)	\$16.9M (16.6%)

Challenges

Average SFD tax bill: \$15,742 (FY24)

Maintain existing services

Address identified needs

Take care of our employees

Take care of our tangible assets: buildings, roads, infrastructure

Transfer maintenance items from the capital to operating budgets

Breathe

We did not get here overnight and will not solve our challenges overnight

We are by no means alone - Statewide challenge

No need to panic

What Can We Do

Budget integrity

Disciplined approach

Consider short- and long- term implications of decisions

Maximize non-property tax revenues

Evaluate programs

An operating override may be necessary to avoid reducing desired services

Where to Start

Insist on thriving together

Turn down the volume

Be willing to make and defend hard decisions

Identify and eliminate inefficient practices

Everything on the table

Recommendations

Explore all non-property tax revenue sources

Take advantage of State-provided options: Municipal Empowerment Act

Outsource/privatize/regionalize functions

Automate functions

Eliminate or restructure programs

Establish new enterprise funds if appropriate

Insist that enterprise funds be self-supporting – no GF subsidy

Recommendations

Consider all funding requests within the context of the capital and operating budgets

Request Division of Local Services perform a Financial Management Review

Pension Stabilization Fund: In anticipation of potential Middlesex County Retirement System funding shortfall

OPEB: Continue level funding of OPEB contributions

Promote economic development

Recommendations

Consider how Town Meeting and the Town Meeting process impact the Town's financial sustainability

Consider how the charter, bylaws, policies, and traditions impact the Town's financial sustainability

Goal 1

Goal 1: Develop a long-term comprehensive plan to fund and manage the operating and capital budgets

There is work to do and no need to panic

**SUDBURY SELECT BOARD**

Tuesday, September 10, 2024

MISCELLANEOUS (UNTIMED)**5: ARPA update****REQUESTOR SECTION**

Date of request:

Requested by: Patty Golden

Formal Title: Discussion and update on ARPA allocations, expenditures, and balances. ARPA funds are required to be allocated by 12/31/24 and spent by 12/31/26 (votes may be taken).

Recommendations/Suggested Motion/Vote: Discussion and update on ARPA allocations, expenditures, and balances. ARPA funds are required to be allocated by 12/31/24 and spent by 12/31/26 (votes may be taken).

Background Information:

Financial impact expected:

Approximate agenda time requested:

Representative(s) expected to attend meeting:

Review:

Select Board Office	Pending
Town Manager's Office	Pending
Town Counsel	Pending
Select Board	Pending
Select Board	Pending

09/10/2024 7:00 PM

**Town of Sudbury
ARPA Funds**

8/28/2024

Total Allotment:	5,875,013.78
Distributions Received as of 12/13/2022:	5,875,013.78
Final Distribution*	-

New information since
last review

* Final Distribution received 9/29/22

Select Board Allocations (as of 8/27/2024):

Project	Allocation	Expenditures	Unexpended	
Additional Social Worker Services	170,000.00	41,295.91	128,704.09	Still needed/will be spent
Basic needs gift cards (Jail Diversion Prog., Senior Center, Social Work Dept)	20,000.00	19,585.95	414.05	Still needed/will be spent
Mental Health Counselor		-	-	
Health - Nursing Services	86,000.00	25,726.56	60,273.44	Still needed/will be spent
SPS: Summer academic program	520,000.00	445,743.96	74,256.04	Still needed/will be spent
SPS: Social and Emotional Learning	420,000.00	302,039.38	117,960.62	Still needed/will be spent
LSRHS: Ventilation system upgrades	67,619.00	67,619.00	-	
Fairbank Community Center: Water line replacement	131,431.18	131,431.18	-	
Fire: Equipment	31,205.44	31,205.44	-	
Fairbank Community Center construction funding to provide contingency funds/other funding in light of higher project bidding results	1,868,568.82	1,868,568.82	-	
HOPEsudbury Community Resource Fund	75,000.00	75,000.00	-	
Police - Medical Equipment	9,500.00	3,267.36	6,232.64	Will be returned
Health - Sudbury Community Food Pantry COVID-19 mitigation	100,000.00	100,000.00	-	
Fire Station #2 living/office addition increased project costs	766,500.00	295,010.43	471,489.57	Expect to return approximately \$19,000
Health - Funds to hire a consultant/trainers to assist with development of the DEI Commission's mission and action steps.	15,000.00	-	15,000.00	Still needed/will be spent

Attachment 5.a: ARPA Status 07-22-24 - AS Comments 8-28-24 (6359 : ARPA update)

Housing - COVID Small Grant Program for deferred maintenance due to COVID loss of income, available to homeowners and small landlords (\$75k):	75,000.00	75,000.00	-	
Police - Body Camera/Cruiser Camera Program	150,000.00	150,000.00	-	
Consultant - Economic Development Consultant	35,000.00	-	35,000.00	Still needed/will be spent
Info Systems - Website - scan of all documents	35,000.00	-	35,000.00	Awaiting further information
Info Systems - Website - skilled web developer	40,000.00	13,400.00	26,600.00	Awaiting further information
Fire - Opioid impacts offset	12,500.00	-	12,500.00	Narcan currently provided by State with funding from opioid settlements; duration of State funding unknown
Housing - Tenant rental assistance program for residents impacted by COVID (\$125k):	200,000.00	199,999.97	0.03	
Park & Rec - 2021 Ford Transit Passenger Van	150,000.00	-	150,000.00	Van delivered; expect to return ~\$10,000
Hybrid Meeting Equipment	78,000.00	78,000.00	-	
FB Community Center AV Design \$	\$13,460.00	13,460.00	-	
Atkinson Pool Repair	\$275,500.00	275,500.00	-	
Community Transit Grant Match	\$17,000.00	-	17,000.00	Still needed/will be spent
Fire Station #3 Roof	\$85,000.00	85,000.00	-	
SPS Classroom Equipment	\$100,000.00	100,000.00	-	
Sudbury 250th Commemoration	\$25,000.00		25,000.00	Still needed/will be spent
DPW Office Renovation	\$111,350.00		111,350.00	7/30/2024
SPS Rooftop HVAC: Curtis + Haynes	\$100,000.00		100,000.00	8/27/2024
Total Allocated Projects (as of 2/1/2024)	5,783,634.44	4,396,853.96	1,286,780.48	

Unallocated (as of 7/31/24)	91,379.34	8/28/2024
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Allocated as of 7/22/2024	5,783,634.44
Expenditures as of 7/22/2024	4,396,853.96
Unexpended as of 7/22/2024	1,386,780.48

Attachment5.a: ARPA Status 07-22-24 - AS Comments 8-28-24 (6359 : ARPA update)

**SUDBURY SELECT BOARD**

Tuesday, September 10, 2024

MISCELLANEOUS (UNTIMED)**6: ARPA Allocation - Sudbury for Digital Balance****REQUESTOR SECTION**

Date of request:

Requested by: Leila S. Frank

Formal Title: Discussion of allocation of \$10,000 in ARPA funds to be expended for "Parenting Today's Super Connected Kids" presentation, featuring the esteemed speaker Dr. Jean Twenge, PhD., scheduled for Tuesday, November 12, 2024, under the direction of the Select Board/Town Manager's Office.

Recommendations/Suggested Motion/Vote: Discussion of allocation of \$10,000 in ARPA funds to be expended for "Parenting Today's Super Connected Kids" presentation, featuring the esteemed speaker Dr. Jean Twenge, PhD., scheduled for Tuesday, November 12, 2024, under the direction of the Select Board/Town Manager's Office.

Background Information:
Please see attached.

Financial impact expected:

Approximate agenda time requested:

Representative(s) expected to attend meeting: Jacqueline Alfonso Barry, Ph.D., Sudbury for Digital Balance

Review:

Select Board Office	Pending
Town Manager's Office	Pending
Town Counsel	Pending
Select Board	Pending
Select Board	Pending

09/10/2024 7:00 PM

Smartphones have a Negative Effect on our Youth

- Growing and overwhelming body of research that provides data linking smartphones to negative effects on youth in a number of areas:
 - Academic performance
 - Mental health
 - Time with friends in person
 - Sleep
 - Exercise
 - [U.S. Surgeon General Warning](#)

"Schools should ensure that classroom learning and social time are phone-free experiences."

— U.S. Surgeon General Vivek Murthy

Student Use of Phones During the School Day



Negative Effects of Smartphones on Mental Health

SINCE 2010

134% ↑

Increase in anxiety

106% ↑

Increase in depression

The Anxious Generation



Each additional hour of total screen time increases the odds of suicidal behaviors

Science Direct

**SOCIAL MEDIA IS
NEARLY UNIVERSAL**

40%

of 8 – 12 year
olds are on
social media

95%

of teenagers
are on
social media

Advisory on Social Media and Youth Mental Health

**TEENS SPEND NEARLY
FIVE HOURS A DAY
ON SOCIAL MEDIA APPS**



American Psychological Association

3+ HOURS 

PER DAY ON SOCIAL MEDIA

doubles the risk of poor
mental health including
experiencing symptoms
of depression and anxiety

Advisory on Social Media and Youth Mental Health

22%

of high school students have
**SERIOUSLY CONSIDERED
SUICIDE IN THE PAST YEAR**

10%

**HAVE ATTEMPTED SUICIDE
IN THE PAST YEAR**

CDC, 2023

Adolescents who experienced
cyberbullying were more than

FOUR TIMES

as likely to report thoughts of

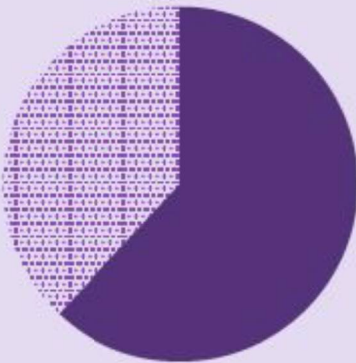
**SUICIDE AND
ATTEMPTS**

as those who didn't

National Institutes of Health

Negative Cognitive and Academic Performance Effects of Smartphones

Students not using their phones during class wrote down 62% more information.



They also scored a full letter grade and a half higher on a multiple choice test

The Impact of Mobile Phone Usage on Student Learning



“BRAIN DRAIN”

The mere presence of one's own smartphone reduces available cognitive capacity

Brain Drain

35%

of teens admit to using their cellphone to

CHEAT

Common Sense Media



72%

OF HIGH SCHOOL TEACHERS REPORT CELLPHONES ARE A MAJOR DISTRACTION IN THE CLASSROOM

The Mere Presence of a Cell Phone May be Distracting

NEA Poll

83% OF TEACHERS

support an all-day phone-free policy

National Education Association

Negative Effects of Smartphones on Interpersonal and Academic Relationships

**RATES OF SCHOOL
LONELINESS
HAS DOUBLED
SINCE 2012**

Worldwide Increases in Adolescent Loneliness

Youth reporting
LONELINESS
are also more likely to
**drop out of school
at the age of 16**

Loneliness During the School Years

STEEP DROP IN BULLYING

46% & **43%**
of girls & of boys

experienced a reduction of
bullying after smartphone
bans were enacted.

Smartphone Bans, Student Outcomes and Mental Health



**Phones prevent face to face
communication**

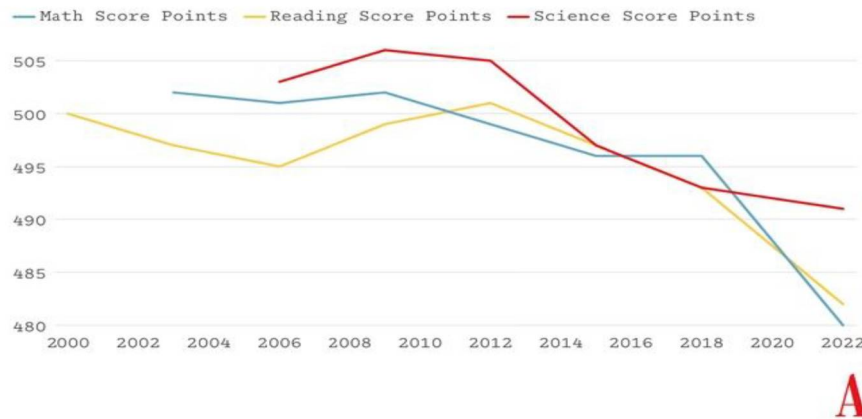
Research suggests that face to
face communications are linked
to better mental health.

Psychology today



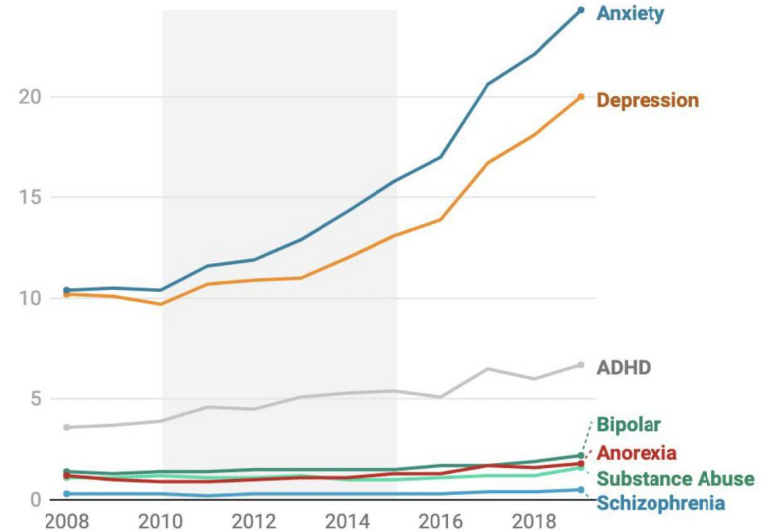
Smartphones are Detrimental to the Academic Performance and Mental Health of our Children

Global PISA test scores in decline



The Programme for International Student Assessment (PISA) is a multiple-choice test that uses a scaled score to assess academic performance in math, reading, and science.

Percent of U.S. Undergraduates with a Mental Illness



Concerning Data from our Sudbury Students

- The MetroWest Adolescent Health Survey (MWAHS): conducted every other year to monitor trends in adolescent health from our middle and high school students
 - Last report (2021) indicated **increases in anxiety and stress** from prior assm't (2018) in Curtis students
 - **28%** of 7th and 8th graders reported stress about **social** issues
 - **51%** reported stress due to **school** issues
 - **25%** responded feeling worried and stressed re: their **physical and/or emotional health**
- Concerning increase in cyberbullying
 - **24%** of Curtis students reported being a target of cyberbullying in the last 12 months **vs. 13%** in 2018

Concerning Data About Parents

FOR IMMEDIATE RELEASE
August 28, 2024

Contact: HHS Press Office
202-690-6343
OSGPress@hhs.gov

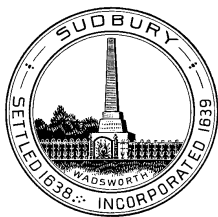
U.S. Surgeon General Issues Advisory on the Mental Health and Well-Being of Parents

- Recommendations for Communities, Community Organizations, and Schools
 - Foster open dialogue about parental stress, mental health, and well-being
 - Equip parents and caregivers with resources to address parental stressors and connect to crucial support services
 - Create opportunities to cultivate supportive social connections among parents and caregivers
 - Elevate the voices of parents and caregivers to shape community programs and investments
 - Strengthen and establish school-based support programs

Sudbury for Digital Balance

- Provide critical **information**, tangible **strategies**, and **support** to positively impact our community
- First steps
 - Meetings with key educational stakeholders (e.g., Superintendents of SPS and LSRHS)
- Next steps
 - Provide cutting-edge information to our parents/caregivers/educators/community
- “*Parenting Today’s Super Connected Kids*” by [Dr. Jean Twenge, Ph.D.](#), Professor of Psychology at San Diego State University, author of more than 180 scientific publications and books (including [iGen](#) and [Generation Me](#))
 - How teens are growing up more slowly
 - How their mental health is suffering
 - How heavy technology use is linked to depression and unhappiness
 - How to break the cycle—attendees will walk away with ideas for how to help families find a better balance with technology and be healthier and happier
 - Tentatively scheduled for **Tuesday 11/12/24 at Curtis Middle School**
 - Speaking fee = \$14,000 + travel and lodging
- Working with other community members as well to raise funds





Town of Sudbury

Board of Health

Sudbury Health Department
275 Old Lancaster Road
Sudbury, MA 01776
978-440-5478
Health@sudbury.ma.us

To: Sudbury Select Board
From: Sudbury Social Work Office
Date: September 6, 2024
Subject: Sudbury for Digital Balance proposal for Dr. Jean Twenge, Ph.D
"Parenting Today's Super Connected Kids" Talk

I am writing on behalf of the Sudbury Social Work office in support of the proposal to fund the talk *"Parenting Today's Super Connected Kids"* with Dr. Jean Twenge, Ph.D brought forth by the Sudbury for Digital Balance group. I had the pleasure of discussing how the idea for this event came to be with Jackie Barry, a Sudbury parent and clinical psychologist, who has noticed an increase in problems surrounding smartphones in the lives of children and teens in both her personal and professional life. The data that Jackie has presented speaks for itself and it is evident that smartphones and social media are affecting children in multiple aspects of their lives including mental health, sleep, ability to focus in school, and social connections.

It is important for Sudbury residents and parents to be aware of the statistics about smartphone use and children's development as well as strategies to help mitigate these harmful developmental effects. Dr. Jean Twenge would be able to provide background information as well as provide strategies and ideas to create a healthier balance with technology in the home. This event is a great step in the right direction for starting this conversation as a community around this ubiquitous and unavoidable issue. In order to prevent the harmful effects of smartphone use, parents and educators need access to the psychoeducation that Dr. Jean Twenge's talk would provide.

This event is aligned with the Board of Health's values to protect and enhance educational excellence as well as promote public health and mental wellness within the community. The Town Social Work office supports this event and is excited to partner with Sudbury for Digital Balance group as they continue their efforts to confront this issue head on in the community.

Sincerely,

Kirstin Wilcox, MSW
Community Social Worker

Sudbury for Digital Balance

info@sudburyfordigitalbalance.org

To: Sudbury Select Board

From: Sudbury for Digital Balance

Date: September 10, 2024

**Subject: Sudbury for Digital Balance proposal for Dr. Jean Twenge, Ph.D
“Parenting Today’s Super Connected Kids” Talk**

We are writing on behalf of Sudbury for Digital Balance (SDB), a local group of parents, educators, and health care providers dedicated to the well being of our children with a focus on how to best navigate their digital world with intentionality. Our mission is to help provide the freedom for kids and teens to develop socially and excel academically, while minimizing the negative effects of technology.

SDB seeks to organize a presentation by renowned researcher and speaker, Dr. Jean Twenge. Dr. Twenge’s presentation, "Parenting Today's Super-Connected Kids" is currently scheduled for Tuesday, November 12 at Ephraim Curtis Middle School. This is a first step in a broader community vision of educating and assisting our citizens in finding digital balance within their families.

Financial Support and Partnership

We are requesting \$10,000 in American Rescue Plan Act (ARPA) funds in order to bring this presentation to our town. Dr. Tweng’s speaking fee is \$14,000 plus expenses associated with travel and lodging. The remainder of the funds will be raised by SDB.

In addition to support from the Select Board, we will seek to partner with the following organizations: Sudbury Foundation, Goodnow Library Foundation, Sudbury Public School Parent Teacher Organizations, Lincoln-Sudbury Regional High School, Sudbury Public Schools, Sudbury Extended Day (SED), Sudbury Family Network, Sudbury Park & Recreation, Sudbury Cultural Council, New England Therapy Center, Boston Child Therapy and more. We will also solicit support from local businesses, other interested organizations and individual donors.

While we are at the start of our outreach efforts, we have had enthusiastic feedback from a number of Sudbury organizations. The Goodnow Library Foundation has signed on as a sponsor of the event. The Sudbury Health Department Social Work Office provided an enthusiastic letter of support (please see attached). Communications with the Goodnow Library, Sudbury Public School administration and Sudbury Family Network have been exceptionally positive. An SPS English Language Development (ELD) staff member offered to have Dr. Twenge’s flyer translated into other languages and possibly provide translation services at the event. In addition, with continued Health Department partnership, we will be able to utilize official Town of Sudbury

communication channels to spread the word about Dr. Twenge's event. After meeting with the Select Board, we plan to re-engage with these groups to assure broad support and outreach for Dr. Twenge's presentation and to lay the groundwork for future initiatives.

Please note, the **Goodnow Library Foundation**, as an existing 501(c)(3) organization, has kindly agreed to **collect and disburse funds** for Dr. Twenge's presentation.

Timeline

5/9/2024 - Contacted Dr. Jean Twenge regarding Sudbury presentation.

8/23/2024 - Initial meeting with SPS Superintendent Brad Crozier regarding issues surrounding smartphone and social media use among our students.

8/30/2024 - Kick-off meeting of Sudbury for Digital Balance at Goodnow Library.

9/6/2024 - Meeting with Kirstin Wilcox, Sudbury Community Social Worker (Sudbury Health Department).

9/6/2024 - Community request for emails of support regarding ARPA allocation for Dr. Twenge's presentation.

9/10/2024 - Sudbury Select Board Meeting - \$10,000 ARPA allocation request for Dr. Twenge's presentation in Sudbury.

9/12/2024 - First SPS Open House (Nixon Elementary) - begin distribution of SDB event flyer for Dr. Twenge's presentation.

11/12/2024 - Dr. Twenge's presentation at Curtis Middle School.

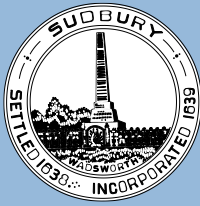
Sincerely,

Sudbury for Digital Balance

Jacqueline A. Barry, Ph.D., 87 Water Row

Leila Frank, 24 Raynor Road

Laura Willard, P.A., 62 Camperdown Lane



MISCELLANEOUS (UNTIMED)

7: Follow up on goals discussion

REQUESTOR SECTION

Date of request:

Requestor: Chair Roberts

Formal Title: Discussion on follow-up and next steps after 9/5/24 Select Board Goals Session

Recommendations/Suggested Motion/Vote: Discussion on follow-up and next steps after 9/5/24 Select Board Goals Session

Background Information:

Financial impact expected:

Approximate agenda time requested:

Representative(s) expected to attend meeting:

Review:

Select Board Office Pending

Town Manager's Office Pending

Town Counsel Pending

Select Board Pending

Select Board Pending

09/10/2024 7:00 PM



MISCELLANEOUS (UNTIMED)

8: Minutes approval

REQUESTOR SECTION

Date of request:

Requested by: Patty Golden

Formal Title: Vote to review and possibly approve open session minutes of 5/28/24 and 7/30/24.

Recommendations/Suggested Motion/Vote: Vote to review and possibly approve open session minutes of 5/28/24 and 7/30/24.

Background Information:

Financial impact expected:

Approximate agenda time requested:

Representative(s) expected to attend meeting:

Review:

Select Board Office Pending

Town Manager's Office Pending

Town Counsel Pending

Select Board Pending

Select Board Pending

09/10/2024 7:00 PM

SUDBURY SELECT BOARD

TUESDAY MAY 28, 2024

7:00 PM

(Meeting can be viewed at www.sudburytv.org)

ZOOM Meeting

Present: Chair Jennifer Roberts, Vice-Chair Dan Carty, Select Board Member Charles Russo, Select Board Member Janie Dretler, Select Board Member Lisa Kouchakdjian, Town Manager Andrew Sheehan

The statutory requirements as to notice having been compiled with, the meeting was convened at 7:00 PM, via Zoom telecommunication mode.

Chair Roberts announced the recording of the meeting and other procedural aspects included in the meeting.

Call to Order

Select Board Roll Call: Carty-present, Russo-present, Kouchakdjian-present, Dretler-present, Roberts-present

Opening remarks by Chair

Hoped all had a good restful holiday weekend and were able to reflect on fallen heroes; mentioned she and several other Select Board Members attended the thoughtful Town Celebration commemorating those heroes

Reminded the community on June 9, 2024 from 2:00-4:00 PM the Pride Day Event will be at Curtis Middle School

Reports from Town Manager

Announced the Facilities Condition Assessment study began today with Alpha Facilities Group, who will be taking inventory of all Sudbury buildings with the goal being to better maintain capital assets

Reports from Select Board

Board Member Carty:

Congratulated the Sudbury LSRHS graduating class; wishing them all a safe graduation weekend

Announced the CatchConnect launch event on June 6, 2024 at the Senior Center

Cautioned all to be aware of turtles crossing the streets/roads at this time of year

Board Member Dretler:

Congratulated all Lincoln and Sudbury LSRHS graduates

Board Member Russo:

Recognized the Memorial Day Parade and Ceremony was a most touching event and thanked all participants

Congratulated LSRHS graduates

Acknowledged Marlboro has begun construction upgrading Rte. 20, including installation of granite pavers to be completed in 2025

Board Member Kouchakdjian:

Congratulated the LSRHS graduating class

Acknowledged the Town Memorial Day events were great; she participated at the commencement of the parade at various Town cemeteries, which was very special

Responded to ethics violation claims as brought forth by Select Board Members Roberts and Russo regarding her comments made at the Select Board meeting on May 6th before Town Meeting in connection with her association with Herb Chambers in relation to the proposed gun shop zoning bylaw; Stated Ethics Commission confirmed she was not in such violation; on May 7th she filed a 23B Disclosure as further assurance, displacing any personal interest

Mentioned that she served as judge at the Curtis Middle School 8th grade Civics Fair on June 6th, and congratulated SPS administration and the students who participated.

Announced the LSRHS Civics Fair to take place on June 6th from 2:00 PM to 3:00 PM

Public Comment

Resident Manish Sharma, 77 Colonial Road, stated he recently had a good discussion with Town Manager Sheehan regarding Town auditors' financial records. He noted that Town Manager Sheehan confirmed that nothing unusual was found with those records. Mr. Sharma opined about such records being made available to residents.

Consent Calendar

- 1. Vote to authorize the Town Manager to sign Inter-Municipal Agreement (IMA) amendment for the Regional Housing Services Office (RHSO) to update the FY25 budget effective July 1, 2024, as requested by Liz Rust of RHSO.**
- 2. Vote to accept the resignation of Brenda Erickson from the Council on Aging (COA), and send a thank you letter for her service to the Town.**
- 3. Vote to appoint LSRHS History Teachers Tim Cobbett and Sandy Crawford to the Sudbury 250 Committee, both for a term expiring 9/30/26, as requested by committee chair Radha Gargeva.**
- 4. Vote to accept a \$500 donation from the Guild for Human Services, Inc. to the Commission on Disability, in support of the April 10, 2024 Lisa Drennan event, as requested by Cameron LaHaise, COD chair.**
- 5. Vote to Grant a Special Permit to the Sudbury July 4th Road Race, to hold the "Sudbury July 4th Road Race" on Thursday, July 4, 2024 from 7:00 AM through approximately 12:00 PM, subject to Police Department safety requirements, Proof of Insurance Coverage and the assurance that any litter will be removed at the race's conclusion.**

Vice-Chair Carty requested that Consent Calendar 2 be pulled and reviewed by the Board later in the meeting.

Vice-Chair Carty motioned to approve Consent Calendar items 1, 3, 4, and 5, as presented at the Select Board meeting this evening. Board Member Russo seconded the motion.

It was on motion 5-0; Roberts-aye, Russo-aye, Kouchakdjian-aye, Carty-aye, Dretler-aye

VOTED: To approve Consent Calendar items 1, 3, 4, and 5, as presented at the Select Board meeting this evening.

Discussion and potential vote on liaison and committee membership assignments for 2024-2025

Board Members discussed Select Board liaison and committee membership assignments:

<i>Chair Roberts</i>	<i>Vice Chair Carty</i>	<i>Member Dretler</i>	<i>Member Kouchakdjian</i>	<i>Member Russo</i>
Chamber of Commerce	Board of Assessors	Sudbury 250th Committee		Cultural Council
Diversity, Equity, and Inclusion Commission	Goodnow Library Trustees	Board of Health	Capital Improvement Advisory Committee (CIAC)	Design Review Board
Finance Committee	Historical Commission	Rail Trail Advisory Committee	Conservation Commission	Earth Removal Board
Town Manager/Town Departments	Historical Districts Commission		L-S Regional High School	Land Acquisition Review Committee
Town Moderator	Sudbury Public Schools Committee		Park and Recreation Commission	Planning Board
Lincoln Board of Selectmen	Sudbury Water District		Permanent Building Committee	
Town Historian			Sudbury Housing Authority	Zoning Board of Appeals
				Commission on Disability
			Council on Aging	Energy and Sustainability Committee

MEMBER OF COMMITTEE(S):	<i>Vice Chair Carty</i>	<i>Member Dretler</i>	<i>Member Kouchakdjian</i>	<i>Member Russo</i>
Community Preservation Committee (CPC)	M.B.T.A.	Sudbury Housing Trust	M.A.G.I.C.	Local Emergency Planning Committee: CERT/MRC
Housing Production Plan Working Group	Transportation Committee			September 11 Memorial Garden Oversight Committee
	Community Preservation Committee		Policy Subcommittee	
	Policy Subcommittee			

Vice-Chair Carty motioned to approve the Sudbury Select Board Liaison and Committee Assignments 2024-2025, as presented on the screen at the Select Board Meeting of May 28, 2024. Board Member Russo seconded the motion.

It was on motion 5-0; Dretler-aye, Carty-aye, Kouchakdjian-aye, Russo-aye, Roberts-aye

VOTED: To approve the Sudbury Select Board Liaison and Committee Assignments 2024-2025, as presented on the screen at the Select Board Meeting of May 28, 2024

Discussion and vote weather to consolidate election polling locations to one location at the Fairbank Community Center Gym, as requested by Town Clerk Beth Klein.

Present: Town Clerk Beth Klein

Ms. Klein provided a proposal to combine the existing two polling places into one location - the Fairbank Community Center. She provided numerous reasons for the voting consolidation at Fairbank rather than Town Hall:

- Central A/C
- ADA compliance
- Adequate parking including accessibility and better lighting when compared to Town Hall
- Generator in place
- Less Police Detail required
- Saving on election workers' time

Ms. Klein acknowledged a decrease with in-person voting and that early voting would continue to take place at Town Hall.

Vice-Chair Carty motioned to consolidate election polling locations to one location at the Fairbank Community Center Gym, as requested by Town Clerk Beth Klein. Board Member Russo seconded the motion.

It was on motion 5-0; Dretler-aye, Carty-aye, Kouchakdjian-aye, Russo-aye, Roberts-aye

VOTED: To consolidate election polling locations to one location at the Fairbank Community Center Gym, as requested by Town Clerk Beth Klein

Discussion on After-School Care

Chair Roberts acknowledged that this topic was not included as a Select Board goal at the current time.

Board Member Kouchakdjian opined that it might be time that the Select Board seriously consider this matter, as it was a vital problem for parents and families in the community. She indicated that Town Manager Sheehan would likely not have the time to manage a related after-school care committee, and it could be under the direction of Park & Recreation and a third-party could provide the service.

Vice-Chair Carty commented that he had not heard from many residents regarding this topic and if an RFP was to be considered, more conversation would be necessary before further action could be taken.

Board Member Dretler inquired about School Committee participation and stated the Select Board might not have purview regarding this topic. Chair Roberts commented that the Select Board did not have purview over the School Committee.

Board Member Russo commented about the importance of Town Manager's input, noting that the Select Board would need to be provided with additional information.

Chair Roberts recognized the challenging financial position of the Town at this time.

Town Manager Sheehan addressed the challenges in relation to the proposed child care proposal, including child-care staff, the Sudbury Extended Day (SED) program and Park & Recreation staffing. He expressed concerns about the Town being in this business and mentioned that the Fairbank Center might not necessarily have the space available for such an added programming and that use of ARPA funding would be temporary in this case. Town Manager Sheehan agreed with comments presented by Board Members regarding additional information being necessary before any related decisions were made.

Board Member Kouchakdjian mentioned aspects associated with short-term and long-term solutions, with a primary issue being transportation.

Chair Roberts stated that related conversation would be tabled for now.

Discussion on Select Board office hours

Vice-Chair Carty presented several potential Select Board office hours options. Board Members agreed to consider options presented to vote on a Select Board office hours schedule at an upcoming Select Board meeting. Members agreed that Wednesdays and Thursdays would work best.

ARPA: Move to reallocate \$36,000.00 from Mental Health Counselor Services to Per Diem Nursing Services and close out the Mental Health Counselor Services allocation; and close out the unexpended balance of \$32,381.00 from LSRHS ventilation upgrades.

Town Manager Sheehan confirmed the Health Director requested reallocation of \$36,000 be allotted to Per Diem Nursing Services. He explained that ventilation upgrades at LSRHS had been completed and the unexpended balance of \$32,381.00 could be redirected.

Vice-Chair Carty stated that in consideration of ARPA funding time restraints and possible unspent allocations, an ARPA update should be scheduled as soon as possible. Board Member Russo stressed that such considerations should be viewed as a priority.

Vice-Chair Carty motioned to reallocate \$36,000.00 from Mental Health Counselor Services to Per Diem Nursing Services and close out the Mental Health Counselor Services allocation; and close out the unexpended balance of \$32,381.00 from LSRHS ventilation upgrades. Board Member Russo seconded the motion.

It was on motion 5-0; Dretler-aye, Carty-aye, Kouchakdjian-aye, Russo-aye, Roberts-aye

VOTED: To reallocate \$36,000.00 from Mental Health Counselor Services to Per Diem Nursing Services and close out the Mental Health Counselor Services allocation; and close out the unexpended balance of \$32,381.00 from LSRHS ventilation upgrades

Review the Select Board Spring 2024 Newsletter Articles and approve for distribution.

Vice-Chair Carty motioned to approve Select Board Spring 2024 Newsletter Articles as presented, and approve for distribution. Board Member Russo seconded the motion.

It was on motion 5-0; Dretler-aye, Carty-aye, Kouchakdjian-aye, Russo-aye, Roberts-aye

VOTED: To approve Select Board Spring 2024 Newsletter articles and approve for distribution

Upcoming agenda items

June 11, 2024:

- Select Board Policy recommendations
- Fire Department ambulance fees
- Select Board 2024 Annual reappointments
- Potential DEI discussion

June 25, 2024:

- GHG Emissions Inventory Presentation

Potential Future Items:

- Chair Roberts recommended that Board Members submit any other agenda topic ideas at this time or via email. Board Member Kouchakdjian confirmed she would submit suggested agenda topics via the designated topic form.
- Board Member Russo recommended that ARPA-related topics be included on an upcoming Select Board agenda.

- Board Member Russo suggested that Planning Board Director Adam Burney lead an open space plan discussion with the Board. Chair Roberts commented that she would contact Mr. Burney regarding such presentation.
- Board Member Carty suggested monthly overview of Select Board topics in a KPI-type format. He also recommended that the Board have Select Board appointed committees/commissions provide quarterly updates to the Board, as well as inclusion of SPS/LSRHS civics topics.

Consent Calendar Item #2

2. Vote to accept the resignation of Brenda Erickson from the Council on Aging (COA) and send a thank you letter for her service to the Town.

Board Member Carty asked why Ms. Erickson was resigning from COA. Town Manager Sheehan responded that Ms. Erickson appeared to be resigning due to personal reasons.

Board Member Carty motioned to accept the resignation of Brenda Erickson from the Council on Aging (COA) and send a thank you letter for her service to the Town. Board Member Russo seconded the motion.

It was on motion 5-0; Dretler-aye, Carty-aye, Kouchakdjian-aye, Russo-aye, Roberts-aye

VOTED: To accept the resignation of Brenda Erickson from the Council on Aging (COA) and send a thank you letter for her service to the Town.

Vice-Chair Carty motioned to close Open Session and enter into Executive Session to conduct strategy session in preparation for negotiations with nonunion personnel and/or to conduct contract negotiations with nonunion personnel, namely the Town Manager, pursuant to General Laws chapter 30A, §21(a)(exception 2).

Also, discuss strategy with respect to potential litigation if an open meeting may have a detrimental effect on the litigating position of the public body and the chair so declares (Eversource), pursuant to General Laws chapter 30A, §21(a)(3), and not resume Open Session. Board Member Kouchakdjian seconded the motion.

It was on motion 5-0; Kouchakdjian-aye, Dretler-aye, Russo-aye, Carty-aye, Roberts-aye

VOTED: to close Open Session and enter into Executive Session to conduct strategy session in preparation for negotiations with nonunion personnel and/or to conduct contract negotiations with nonunion personnel, namely the Town Manager, pursuant to General Laws chapter 30A, §21(a)(exception 2).

Also, discuss strategy with respect to potential litigation if an open meeting may have a detrimental effect on the litigating position of the public body and the chair so declares (Eversource), pursuant to General Laws chapter 30A, §21(a)(3), and not resume Open Session.

There being no further business, Open Session adjourned at 9:10 PM.

SUDBURY SELECT BOARD

TUESDAY JULY 30, 2024

7:00 PM

(Meeting can be viewed at www.sudburytv.org)

ZOOM Meeting

Present: Chair Jennifer Roberts, Vice-Chair Daniel Carty, Select Board Member Lisa Kouchakdjian, Select Board Member Charles Russo, Town Manager Andrew Sheehan

The statutory requirements as to notice having been compiled with, the meeting was convened at 7:01 PM, via Zoom telecommunication mode.

Chair Roberts announced the recording of the meeting and other procedural aspects included in the meeting.

Call to Order

Select Board Roll Call: Carty-present, Kouchakdjian-present, Dretler-present, Russo-present, Roberts-present

Opening remarks by Chair Roberts

- Compensation for Public Safety employees is a priority; Town now in active negotiations
- Completion of Select Board Newsletter; recognized articles, especially Board Member Dretler's interview with the new Financial Director

Reports from Town Manager

- Legislation completed the State Budget with some increases in the local aid account which helps contribute to Town funds/adding to the May Town Budget
- Holbrook and Town Public Safety agreement has been completed; \$6 million grant to the Town (for related equipment, technology, infrastructure)

Vice-Chair Carty

- Read a statement from School Committee Member Bernard regarding aspects of interest in a July 24th memo, regarding possible Fall Town Meeting and her related guidance from him and other unsupported comments made

Board Member Russo

- Mentioned the unfavorable state of the Select Board in 2015 and cautioned that the present Board not take that approach to matters and poor board member relationships and bipartisanism

Board Member Kouchakdjian

- Hoped all were having a great summer

Board Member Dretler

- Progress made at the BFRT; noted that road crossings were not complete

Public Comments

Resident Len Simon, 40 Meadowbrook Circle, criticized the Select Board (specifically Select Board Member Roberts, Russo and Carty) for refusing to reappoint Mr. John Gossels to the Sudbury ZBA and presenting ZBA accusations/errors.

Resident Brett Herr, 66 Belcher Drive, stated he was part of the group advocating for additional funding for after-school care, adding there were additional needs that SED could not fulfill.

Resident and SED Executive Director, Mari Weldon, 15 Harness Lane, thanked Board Members who recently met with her. She recognized the limitations regarding an immediate child care solution; she addressed community investments and hoped that SED could continue providing such assistance.

Consent Calendar

- 1. Move to sign the determination that pursuant to Rule 1.7 of the Massachusetts Rules of Professional Conduct, that the Town of Sudbury consents to KP Law P.C representing the Towns of Wayland, Lincoln, and Weston with regard to the shared regional substance abuse prevention coordinator position, as disclosed in a letter dated July 24, 2024, notwithstanding that KP Law P.C. also serves as Town Counsel for the Town of Sudbury.**
- 2. Move to accept a grant from the Sudbury Foundation in the amount of \$15,641.80 solicited by the Park and Recreation Commission for the purpose of purchasing materials to protect the Fairbank Community Center gymnasium flooring during non-athletic events; and further to approve execution of contracts by the Town Manager solicited for such purpose relative thereto.**
- 3. Vote to sign the State Primary Election Warrant for 9/3/24 which must be posted by 8/23/24.**
- 4. Vote to appoint Election Officers for a one-year term, commencing August 15, 2023 and ending August 14, 2024, as recommended by the Democratic and Republican Town Committee Chairs and the Town Clerk.**
- 5. As the Licensing Authority for the Town of Sudbury, vote to approve a new Sunday Entertainment License for Bullfinchs, 730 Boston Post Road, as requested in an application dated July 18, 2024, subject to conditions put forth by the Building, Fire, Health and Police Departments.**
- 6. Vote to grant a special permit to Myke Farricker, Committee Co-Chair, to hold a "Ride to Defeat ALS" bike ride on Saturday, September 28, 2024, from 7:00 a.m. through approximately 3:00 p.m., subject to Police Department safety requirements, proof of insurance coverage and the assurance that any litter will be removed at the race's conclusion.**

Vice-Chair Carty motioned to approve Consent Calendar items 1, 2, 3, 5, and 6, as presented in this evening's Select Board packet. Board Member Russo seconded the motion.

It was on motion 5-0; Carty-aye, Kouchakdjian-aye, Russo-aye, Dretler-aye, Roberts-aye

VOTED: To approve Consent Calendar items 1, 2, 3, 5, and 6, as presented in this evening's Select Board packet.

Vice-Chair Carty motioned to approve Consent Calendar item 4, as presented in this evening's Select Board packet. Board Member Russo seconded the motion.

It was on motion 4-0-1; Carty-abstain, Kouchakdjian-aye, Russo-aye, Dretler-aye, Roberts-aye

VOTED: To approve Consent Calendar item 4

Public Hearing

Pursuant to General Bylaws, Chapter 68, Section 3, vote to hold a Public Hearing at the Select Board of meeting on July 30, 2024, 7:15 PM, for the purpose of determining whether a Fall Town Meeting should occur, and to publicize the same. Possible vote to hold a Fall Town Meeting at a date and time to be determined at a later date.

Vice-Chair Carty motioned to open the public hearing. Board Member Kouchakdjian seconded the motion.

It was on motion 5-0; Carty-aye, Kouchakdjian-aye, Russo-aye, Dretler-aye, Roberts-aye

VOTED: To open the public hearing to hold a Fall Town Meeting at a date and time to be determined at a later date.

Town Manager Sheehan confirmed the request for Fall Town Meeting was presented to all department heads and positive responses were not received. He added that such request was also included on the Town website.

Board Member Kouchakdjian recommended that going forward in the interest of transparency, various topics for inclusion should be presented to both Town school committees.

Vice-Chair Carty motioned to hold a Fall Town Meeting at a date and time to be determined at a later date. Board Member Russo seconded the motion.

It was on motion 5-0; Carty-no, Kouchakdjian-no, Russo-no, Dretler-no, Roberts-no

Motion failed.

Vote to close Public Hearing

Vice-Chair Carty motioned to close the Public Hearing. Board Member Russo seconded the motion.

It was on motion 5-0; Carty-aye, Kouchakdjian-aye, Russo-aye, Dretler-aye, Roberts-aye

VOTED: To close the Public Hearing

Miscellaneous**Update on ARPA spending**

Town Manager Sheehan provided update regarding ARPA funds; he noted that funds must be allocated by the end of 2024 and spent by 2026.

Chair Roberts recommended that the ARPA topic be included on each Select Board meeting agenda until the end of the year. Board Members concurred.

Discussion and vote to request ARPA funds for Dept of Public Works office building renovation

Present: Combined Facilities Director Sandra Duran

Ms. Duran referenced her recent memo to Town Manager Sheehan requesting the use of \$111,350 in ARPA funds to supplement Town Manager Capital Budget of \$125,000 for the added office space at the DPW office building. She explained the office space requirements for the Board of Health, the Conservation Department and the Facilities Department.

Vice-Chair Carty motioned to approve the \$111,350 of ARPA funds for Dept. of Public Works office building renovation. Board Member Russo seconded the motion.

It was on motion 5-0; Carty-aye, Kouchakdjian-aye, Russo-aye, Dretler-aye, Roberts-aye

VOTED: To approve the \$111,350 of ARPA funds for Dept. of Public Works building office renovation

Discussion of Town Manager's memorandum on after school care, consisting of conversations to date, initial conclusions, and constraints and challenges

Town Manager Sheehan reviewed the related memorandum regarding after school care. He stated that SED (Sudbury Extended Day) continues to work with the schools to improve child care, and the relationship between SED and the schools reflects a multi-generational relationship. Town Manager Sheehan noted that the waitlist had decreased by nearly half last year.

Town Manager Sheehan commented about challenges associated with securing/retaining child care employees, adding the other after-school child care businesses in Town were accepting more children. He stressed the challenges associated with transportation and lack of funding at the present time.

Board Member Dretler mentioned that the School Committee should assume the lead for after school care programming.

Board Member Kouchakdjian stated that child care programming has been a long-standing issue for Sudbury and recommended that a Town Manager working group be established in consideration that SPS does not have purview over the Fairbank Center.

Board Member Kouchakdjian motioned that the Select Board authorize Town Manager Sheehan to establish an after-school care working group. Board Member Dretler seconded the motion.

It was on motion 3-2; Dretler-aye, Russo-no, Carty-no, Kouchakdjian-aye, Roberts-no

The motion failed.

Chair Roberts stated that the topic would be discussed later.

Public disclosure of memoranda of agreement to collective bargaining agreements reached with the Sudbury Supervisory Association and Laborers International Union of North America, AFL-CIO (DPW Union); terms of both are available on the Town's website, under the Documents section of the Human Resources Department

Town Manager Sheehan confirmed that the Select Board had voted to approve both collective bargaining agreements and that record of that voting had been on the Town website for the past two weeks.

Review and possibly approve the minutes of 6/11/24

Vice-Chair Carty motion to approve the Select Board minutes of 6/11/24, as edited. Board Member Kouchakdjian seconded the motion.

It was on motion 5-0; Carty-aye, Kouchakdjian-aye, Russo-aye, Dretler-aye, Roberts-aye

VOTED: To approve the Select Board minutes of 6/11/24, as edited

Upcoming agenda items

- ARPA fund discussions be included as part of all meetings going forward
- Code of Conduct Policy discussion be included at an upcoming meeting
- After school child care program to be continued at upcoming meeting/s
- Remote meeting policy be included on future meeting
- Tercentenary markers be included in upcoming agenda

Chair Roberts reiterated that the ARPA topic would be included in all remaining calendar 2024 meetings.

Adjourn

Board Member Kouchakdjian motioned to adjourn the Select Board Meeting. Board Member Russo seconded the motion.

It was on motion 5-0; Carty-aye, Kouchakdjian-aye, Russo-aye, Dretler-aye, Roberts-aye

VOTED: To adjourn the Select Board meeting.

There being no further business, the meeting ended at 9:46 PM.

**SUDBURY SELECT BOARD**

Tuesday, September 10, 2024

MISCELLANEOUS (UNTIMED)**9: Upcoming agenda items****REQUESTOR SECTION**

Date of request:

Requested by: Patty Golden

Formal Title: Upcoming agenda items

Recommendations/Suggested Motion/Vote:

Background Information:

Financial impact expected:

Approximate agenda time requested:

Representative(s) expected to attend meeting:

Review:

Select Board Office	Pending
Town Manager's Office	Pending
Town Counsel	Pending
Select Board	Pending
Select Board	Pending

09/10/2024 7:00 PM

POTENTIAL UPCOMING AGENDA ITEMS/MEETINGS

MEETING/EVENT	DESCRIPTION
September 24	Sudbury 250 Committee Quarterly Update
	Energy & Sustainability Committee follow-up meeting
	Policy Subcommittee update (tentative)
November/December	Annual Tax Classification Hearing
	Annual License Renewals
Future items/date to be determined	Remote Meeting Policy
	Economic Development Goal update
	ARPA update (every meeting through Dec. 2024)
	ADA transition plan
	Town Manager goals
	Curtis Middle School civics projects
	Transportation update
	Potential ATM 2025 Warrant articles
	Housing Production Plan Update (check with Adam)
	Quarterly meeting and update with key Select Board formed committees including Transportation Committee, DEIC, Sudbury 250 Committee, RTAC, E&S Committee, Cable Advisor, Memorial Day Committee, September 11 Committee. Other SB appointed committees include PBC, Ponds and Waterways, Housing Trust, HDC, ZBA, Traffic Safety Coordinating Committee, Board of Registrars, CIAC, COD, Cultural Council, Earth Removal Board, LARC, LEPC.
	Code of Conduct Policy
	Historical Commission follow-up re: Tercentenary Markers – discuss in late fall/winter
	KPI policy discussion follow up
	MWRA Expansion Study
	Liaison status update on LS agreement
	Broadacres Property: next steps
	Bike shuttle program
	Pets in cemeteries
	Quarterly review of approved Executive Session Minutes for possible release (February, May, August and November).
	Solar Panels
	Work Session with Town Counsel: Select Board/Town Manager Code of Conduct and other procedural training - Policy Subcommittee
	Mass Central Rail Trail: update on hand-off of the Eversource transmission line project to DCR for construction of MCRT

Attachment9.a: Upcoming agenda.items 09.10.24 (6290 : Upcoming agenda items)

**SUDBURY SELECT BOARD**

Tuesday, September 10, 2024

EXECUTIVE SESSION**10: Executive Session discuss Collective Bargaining****REQUESTOR SECTION**

Date of request:

Requested by: Patty Golden

Formal Title: Vote to close Open Session and enter Executive Session to discuss strategy with respect to collective bargaining if an open meeting may have a detrimental effect on the bargaining position of the public body and the chair so declares, pursuant to General Laws chapter 30A, §21(a) (exception 3).

Recommendations/Suggested Motion/Vote: Vote to close Open Session and enter Executive Session to discuss strategy with respect to collective bargaining if an open meeting may have a detrimental effect on the bargaining position of the public body and the chair so declares, pursuant to General Laws chapter 30A, §21(a) (exception 3).

Background Information:

Financial impact expected:

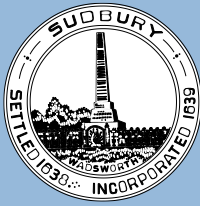
Approximate agenda time requested:

Representative(s) expected to attend meeting:

Review:

Select Board Office	Pending
Town Manager's Office	Pending
Town Counsel	Pending
Select Board	Pending
Select Board	Pending

09/10/2024 7:00 PM

**SUDBURY SELECT BOARD**

Tuesday, September 10, 2024

EXECUTIVE SESSION**11: Review/approve exec session minutes****REQUESTOR SECTION**

Date of request:

Requested by: Patty Golden

Formal Title: Continue executive session to review and approve executive session meeting minutes pursuant to G.L. c. 30A, § 21(a)(7) “[t]o comply with, or act under the authority of, any general or special law or federal grant-in-aid requirements” (“Purpose 7”), citing to the Open Meeting Law, G.L. c. 30A, §§ 22(f), (g).

Recommendations/Suggested Motion/Vote: Continue executive session to review and approve executive session meeting minutes pursuant to G.L. c. 30A, § 21(a)(7) “[t]o comply with, or act under the authority of, any general or special law or federal grant-in-aid requirements” (“Purpose 7”), citing to the Open Meeting Law, G.L. c. 30A, §§ 22(f), (g).

Background Information:

attached drafts - 4/30/24, 5/14/24, 5/28/24, 6/11/24 (2 sessions), 7/16/24

Financial impact expected:

Approximate agenda time requested:

Representative(s) expected to attend meeting:

Review:

Select Board Office	Pending
Town Manager's Office	Pending
Town Counsel	Pending
Select Board	Pending
Select Board	Pending

09/10/2024 7:00 PM

**SUDBURY SELECT BOARD**

Tuesday, September 10, 2024

EXECUTIVE SESSION**12: Close Executive Session and not resume Open Session****REQUESTOR SECTION**

Date of request:

Requested by: Patty Golden

Formal Title: Vote to Close Executive Session and not resume Open Session.

Recommendations/Suggested Motion/Vote: Vote to Close Executive Session and not resume Open Session.

Background Information:

Financial impact expected:

Approximate agenda time requested:

Representative(s) expected to attend meeting:

Review:

Select Board Office Pending

Town Manager's Office Pending

Town Counsel Pending

Select Board Pending

Select Board Pending

09/10/2024 7:00 PM