

Sudbury Board of Health Virtual Meeting Minutes

November 14, 2023

Attendees: Carol Bradford-Board Chair, Linda Huet-Clayton-Board Member, Susan Sama-Board Member, Vivian Zeng-Health Director, Krissy Crean-Social Worker, Police Chief Scott Nix, Beth Porter-Health Coordinator, Kay Bell-COD Liaison.

3:00 PM Meeting Commenced, Carol Bradford Read Open Meeting Law.

3:01 PM Public Comment: None

Health Director Update:

Flu Clinics: There have been Tuesday Flu Clinics held, for all populations, in the Health office.

COVID Clinic: Scheduled at the Sudbury Police Dept. on November 20th. The clinic was scheduled through Cataldo Services who offers Mobile Clinics.

Department Staffing: Public Health Nurse Position has been reposted. Brittany Gale, a Worcester State Intern has agreed to work part time for the Health Dept. Brittany has been on boarded. Two Social Worker positions have been posted.

MDPH Updates: Concerns for EEE in 2024. Avian Flu is being found in poultry. We are seeing outbreaks in many parts of the country. Millions of birds have been discarded. No human cases, have been reported. Harbor seals and fox have been affected by H1N1 and Avian Flu. A case of West Nile Virus was reported in Middlesex County. Sudbury remains a low risk community. A 28 degree frost of consecutive days will eliminate the mosquito population.

Farmers Market: No further news on the proposed 2024 Farmers Market which is slated to be held on Goodnow Library grounds.

Sustainable Sudbury: Banning the use of gas-powered lawn mowers. Promoting and incentivizing the use of alternative energy. Education and webinars are being offered. Lawns that are treated with chemicals are discouraged because of harmful algae blooms. The growth of indigenous species is encouraged.

Permitting: Applications have been emailed. Hard copies were not sent out this year. The Health Department will look into putting applications for permitting online for next year.

Digitizing of Files: The Health Department, the Information Technology Department and MetaSource have created a plan for moving forward with scanning all Health Department property files.

Body Works Regulations: The Health Department is working with the Police Department to seek out establishments that would be considered "Bad Actors". Chief Nix has had two establishments that he believes to be trafficking humans. These establishments fall between the cracks by finding loopholes in the laws and regulations. Local Body Works Regulations will close the loopholes, allowing entry into these establishments and helping the Police Department to proceed on legal footing. Body Works Regulations have been written.

VOTE: Susan Sama motioned to pass Body Works Regulations as edited. Carol Bradford seconded the motion. Motion passed 3-0-0.

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Body Works Fee Schedule: \$600.00 for Body Works Practitioner and \$600.00 for Body Works Establishments. Applications will be accepted with CORI's and physical examinations by a licensed Massachusetts physician. There is currently no apprentice language, fees or regulations at this point. This can be revisited if we see an uptick in Body Works Apprentices.

VOTE: Susan Sama motioned to approve \$600.00 Fee for Body Work Practitioners and \$600.00 Fee for Body Work Establishments. Carol Bradford seconded the motion. Motion passed 3-0-0.

Scott Nix acknowledged his appreciation for the inter departmental collaboration in addressing this problem and thanked the Board of Health.

Food Borne Illnesses: A shigellosis case was not found to be food borne. The source was fecal and not food related.

Blood Pressure Clinics: Brittany Gale, the new Part time nurse, will be conducting Blood Pressure Clinics at the Health Department while the Senior Center is closed for moving into the new space at the Community Center.

Social Worker Update:

Krissy Crean's Last Day: will be November 17th. Krissy has agreed to work part time to update the Social Worker website and to assist the new hire in transitioning into their new role. Mitch Sanborn, the Senior Outreach Social Worker, will be available to work with residents.

Opioid Settlement: In looking at data from 2022 to 2023 there has been a rise in overdose related deaths. It has been determined that educating the public on Prevention and Finding ways to reduce stigma would be the most effective use of the settlement funds. Narcan Training would also help in preventing deaths. Patty Moran and Brittany Gale will start to plan Narcan training sessions.

Cavicchio Flu Clinic/Health Fair: Patty Moran has been in touch with coordinators at Cavicchio's to set a date for a Flu Clinic.

VOTE: Carol Bradford motioned to approve BoH meeting minutes from October 24th as edited. Susan Sama seconded the motion. Motion passed 3-0-0.

Next BoH Meeting: December 12th at 3:00 PM.

Meeting adjourned at 3:50 PM.