

Sudbury Board of Health

Virtual Meeting January 14, 2026

Attendees: Carol Bradford-BoH Chair, Linda Huet-Clayton-BoH Member, Susan Sama-BoH Member, Vivian Zeng-Health Director, Katie Betts-Public Health Nurse, Nina Lurie-Social Worker, Kirstin Wilcox-Social Worker, Beth Porter-Health Coordinator, Kay Bell- COA Liason

5:00-Carol Bradford Open Meeting Law

501-Public Comment None

Katie Betts- Public Health Nurse Update:

Flu: 59 confirmed cases. There have been 4 pediatric fatalities in Massachusetts. The flu vaccine this season does not sufficiently cover strain B, but being vaccinated makes symptoms less severe. It is recommended that residents take steps to prevent contracting and spreading the flu. Get vaccinated, wash your hands, avoid those who are sick, stay home if you are sick, clean high touch surfaces.

Shiga Toxin E Coli: 1 case was contracted out of state. This is caused by eating undercooked meats or poorly processed meats.

New Vaccination Schedule to be released by CDC: This schedule will follow Denmark's Vaccination schedule. Instead of current recommended 18 vaccinations the US Vaccination schedule will cover 11 diseases. These changes are not evidence based.

Sudbury Flu Clinics: are concluded.

Sudbury Health Fair: Is scheduled for Thursday April 9th from 10:00 AM to 2:00 PM at the Fairbank Community Center. Planning, finding vendors and ironing out logistics will be ongoing right up to the week of the fair.

Kirstin Wilcox-Social Worker Update:

Coat Drive: 120 coats were collected and distributed to Sudbury Residents.

Holiday Programs: There were several town agencies who sponsored holiday gift drives. St. Elizabeth's, The Goddard School and Hope Sudbury all helped Sudbury Families this holiday season.

Domestic Violence and Gifts of Hope Unlimited: Meeting was held focusing on offering support to Sudbury residents.

Nina Lurie-Social Worker Update:

Gift Card Donations: were donated for the holidays from the Presbyterian Church and Sudbury Villagers.

Sudbury Boy Scouts: Donated Christmas Tree Vouchers

In Person visits: Nina Lurie visited numerous Sudbury Residents in their homes.

Rent Assistance: Sudbury residents were seeking resources to help with rent payments.

Transportation Committee: Met this month

Sudbury Board of Health

Virtual Meeting January 14, 2026

Nina Lurie-Social Worker Update Continued:

Emerson Grant: Was accepted and approved by Emerson Hospital. The select board will vote to accept the grant on behalf of the Town. The funds will be used to help underserved families allow their children to attend after school programs.

Police Referrals: were processed for residents.

Vivian Zeng-Health Director Update:

Jamie Eldridge and Carmine Gentile: will hold a meeting on February 3rd at the Sudbury Meeting House Parish Hall to discuss adapting to the loss of Federal Funding.

Ms. Zeng Discussed the Health and Community Services Model: Ms. Zeng has been appointed to oversee several departments, including Park & Recreation, Veterans' Services, Health Dept. and Education Collaboration and Prevention. Each Department is aligned and moving in the right direction. Susan Sama thanked Vivian for having the vision for incorporating these departments under one centralized leadership.

Hiring Assistant Health Director: Ms. Zeng has been working with Human Resources to post the position and applications have been coming in. Linda Huet-Clayton asked if the priority was to hire someone who is knowledgeable in septic. Susan Sama agreed that it was important to hire someone proficient in Septic.

FDA Grant: Application for 2026-2027 has been submitted. Organization out of North Carolina provides a great opportunity for mentorships.

PHE Grant: Attended a meeting this month with the State. The fate of the Grant funding is unknown at this point.

Atkinson Pool: There continues to be smaller issues with the pool. It remains open. The pool is being serviced weekly. The Aquatics Team staff are enrolled in training. Pool closings have created a series of turnovers for pool instructors. The Aquatics team is currently looking for trained instructors.

Senior Center Kitchen: The last major appliance has been installed and is working. The Kitchen should be permitted by the end of the month.

Sudbury Farms: Renovations are ongoing. Floral Dept. has moved to where the bank was. State of the art Freezer and refrigerator units are being installed.

Housing Complaints: are coming in from various tenants. We have been encountering the same issues at different locations. Infestations and mold.

Substance Use Coordinator: Will present data that was collected from a survey at the next board of health meeting. The data will represent how the public feels the Opioid funds should be dispersed.

Tobacco Update: Presented by Pari Thillaigovindan of the MetroWest Tobacco Coalition at the February Board of Health Meeting,

Sudbury Board of Health

Virtual Meeting January 14, 2026

Kay Bell: Is the Council on Aging liaison to the Board of Health. She congratulated Vivian on her promotion and praised Vivian's vision of where Sudbury's public health is heading.

VOTE: Susan Sama motioned to approve December 10th Board of Health Meeting minutes as edited. Carol Bradford seconded the motion. Motion passed 2-0-0.

Meeting adjourned at 5:45 PM