

SUDBURY BOARD OF HEALTH VIRTUAL MEETING

TUESDAY JUNE 25TH 2024 - 3:30 pm – 5:30 pm

Attendees: Carol Bradford – BoH Chair, Linda Huet-Clayton – BoH Member, Susan Sama – BoH Member, Vivian Zeng – Health Director, Nina Lurie – Social Worker, Katie Betts – Public Health Nurse, Kirstin Wilcox – Social Worker, Michelle Boralessa – [UMass](#) Health Graduate School Intern, Alex Miller – [Brandeis](#) Undergraduate School Intern.

3:30 – Open Meeting Law Read by Carol Bradford

3:31 – Public Comment – None

3:32 – Katie Betts Public Health Nurse Update:

Camps: Inspections are ongoing. 6 camps have been inspected for immunizations, CORI's, SORI's. Some submitted applications for upcoming camps need ~~to~~ revisions.

Blood Pressure Clinics: More seniors are attending the clinics. Many want to discuss a range of health issues because their PCP's are less accessible.

MAVEN Training: The Nurse is getting up to speed with working with the state MAVEN system and doing infectious case investigations. Brittany Gale the per diem nurse is assisting in training.

Vaccine Management Seminars: Attending meetings that detail vaccine management.

Ticks: There seems to be an increase in Tick Bourne diseases. Linda Huet-Clayton asked if there are any cases of Lone Star Tick disease reported in the area. Vivian Zeng reported that there have been cases reported in the western part of Massachusetts but none have been reported in the great Boston area.

COVID: There has been an uptick in cases in Massachusetts. People are not reporting cases as they test positive with rapid tests. Numbers are not accurate. Department Heads are asking [for](#) protocol for confirmed cases. They are directed to work with CDC and MDPH standards. Sudbury has no local COVID regulations.

Nina Lurie – Health Social Worker Update:

New Social Worker: Kirstin Wilcox joined the Health team recently and will be working with Nina Lurie on cases, with community stake holders and agencies in developing programs and servicing residents.

Meetings: with community stakeholders. Springwell Community services and with some schools.

Housing: wait lists are growing at a rapid rate. Many residents are in crisis mode for finding affordable housing.

Hope Sudbury: Increase in applications. Many single parents and seniors applying for assistance thru Hope Sudbury and other programs.

Collaboration with Health Social Worker and Public Health Nurse: Katie Betts and Nina [Lurie](#) will work together at Blood Pressure clinics (held at various locations around Sudbury) to promote awareness of the services that are offered thru the Social Worker to Sudbury residents.

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Vivian Zeng – Health Director Update:

Summer Interns: Introduction of summer interns that will be working in the Health Office 2 days a week Michelle Boralessa – UMASS Amherst Public Health and Environmental Graduate Student. Alex Miller Brandies Public Health Undergraduate student. The students will work in their areas of interest and ~~work complete on the file digitizing~~ Health Digitizing Project. They will be with the Health Department for 12 weeks.

Mosquito: There have been no positive cases of West Nile Virus (WNV) or Eastern Equine Encephalitis (EEE). Doug Farless who works with East Middlesex Mosquito Control Project (EMMCP) has been in touch with the communities where EMMCP does aerial and truck mounted spraying to keep the mosquito population down. Sudbury has completed aerial spraying and has conducted 2 rounds of truck mounted spraying this month. The state has begun publishing updates on Arbovirus statistics. Sudbury Health Department has posted preventative measures that residents should follow to mitigate infection.

Food Inspections: Establishment inspections are up to date. Caterers and food trucks require more intense documentation and scrutiny before permitting. In most cases the permitting is time sensitive and the process is begun just before scheduled events. The Health Dept. is trying to let organizers know that there needs to be more lead time and applications and payments need to be submitted weeks prior to events. In order to promote efficiency in processing applications and doing food inspections for Caterers and Food Trucks it has been suggested that this effort be handled thru the Public Health Regional Grant.

Tobacco: The Metro West Tobacco Control Compliance Officer had 17 failed compliance checks out of 157 Tobacco establishments. Two of the seventeen ~~that were out of compliance~~ failed establishments were located in Sudbury. New products are coming onto the market and it's difficult to keep up with what they are, if they are compliant by state regulations and who their target ~~ed audience~~ consumer is. The state has already banned all flavored tobacco products, but some manufacturers claim that their products are non-flavored when they actually are. There are new tobacco products on the market that are taken orally Crave and Vin. ~~They which~~ are packaged in a pouch. There is speculation that these products are flavored. The ~~target audience~~ targeted consumer for these products are teens. The only venues where flavored tobacco products are allowed, are smoking bars where consumption must take place onsite. Flavored products cannot be purchased for takeout. The Mass ~~department~~ Department of Public Health has looked into banning Vapes because of the disposal issues that they are having with used cartridges. They are in the process of trying to categorizing them as hazardous waste. Linda ~~HeutHuet~~ Clayton suggested that educating the public on the proper disposal of used cartridges.

Swimming Pools/Pond: All of the Public and Semi-Public pools have been inspected and re-inspected in town. Residents are currently allowed to swim in the manmade pond at Sewataro on the weekends. There are lifeguards on duty while the pond is open on the weekends. The pond continues to be monitored by the state weekly thru water quality tests. If results come back out of range the pond is shut down until the water tests clean.

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Camps: ~~C~~ ~~The process of~~ camp applications will be ~~revamped-revised~~ for next year. The Public Health Nurse will work with standardizing the camp application so that all submissions will come in with the same format. This will cut down on the duplication of efforts on the nursing end and on the applicant's end.

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Other:

Septics: Rob Lazo is very busy with soil test, plan reviews, ~~and~~ revisions and inspections. Many septic systems are in need of repairs and upgrades.

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Motion: Carol Bradford motioned to approve June 25th Board of Health Meeting Minutes, as edited. Linda Huet-Clayton seconded the motion. Motion passed 3-0-0.

The Next Board of Health Meeting is tentatively set for July 24th at 3:30 pm.

Meeting adjourned at 4:23 pm.