

# Sudbury Board of Health Virtual Meeting

## September 23<sup>rd</sup>, 2025

Attendees: Carol Bradford-BoH Chair, Linda Huet-Clayton-BoH Member, Susan Sama-BoH Member, Vivian Zeng-Health Director, Katie Betts-Public Health Nurse, Kristin Wilcox-Social Worker, Beth Porter-Health Admin, Rachel Markowitz-Social Work Intern, Kaleigh Watson-Health Social Worker, Kay Bell-COA, Giovanni Fodera, Toni Esposito, Pio Lombardo, Cliff MCG, George, GG Bolands Skype

**5:00 PM: Open Meeting Law read by Carol Bradford.**

**Public Comment 5:01 PM: None**

### **11 Massasoit Rd. Request for a Septic Variance:**

Gerald Buzenowski asked the board for a variance for a pump chamber for the septic system at 11 Massasoit Ave. The ground water on the lot was very high and the system would need to be installed 2" above the lot's elevation. An impervious barrier on three sides of the system would be required.

The Board decided that one of the conditions of allowing a variance on this particular septic system at 11 Massasoit would mean that an establish, licensed septic installer would need to install the system. Oversight would be required throughout the project. The contractor agreed.

VOTE: Carol Bradford motioned to approve the variance of the septic installation with the requirement that the contractors use an established, licensed septic installer. Susan Sama seconded the motion. Motion passed 3-0-0.

### **423 Boston Post Rd. Sudbury Crossing Innovative Alternative Retro fitted Septic Variance:**

Pio Lombardo – is the Engineer who designed the Innovative Alternative (IA) Nitrix portion of the septic system at Sudbury Crossing. The Nitrix System was retrofitted with the existing Soil Absorption System (SAS) in order to increase GPD capacity and assist in denitrifying the effluent. The newer portion of the system was installed in 2022-2023. Sudbury Crossing is surrounded by wetlands and is over one of the Sudbury Town Wells.

Pio is seeking a variance to increase the Gallons Per Day (GPD) capacity of the system from 9,600 to 9,990. This will allow the businesses that are currently hooked into the system and any new businesses to operate un-encumbered.

The system continues to be closely monitored due to the location (over town water source), the constraints and limitations of the parcel (surrounded by wetlands) and the new technology that is being used. This ensures that nitrogen levels remain in compliance.

The Board asked how the increase of 390 gallons per day would make an impact in the overall capacity of the system? Mr Lombardo noted that the system is designed to handle the additional GPD. Linda Huet-Clayton and Susan Sama voiced concerns that the storefronts in the plaza have not reached 100% occupancy. Mr. Lombardo assured the Board that the system is functioning at an optimal rate and that it is currently designed to handle a higher GPD than it is processing.

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**VOTE:** Susan Sama motioned to allow the variance of increasing the GPD flow from 9,600 to 9,990 gallons per day contingent on continued testing and oversight of the system. Linda Huet-Clayton seconded the motion. Motion passed 3-0-0.

### **35 Willis Rd: Request Variance for Pump Disbursement System.**

Giovanni Fodera explained that due to the High Ground Water on the lot located at 35 Willis Rd. that the septic needed revisions that would require a pump system.

The board had concerns over several incidences that had taken place during deep hole testing and perc testing earlier this summer. There were multiple OSHA violations, on several occasions, a lack of knowledge, no communication and no sense of urgency in correcting these issues. Susan Sama wanted assurances that the breaches would cease and wanted to know their approach to mitigating these violations moving forward. Mr. Fodera told the Board that there would be oversight during construction and that a qualified Sudbury licensed installer would be hired for the job.

The Board required that Giovanni be present during major steps of installation. If the contractor and Giovanni's schedules do not synch, the installer will need to reschedule dates to coincide with Giovanni's availability. The Board determined that any future violations would mean the halting of installation and another hearing would need to be scheduled. Findings at the hearing would determine if and when work would continue.

**VOTE:** Susan Sama motioned to allow the installation of a pump chamber at 35 Willis Rd. Giovanni Fodera needs to be present at all scheduled inspections. A licensed Sudbury installer will be hired for the installation. Any future violations will require a Board of Health Hearing. Motion passed 3-0-0.

### **Katie Betts: Public Health Nurse Update:**

Food Borne Illnesses: One out of country case reported. Reminder of what to watch for in terms of symptoms and to see your Doctor for diagnosis and treatment.

Tick Borne Illness: Black legged deer tick bite. Onset of symptoms can range from 3 days to 6 weeks. Symptoms include fever, chills, muscle aches, headache, fatigue and weakness. Protect yourself by covering up, avoiding wooded areas, wear repellent or clothing with repellents. Check your pets when going indoors.

COVID Vaccine: The state of Massachusetts has made the COVID vaccine available for adults. Pediatric vaccine will be available in October. ACIP Advisory Committee on Immunization Practices usually makes recommendations to the CDC, for pediatric COVID vaccine. Once passed pediatricians will have vaccine available for children.

Respiratory Season: is approaching. ER's and Urgent Care facilities will start to see an uptick in COVID, RSV and Flu. It is recommended that you get vaccinated. Take the normal precautions.

Flu Clinics: Are ongoing. Sign up for vaccinations.

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### **Kirstin Wilcox: Social Worker Update:**

Hope Sudbury Applications: Continue to come in.

Back Pack Drive: Both the Goddard School and Hope Sudbury conducted back pack drives.

New Transportation Roll out September 1, 2025. There have been some cuts to the program so Uber and taxi services have been scaled back

Referrals: St Vincent DePaul, residents asking for household goods, Sudbury Youth Sports

Housing Inspections: Worked with Shaun Jeffery with Longfellow Glen Inspections and Re-inspections

Opioid Awareness Event: Was a success. Olivia Dufour was the driver of the event and did a large percentage of the work.

Social Worker Intern: Rachel Markowitz has started work with the Social Worker Office. Nina did a lot of work onboarding Rachel and creating a work plan for new interns.

### **Vivian Zeng: Health Director Update:**

Opioid Event was a success and is gaining momentum

Flu Clinics: Katie is holding Senior Flu Clinic Wed September 24 and Town Wide Flu Clinic Saturday October 4<sup>th</sup>.

Transportation Committee: Nina continues to come up with solutions to mitigate cuts in transportation funding.

Interns: Rachel Markowitz – social worker intern from Boston College and Kaleigh Watson Health Department Intern from UMASS Lowell

MetroWest Foundation: The Funds obtained thru this grant allows the Sudbury Health Department to pay the interns a small stipend.

Opioid Financial Reporting due November.

PHE Financial Reporting first trimester due November.

Metric: A state Inspection Reporting Program was being developed thru a state funded contractor. The purpose of Metric was to standardize inspections, reporting and other functions for all municipalities across the state. State Funding for this program has been cut by more than half. These cuts will also impact the PHE grant in June of 2027, unless funding is found. Susan Sama asked what stage of development the Metric automated reporting is in. Vivian said it's unclear how close the project is to implementation but that the state is looking to move the coding portion of this project in house.

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Atkinson Pool: the most recent inspections have revealed the source of the leaks. The leaks are at the skimmer line. They are repairing some of the pool tiles. The pool filter room has been redesigned and has all modern safety components to keep the pool running at an optimal state.

The Hut (Formally Debby's Drive Thru) is now open. The new sign is under plan review. The new owner will be using paper cups to make egg sandwiches. The same owner opened a residential kitchen this month and will be selling the baked goods from the residential kitchen at the Hut.

Adult Day Cares: Rising Sun Opened this month at 490 Boston Post Rd with 99 seats. Another adult day care on 142 North Rd. is still in the planning stages of opening. Due to septic limitations only 70 seats will be available.

Pinspiration: located at Sudbury Crossing opened this week

Sudbury Farms: is making progress with their renovations

Wayside Inn: has been holding multiple events where food trucks are coming in for inspections.

Noise Complaints: at 33 Union Ave. Pure Encapsulations has an external air conditioner unit that the residents of Bay Rd are complaining about. The state provided the Sudbury Health Dept. with a Sound Meter and there were no violations. The Health Director will work with Pure Encapsulations to come up with a more permanent solution.

Mosquito Control: WNV was found in a human case in an adjacent town raising Sudbury's risk level to moderate. No additional safety protocol was recommended.

VOTE: Carol Bradford motioned to adjourn meeting at 7:00 PM Linda Huet-Clayton seconded the motion. Motion passed 3-0-0.

Meeting adjourned at 7:00 PM