Sudbury Board of Health Virtual Meeting
Wednesday, July 8, 2026

Attendees: Carol Bradford – Board Chair, Linda Huet-Clayton – Board Member, Susan Sama – Board Member, Vivian Zeng - Health Director, Mike Funaiole – Asst Health Director, Katie Betts – Public Health Nurse, Nina Lurie – Social Worker, Kirstin Wilcox – Social Worker, Olivia Dufour – Regional Substance Use Prevention Coordinator

5:00 Open Meeting Law-Carol Bradford

5:01 Public Comment – None

Olivia Dufour – Regional Substance Use Prevention Coordinator Update:

Opioid Abatement Assessment Survey: The purpose of the survey is to analyze the data (based on survey responses) and determine where opioid funds from the participating communities (Sudbury, Wayland, Concord, Carlisle, Bedford, Weston and Lincoln) would best be spent. 1012 surveys were completed.

Focus Group: Comprised of a diverse group of people who were brought together in order to gather additional information to add to the survey.

Results: Olivia and Kayleigh Watson (intern) compiled the survey data and focus group data and created charts in order to determine what areas to focus on next and how to approach coordinating these efforts. One of the charts was a collage where the more times a key word was used in the focus group, the larger the word in the collage. Another chart showed those who took the survey could be grouped into categories of those who are users, those in recovery and those who are impacted by family members or loved ones. Yet another chart detailed those who believed funds should go to Prevention Education, Harm Reduction or Therapy. Weaknesses in the current opioid assistance system were identified. The most common complaints with those seeking recovery found obstacles in accessing resources and navigating through insurance paperwork on a timely basis, leaving those most afflicted in a state of limbo.

Next Steps: SAFE (Supplies, Access, Facilitation and Education) is a Regional Task Force comprised of representatives from each community. The task force will determine which initial programs to fund and evaluate the efficacy of the programs to initiate changes or to discontinue those programs that are not impactful. This task force will evolve and must remain flexible as priorities shift.

Katie Betts – Public Health Nurse Update:

Infectious Diseases: Confirmed cases of Lyme Disease have doubled in the past month. One suspect case of Alpha-Gal (Lone star tick) has been reported. Symptoms are an allergic reaction to eating meat and dairy products. One suspect case of Varicella (Chicken Pox) most people are vaccinated so there is little threat of spread.

Blood Pressure Clinics: Continue at the Senior Center weekly. The Health Dept. holds blood pressure clinics at the Coolidge monthly.

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Katie Betts – Public Health Nurse Update Cont.:

Emergency Prep: Katie has been working in collaboration with Tim Choate (Sudbury Fire Chief) to conduct emergency prep presentations to the more vulnerable Sudbury residents. The purpose of these presentations is to make the public aware of what to do in the event of power outages, where cooling centers are in the community and a general overview of what to do in an emergency situations. The next presentation is scheduled for July 21st at Musketaquid.

Camps: There are some camps that will open only in August. Those inspections are yet to be conducted. Because of the many days this summer where there has been extreme heat, Katie has been in contact with the camps warning them about heat stroke and heat exhaustion and helping with keeping the campers and counselors safe.

Nina Lurie – Health Social Worker Update:

Pride Event: was held in June at the Curtis Middle School. Many younger people attended the event.

Nourishment Grant: Through the Metro West Foundation. The Social Worker office is currently planning events that will educate residents about proper nourishment.

Police Dept. and Social Workers: Have formed a collaboration, where the police are connecting those in need with the Health Social Workers.

Internship: An intern will start at the end of August. They will be paid a stipend through the Metro West Foundation.

Kirstin Wilcox – Health Social Worker Update:

Gift Cards: There continues to be a need for gift cards to purchase groceries, personal care items and gas.

Events: Adult Yoga – held at the Goodnow Library. Teen event with goats held at the Goodnow Library.

Library Hours: Kirstin will be holding office hours each week for Sudbury residents at Goodnow library.

Food Pantry: John Thomas Food Pantry Executive Director contacted the Health Department to discuss the temporary closing of the food pantry for renovations and how budget cuts are impacting the stocking and distribution of food. He has been connecting with those using the pantry and educating them on getting the most out value of their groceries.

Mike Funaiole – Asst Health Director Update:

Food Inspections: All inspections are complete for FY26 with the exception of mobile food establishments. Mike has been dealing with complaints about the placement of rodent boxes on food shelves of a Sudbury grocery store. While addressing this complaint, Mike found that the kick plates in each isle, were either not present or needed to be replaced. He spoke with management and they are currently correcting the problem.

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Mike Funaiole – Asst Health Director Update Cont.:

Battery Storage Station will be constructed behind 435 Boston Post Rd. The Pros and Cons of these stations are not well known. Linda Huet Clayton expressed concern for where this station is positioned - being very close to wetlands. Vivian Zeng agreed that the town will need to address any health concerns and is considering drafting by-laws that will limit the construction and use of these stations. Setbacks from wetlands, wells and homes are also a concern because of the potential of fire hazards. When these stations combust it is difficult to extinguish the fire. Toxins are then released as run off. Once the station runs through their life cycle, how are they dismantled and decommissioned? Permitting for these stations currently go through Zoning, however Tim Choate (Sudbury Fire Chief) is taking the lead on this because of the threat of public safety. Susan Sama agrees that by-laws need to be established from a public safety standpoint.

Vivian Zeng – Health Director Update:

Tick & Mosquito Presentation: Was coordinated by Kayleigh Watson at the Goodnow Library on July 14th. She partnered with an entomologist from Carlisle. Next week is bug week. There is an uptick in vector borne diseases.

State Grant: Awarded to 10 Massachusetts municipalities. Sudbury was fortunate to get the grant. This grant will support the purchase of tents, hydration stations, cooling stations, warming shelters and events like the FIFA watch parties on July 18th and July 19th at the Fairbank Community Center.

Share Services Grant Update: Nursing Position - An offer letter has been issued. FY26 has been finalized. MAPC – Vendor contracted to assess needs of the communities and how the Shared Services Grant aids them. The needs assessments will help in placing regional grants throughout the state. It will also assist in enhancing the model by identifying challenges and what areas of the grant can be improved upon.

Sewataro Oversight Committee: The Health Department has a regulatory responsibility because of inspections and permitting of the Camp, the pools and the stable on Sewataro's grounds. The Health Department has the most interaction with Sewataro than any other municipal department. It would stand to reason that the Oversight Committee would interface with the Health Department.

Food Safety: FY26 Food Inspections of Sudbury Food Establishments are complete.

Pools: Initial inspections are complete and all pools are permitted.

Mosquitos: No risk levels have been reported for the town of Sudbury.

VOTE: Susan Sama motioned to approve June 10th 2026, BoH Meeting Minutes, as edited. Linda Huet-Clayton seconded the motion. Motion passed 3-0-0.

Meeting adjourned at 6:10 PM.