

Board of Health Virtual Hearing/Meeting Minutes

October 24, 2024 11:00 AM

Attendees: Carol Bradford-BoH Chair, Linda Huet-Clayton-BoH Member, Susan Sama BoH Member, Vivian Zeng-Health Director, Public Health Nurse-Katie Betts, Social Worker-Nina Lurie, Social Worker-Kirstin Wilcox, Health Coordinator-Beth Porter, COA Liaison-Kay Bell, Select Board Liaisons-Lisa Kouchakdjian & Janie Dretler, Roche Bros Chief Operating Officer-Roger Boles, Roche Bros Facilities Director-Rob Cox, Roche Bros Food Safety Compliance Mgr-Caryn Ryan

11:01 Open Meeting Law

11:02 Public Comment: None

Roche Bros/Sudbury Farms: Roger Boles Presents Action Plan for Pest Control:

Highlights of Action Plan: Container in rear of store, (which has proven to attract pests) has settled and is proving difficult to move. The management has found a way to remove it and is slated for removal soon.

Food Dumpster Shoot: Currently scheduled for repair. Roche Bros is having difficulty finding materials and workers who can facilitate the repairs.

Food Area Cleared: The area that is adjacent to the dumpsters and shipping & receiving is now empty. This area had shown a high level of pest activity. Motion cameras with infrared technology have been installed to detect and send alerts for any pest activity. Sensors show activity has dropped off significantly.

Ice Machine: Not repaired yet

Doors Leading to Produce Stockroom: Were in disrepair. They have been replaced.

Gravel Pit Flooring: Flooring with gravel pits have been filled with concrete. The pits were created post construction to accommodate piping and wiring for displays and refrigerated cases that were brought in after the initial build out. Pests were using the gravel pits to navigate throughout the store.

Displays, shelving and cases: are packed with less product. This deters pests from hiding in the layering of displays. Secondary displays were used previously. They have now been removed. Less clutter.

Outside Floral Racks and displays removed.

Training of Employees: Transparency with the public. Operating procedures in place should an employee the or public see pests. Employees are trained in protocol. New store management is currently in place.

Pest Control service the store more frequently and management will conduct weekly walk throughs.

Remodel of Sudbury Farms: Sudbury Farms is scheduled for a remodel in 2025. Instead of closing the store completely, it will be worked on in stages. Floors will be re-graded as part of the remodel.

Janie Dretler asked if the other businesses in the complex will be alerted of construction in the event that the disruption of the area creates pest activity. Ms. Zeng stated that the businesses will be aware to be on the lookout for pests, but the Health Department cannot mandate pest control measures unless there is an issue.

Board of Health Virtual Hearing/Meeting Minutes

October 24, 2024 11:00 AM

Roche Bros. Continued:

VOTE: Susan Sama motioned to approve The Roche Bros. Action Plan and for the Health Department to work with Roche Bros thru each stage of improvements and remodel, as needed. Linda Huet Clayton seconded the motion. Motion passed 3-0-0.

Public Health Update: Katie Betts

Pertussis: One confirmed case. Close contacts were notified. There has been an uptick in cases across the state. Most vulnerable demographics are the unvaccinated, pregnant individuals, elderly, babies, and those who are immunocompromised.

Pneumonia: increase in cases. Some in middle school aged children.

Food Borne Illness: Random cases. Nothing related to a specific event or establishment.

Human Rabies Case: A gentleman was attacked by a rabid animal and has begun a course of medical treatment for rabies.

Flu Clinics: All major clinics have been completed. The Health Department will hold office hours, conduct home vaccinations and have smaller clinics to expend the remainder of the flu vaccine inventory.

Social Worker Update: Nina Lurie & Kirstin Wilcox

Hope Sudbury Gift Drive: The Sudbury Schools helped in identifying 50 families who would benefit from the resources offered through Hope Sudbury.

Hope Sudbury: has tailored a new system of budgeting and disbursing funds.

Collaborations: The Social Workers have been reaching out and working with Community Groups - Sudbury Doing Good, Domestic Violence Roundtable, Schools, Longfellow Glen, participating in Flu Clinic with the Public Health Nurse, connected with New Jail Diversion Clinician.

Parenting Todays Super Connected Kids with PhD Jean Twenge: Forum to be held November 12th at LSRHS. Find a better balance with technology and be healthier and happier.

Teen Relaxation Workshop: Kirstin Wilcox continues to hold monthly workshops at the Goodnow Library to help teenagers by showing them coping skills in decompressing, lowering anxiety and de-stressing. The workshops are commonly held the first Tuesday of each month.

Health Director Update: Vivian Zeng

Flu Clinics: The Health Department completed this season's Flu Clinics with the new health staff.

Kirstin Wilcox: Passed LICSW Exam. Congratulations to Kirstin!

PHE Grant: The Shared Services Collaborative is in the process of hiring a Regional Opioid Coordinator.

Board of Health Virtual Hearing/Meeting Minutes

October 24, 2024 11:00 AM

Health Director Update: Vivian Zeng Continued:

Rabies: After a Sudbury resident was attacked, signs were posted in the immediate area by the Conservation Department. It was unclear if the property where the attack occurred was in Sudbury or Marlborough. A meeting was established to streamline communications between Police, Animal Control and Health Department in order to have an immediate, efficient and effective response to an animal related emergency.

Sudbury Swim and Tennis Club: Engineered plans were submitted for review. The pool will be replaced and moved a few feet from its original location.

Roche Bros continues to work on pest management.

490 Chiswick Park: Adult Day care facility plan approved.

Accessory Dwelling Units: Maura Healy passed the affordable housing act. This allows home owners to add Accessory dwelling units to their home for rental purposes. Sudbury has seen a sharp increase in applications. This entails the health department reviewing the capacity of the septic to see if the updates are feasible. The Health Director is proposing a review fee for this service. It was also proposed that Health, Building and Zoning work together to stream line processing of ADU applications.

Sewataro Man Made Pond – Bacteria Mitigation: Meeting to work with the Conservation Office, Camp Sewataro and the State to create procedures around active algae blooms. This would include pre-treatment, seasonal treatment, testing and closing procedures.

Mosquito Control: The season for treatment of mosquito populations has concluded. Populations for the summer of 2024 were minimal due to drought.

Susan Sama motioned to end Board of Health Hearing/Meeting at 12:34 pm. Linda Huet-Clayton seconded the motion. Motion passed 3-0-0.

Meeting adjourned at 12:34 PM