

# **Sudbury Board of Health Meeting**

## **December 10, 2025**

**Attendees:** Carol Bradford – BoH Chair, Susan Sama – BoH Member, Vivian Zeng – Health Director, Katie Betts – Public Health Nurse, Nina Lurie – Health Soc. Worker., Kirstin Wilcox – Health Soc. Worker, Shaun Jeffery, Health Inspector, Beth Porter Health Coordinator, Mike DiModica – Resident, Kay Bell – Resident

**5:00 pm:** Carol Bradford reads Open Meeting Law

**5:01 pm:** Public Comment – None

### **Katie Betts: Public Health Nurse Update:**

**One Case of Chikungunya virus.** A mosquito-borne illness causing fever, severe joint pain, headache, rash and fatigue. The case was contracted from outside of the US.

**Campylobacter:** Caused from contaminated water or food. Most vulnerable demographic are the young and elderly.

**Norovirus:** reported cases have increased. Symptoms are Nausea, vomiting and diarrhea. Wash hands and clean all surfaces. Hand sanitizers do not kill norovirus germs.

**CDC updates Vaccine Schedule for Children:** ACIP (Advisory Committee on Immunization Practices) has historically worked in conjunction with the CDC when putting together vaccination guidelines. As the CDC and ACIP have pulled back on mandating certain Pediatric vaccines, the AAP (American Academy of Pediatrics) are denouncing the new vaccination guidelines and urging parents to continue to follow the 2024 guidelines. Governor Healy has also denounced the CDC updates and has overridden the new CDC schedule for Massachusetts residents.

**Final Flu Clinic:** Will be held on December 11<sup>th</sup> at Cavicchio Greenhouses. Katie Betts will continue to vaccinate residents and employees in the Health office until supplies are depleted.

### **Nina Lurie – Social Worker Update:**

**Residents With Basic Needs:** Nina has been in direct contact with many residents who are in need of food, goods and necessities. She has referred them to the food and care pantries and provided gift cards.

**Health Forum:** Was held with the League of Women Voters on November 20<sup>th</sup>. Dr Jernigan from the Boston University School of Public Health was a guest speaker focusing on how alcohol, cannabis impact the Health of young people. The event was a success.

**Rachel Markowitz** – Social Work Intern has been working independently and accomplishing quite a bit.

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### **Kirstin Wilcox – Social Worker Update:**

**Coat Drive:** Kirstin worked with the Memorial Congregation Church in Sudbury to collect Coats and set up distribution dates. The Drive has been successful so far. Many residents are taking advantage of the opportunity to obtain warm winter gear. Thank you to the residents who have generously winter coats and accessories.

**Chabad Center:** has coordinated an effort to work with Sudbury Stakeholders to help Sudbury residents with Holiday needs.

**MHOA (Mass Health Officers Assn):** Kirstin recently attended the 2025 annual conference.

**Sudbury Chamber of Commerce:** Kirstin is working with the Chamber of Commerce and Sudbury businesses to sponsor programs.

### **Shaun Jeffery - Sudbury Health Inspector/Agent Update:**

**Septic Inspections/Soil Tests:** are ongoing. 58 Massasoit had 2 failed inspections with several corrections required.

**Food Inspections:** Shaun has been focusing on Day Care Facilities and Long-Term Care facilities. He has been scheduling inspections daily to reach the end of year state inspection requirement(s). High risk food establishments require longer inspections. Shaun has worked with the state Food Inspection Trainor to inspect Ooishi Too. Sushi is a high-risk category. Shaw's has had several re-inspections. Shaun has been bringing Kaleigh Watson, the Health Intern, on larger food establishment inspections.

**Shaun's First anniversary** with the Health Department will be later this month.

### **Vivian Zeng – Health Director Update:**

**FDA Food Safety Overview:** On December 2<sup>nd</sup> Vivian Zeng held a Food Safety Overview for the Sudbury Food Establishments and any other stakeholders interested in attending. The event was held at the Fairbank Community Center. This event was a requirement to retain and continue receiving FDA grant money.

**Grant/Program Reporting:** FDA Grant, Public Health Excellence Grant and the Opioid Substance Use Regional Program are scheduled to turn mandatory Expenditure(s) and Activity reports to state at the end of this month.

**Atkinson Pool:** The pool Opened on December 1<sup>st</sup>. The Park and Recreation Aquatic team is being trained. The Pool's filter room is near completion. Vivian will continue to meet regularly with the Atkinson Pool team to work on completing outstanding issues.

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### **Vivian Zeng – Health Inspector Update Continued:**

**Fairbank Community Center Kitchen:** The Council on Aging staff continues to work on outstanding issues. Final inspections are expected in the near future.

**Formosa Market:** Opening has been delayed due to owners changing the building plans. Owners have updated building plans to include food prep areas which changes Health Department approvals and permitting. The Health Director will continue to work with Formosa and the Building Department to wrap up this project.

**Sudbury Farms Update:** Produce cooler is almost ready to go online. Ceiling tiles and lighting are almost fully installed. Construction is ongoing.

**Housing:** Longfellow Glen experienced a turnover of several apartments in October and November. Renting out units to new residents has created a heavier than normal influx of housing complaints. The Health Department continues to be in direct contact with the office at Longfellow Glen and upper management at Wingate to rectify all issues.

**Soil Testing:** Conducting soil tests for the months of January, February and March will be left to the discretion of the Health Department. This is due to the cold weather creating a hard frost making excavating the soil difficult.

**VOTE:** Susan Sama motioned to grant the Health Department the authority to Cancel or restrict soil testing due to inclement weather or hard frost, with the Exception of emergency situations. Carol Bradford seconded the motion. Motion passed 2-0-0.

Mike DiModica thanked Vivian and the Board of Health for taking his comments into consideration when voting on soil testing during the winter months.

**VOTE:** Susan Sama motioned to approve Board of Health Meeting Minutes from November 19<sup>th</sup> as edited. Carol Bradford seconded the motion. Motion passed 2-0-0.

**Meeting adjourned at 5:30 pm.**