Sudbury Board of Health Virtual Meeting Minutes
Wednesday June 10, 2026

Attendees: Carol Bradford – BoH Chair, Linda Huet-Clayton - BoH Member, Susan Sama-BoH Member, Vivian Zeng-Health Director, Mike Funaiole-Asst Health Director, Katie Betts-Public Health Nurse, Nina Lurie-Social Worker, Kirstin Wilcox-Social Worker, Shaun Jeffery-Health Inspector, Tristan Kendal-Sudbury Farms, Karen Ryan-Sudbury Farms, Rob Cox-Sudbury Farms and Artie Kroese-Sudbury Farms

5:00 PM - Open Meeting Law-Carol Bradford

5:01 PM – Public Comment - None

Sudbury Farms Renovation Presented by Roche Brothers Staff:

Tristan Kendall VP of Marketing: Kicked off presentation with summary of the overall renovation.

Karen Ryan Safety Executive: Partnered with Shaun and Vivian each step of the way to ensure safety standards and compliance to food and Health codes. Karen's department developed and implemented plans with full transparency while keeping the store open and operating.

Rob Cox Director of Facilities and Capital Improvements: Rob oversaw the installation of the eco friendly refrigeration and freezer units. These new cooling units are state of the art equipment making Sudbury Farms a model store for other Roche Bros. future projects.

Artie Kroese VP of Operations: Artie thanked the Sudbury Board of Health and the Health Department for their cooperation and collaboration in helping to get the store to this point. He is very proud of the finished product and is excited for the Grand Opening scheduled for June 13th and 14th.

The Board thanked the Roche Brothers executives for listening to their input. The renovation has created an atmosphere where residents will be happy to shop and continue supporting Sudbury Farms.

Kayleigh Watson - Shared Services Update:

Intro: Kayleigh introduced herself as the new Shared Services Coordinator and Regional Epidemiologist.

ORLH: Office of Regional and Local Health has tasked each regional grant with a choice of objectives to explore. Kayleigh attended an in person meeting along with several directors who are part of the PHE grant where questions were raised about the direction of the regional grants and local Boards of Health. Is it the intention of ORLH to phase out municipal Boards of Health? Susan Sama expressed concerns about how this would prove to be less effective for the townships in accomplishing day to day objectives. Linda Huet-Clayton intoned that important health related issues would take longer to address when local health officials are not utilized or when the grant has to prioritize issues that arise in the region. It was agreed that there are regions in the state that would benefit from this model, but the 7 communities participating in the Great Meadows grant would not thrive using this approach.

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Kayleigh Watson - Shared Services Update Cont.:

Project: Vector Born Diseases: Kayleigh has started a project where she is bringing in experts to spearhead events that will bring awareness to the public about tick and mosquito borne illnesses. The objective is to educate the public about prevention and recognizing symptoms. She is currently collaborating with the Goodnow Library in setting up events and will expand to other venues in the region.

Katie Betts – Public Health Nurse Update:

Infections: Enterovirus and Respiratory infections are at a 2026 low.

Tick Borne Illnesses are scaling up. 4 suspected cases of Lyme disease, 1 case of Anaplasmosis, 1 probable case of Borrelia Miyamotoi. The public is urged to use preventative measures. Use deet, cover up when in the woods or outdoors, make sure to check yourself, children and pets for ticks after being outside and remove all standing water from your property. Know the symptoms of tick-borne illnesses and consult a health professional if you suspect you may have been bitten by a tick, or are sick.

Camp Inspections: Are ongoing. 14 camps have applied thru the Sudbury Health Dept. this season.

Emergency Preparedness: Katie is partnering with Tim Choate (Sudbury Fire Chief) in presenting Emergency Preparedness to the more vulnerable population in Sudbury. Two meetings have been held and another meeting is planned for Masketaqhuid. Katie also attended a training for public professionals with focus on effectively preparing for emergencies, acquiring resources and training the public.

Nina Lurie and Kirstin Wilcox – Social Worker Update:

Farmer's Market: Was a huge success. Outreach to Sudbury residents was effective. 69 coupon books were given out.

Pride Event: to take place at the Curtis Middle School on Saturday June 15th. The Social Workers will have a table at the event.

Metro West Regional Transit Presentations: Will be held at the Coolidge, Longfellow and Masketahquid. This event is intended to make residents aware of the services and benefits offered by this organization and how best utilize them.

Residents Struggling with inflation: Requests for assistance has increased and continues to rise. Most frequently asked for are, housing, evictions, food, transportation and utilities.

May Mental Health Month: Has wrapped up and the Social Workers have received positive feedback. There were several events that were well attended.

Sound Bath: Was an event held at the Goodnow Library and attracted a diverse crowd. Also receiving positive feedback.

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Nina Lurie and Kirstin Wilcox – Social Worker Update Cont.:

Relax and Reset: For teens. Held at the Goodnow Library. Well attended event.

Kids Yoga: Nine 5-year-old children attended the event and it was well received.

Camp Scholarship Grant: Scholarship applications have been vetted and the Social Worker Office is working with Sewataro on placement(s) in their 2-week camp sessions.

Grant Nourish and Connect: A $28,000.00 grant that has been approved. It will promote food security by assisting residents to apply for SNAP and educating them on healthful foods. Events will be held at the Coolidge, Longfellow and Masketahquid.

Shaun Jeffery – Health Inspector Update:

Pool Inspections: will be completed this week.

Housing Training: Shaun has worked with state trainers and the Regional Grant Contractor, Susan Rask, to get up to date with state mandates when dealing with housing issues.

Julianna's Catering: An inspection turned up many concerns with the facility. The Health Dept. is actively working with the owner, Nick Chunis in getting his business compliant with state and federal food and safety codes.

Sudbury Farms: Ongoing inspections are coming to an end as they prepare for their grand opening.

Food Inspections: Are near completion for the 2026 Fiscal Year. Schools, day care and Long-Term Care facilities are almost concluded.

Soil Tests and Septic Repairs are ongoing.

Mike Funaiole – Assistant Health Director Update:

Shaw's Plaza Update: Soil Test Concluded. Septic repair application and engineered plan has been submitted. Mike will review the plan and either approve or require revisions. Base on what was witnessed at the soil test, this will be a big project. It is estimated that between 11 to 13 feet of fill will need to be removed.

694 Boston Post Rd: A qualified septic installer applied for a license for the installation on this job. All required permits have been pulled. Repairs on the septic are not scheduled to start until the building has been completed. We will be collaborating with the Building Dept. on this project.

Food: Inspections are ongoing. The goal is to complete all required inspections by the end of FY26. Mike and Shaun are on target. Ramen Haven had it's soft opening on Memorial Day weekend. Julianna's Catering turned up multiple issues (including site safety issues) upon inspection. Shaun and Mike are working with the owner on compliance.

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Mike Funaiole – Assistant Health Director Update Cont.:

Pools: One pool remains to be inspected. This week should wrap up the 2026 pool season for inspections.

Septic Grant Option: Mike will investigate the opportunity to obtain a grant that will offer low or no interest loans for septic repairs to homeowners of low-income households.

Swearing In: Last month, Mike was officially sworn in, at the Town Clerk's Office, as the Assistant Health Director and Health Agent.

Vivian Zeng – Health Director Update:

Thank You to Health Staff: The Health Staff has been working nights and weekends at events in and around Sudbury. Vivian would like to thank her staff for attending these events and having a Health Dept. presence at them.

Digital Well Being Event: reducing time on electronics and social media. Promoting Phone free areas and phone free times. Event is at the Goodnow Library tonight.

Reconnect Sudbury Movement: Started by Sudbury Moms tackling social media issues and the effects on children.

Food Inspections and Pool Inspections are wrapping up by the end of the month.

Camp Sewataro: Walk thru is complete. Pool Inspections and Beach Inspection are done. Katie will do medical inspection camp compliance this month.

East Middlesex Mosquito Control: Paid a visit to Sudbury and found that drought conditions will most likely reduce the risk of EEE (Eastern Equine Encephalitis) and WNV (West Nile Virus). These are mosquito borne illnesses. Mosquito samples from mosquito traps will be pulled weekly starting June 15th. The state will post sample test results weekly.

VOTE: Carol Bradford motioned to approve April 8th Board of Health Meeting Minutes as edited. Linda Huet-Clayton seconded the motion. Motion passed 3-0-0.

VOTE: Carol Bradford motioned to approve May 13th Board of Health Meeting Minutes as edited. Susan Sama seconded the motion. Motion passed 3-0-0.

Meeting adjourned at 6:12 PM.