

Sudbury Board of Health

Virtual Meeting August 13, 2024

Attendees: Carol Bradford-BoH Chair, Linda Huet-Clayton-BoH Member, Susan Sama-BoH Member, Vivian Zeng-Health Director, Katie Betts-Public Health Nurse, Nina Lurie-Social Worker, Kirstin Wilcox-Social Worker, Michelle Borelessa-UMass Graduate Intern, Alex Miller-Brandeis Undergraduate Intern.

3:30 PM - Carol Bradford – Open Meeting Law

Public Comment: None

Katie Betts – Public Health Nurse Update:

Food Borne Illness: Many strains of Food Borne illnesses have been reported. Vivian Zeng believes that there are a couple of factors contributing to this. COVID took focus away from food inspections and operations at many food establishments have become more relaxed. There are currently several FDA recalls of food products that occurred this summer that would also contribute to the increase in food borne illnesses. A link to all FDA recalls will be added to the Health website to increase public awareness.

Blood Pressure Clinics: Continue at the Senior Center. Clinics at the Coolidge and Longfellow Glen have been added to the schedule.

Flu Clinics: Have been scheduled. Senior Clinic will be held on 9/25/24 at the Senior Center. Employee Clinic will be held on 10/9/24 at the Curtis Middle School and the Town Wide Clinic will be held on 10/2/24 at the Curtis Middle School.

Camps: Inspections are complete and the camp season is winding down. There has only been one minor injury reported this year. Sewataro's manmade pond was closed due to cyanobacteria, and testing of water continues until results comes back negative in order to reopen the pond.

Nina Lurie – Health Social Worker Update:

Working with Public Health Nurse: Going to blood pressure clinics at Senior Center, The Coolidge and Longfellow Glen, in order to raise awareness of resources and availability of services provided thru the Health Social Worker Office. Kirstin Wilcox created a flyer detailing these services and resources to distribute at the clinics and around town.

Quarterly Informational Meetings: will held at the Senior Center. Vivian Zeng, Katie Betts, Nina Lurie and Kirstin Wilcox will rotate based on topics of discussion.

Opioid Awareness Event: Is in the planning stages. Speakers and representatives from Government agencies and various support groups will be present at this event. Flags representing deaths and overdoses in the state have been set up in the common near the Town Hall at the intersection of Concord Rd and Old Sudbury Rd. Susan Sama asked if the schools have been contacted in order to collaborate on messaging and targeting our younger population. Nina has met with several of the counselors at the schools and is working on contacting the remainder of the schools.

Hope Sudbury Applications: were increased due to Social Workers Collaborating with the Public Health Nurse's Blood Pressure Clinic(s) at the Coolidge.

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Vivian Zeng-Directors Update

Digitizing Health Files: Interns organized files that were digitized by Meta Source. The interns also worked with the Social Workers office, Public Health Nurse and the Health Inspector. The Board thanked the interns for their hard work in completing the Health Department's Digitizing Project.

Public Health Excellence Grant: Working on staffing positions for Regional Health Inspector and Substance Use Coordinator.

Pools: Dive Well Pool at Fairbank Community Center remains closed until repaired. Sudbury Swim and Tennis has submitted an application and proposed plans for review for a new pool.

Sewataro: Closed since late July due to the cyanobacteria. The state does not recommend that the water be treated with an algacide because it could cause undetectable levels of toxicity.

Framingham Sewer Main Break: Leached into the Sudbury River. Bill Murphy called all abutting communities. Because Sudbury does not have any public access points to the Sudbury River limited action from the Sudbury Health Department was required. A warning was posted on the website. The state deemed the Sudbury River to be safe after 48 hours from the time the spill was contained.

Hager Pond/Hop Brook: posted warnings on trails prohibiting swimming, fishing or dogs in the water due to Algae blooms. The water source to Hop Brook is Hagar Pond.

DPW Office Renovation: Is slated to begin prior to the end of the calendar year. The renovation will create official office spaces for Social Workers and a hand sink for the Public Health Nurses Office. Conservation and Facilities will gain office space in the renovation also.

Mosquitos: 2 Human cases of West Nile Virus have been reported in the state. WNV is most commonly breed from stagnant pools of water. Residents should empty out any standing water they may have on their property and use preventative measures. Cover up, use mosquito repellent and stay indoors between dusk and dawn.

VOTE: Susan Sama Motioned to Re-appoint Parivallal Thillagovian the Tobacco Control Manager for Metro West District for three years. Linda Huet-Clayton seconded the motion. Motion passed 3-0-0.

VOTE: Susan Sama Motioned to approve June 24th 2024 BoH Meeting Minutes as edited. Linda Huet-Clayton seconded the motion. Motion Passed 3-0-0.

Meeting Adjourned at 4:38 PM.