

Sudbury Board of Health Virtual Meeting

August 15th, 2023

Attendees: Carol Bradford – BoH Chair, Linda Huet-Clayton – Member, Vivian Zeng – Health Director, Patty Moran – Public Health Nurse, Rob Lazo – Health Inspector, Beth Porter – Health Coordinator, Danielle Pierre – Resident, Kevin O’Leary – Jillson Company, Vito Colonna – Connorstone Engineering, Natalia Rumberg – 15 Partridge Lane Sudbury

4:00 – Open Meeting Law – Carol Bradford

4:01 – Public Comment – None

Variance: 15 Partridge Lane Sudbury Chicken Coop Location

Resident Natalia Rumberg requested a variance from the Board of Health to position the Chicken Coop on the property that would align with the Zoning Board of Appeals setback regulations as opposed to the Board of Health regulations. ZBA requires a 30-foot setback from property side borders and 20 feet from rear property line. BoH requires 50-foot setback from dwelling and all property lines. The Board felt that the homeowner had done their due diligence and saw that the setbacks and positioning of the coop would not interfere with the septic, the dwelling or bordering neighbors. The variance was granted. The Health Director will send out a letter of approval to the homeowner.

VOTE: Linda Huet-Clayton motioned to award the requested variance to Natalia Rumberg of 15 Partridge Lane of a 30-foot setback from the side borders of her property lines and a 20-foot setback from the back of her property line. Carol Bradford seconded the motion. Motion passed 2-0-0.

Variance: 23 Sawmill Rd. Sudbury Irrigation Well Location

Vito Colonna from Connorstone Engineering requested a variance on the installation of an irrigation well that would be less than (the BoH regulated) 100 feet from all septic components. The request is that the irrigation well be installed 87 feet and 91 feet from septic components. The BoH approved the variance based on the well being irrigation only and not a potable well.

VOTE: Carol Bradford motioned to approve the installation of the irrigation well at 23 Sawmill Rd. to be 87 feet and 91 feet away from the septic components. Linda Huet-Clayton Seconded the motion. Motion passed 2-0-0.

Variance: 286 Hudson Rd Sudbury - 3 feet of separation to bottom of Leaching Field to Groundwater.

Jillson Company’s, engineer Kevin O’Leary, requested a variance of the Sudbury Septic Regulation that stipulates leaching areas must be 6 feet above ground water for septics located in Zone II of the Water Resource Protection District. The Property located at 286 Hudson Rd. could not meet the standard. The design engineer requested that the septic be installed 3 feet above ground water so as to not disturb the property. Rob Lazo, health inspector, informed the Board that this plan was the least invasive and made the most sense than raising the gradation of the soil.

VOTE: Linda Huet-Clayton motioned to issue a variance for the septic installation at 286 Hudson Rd. to have 3 feet of separation from leaching field to groundwater as opposed to the Sudbury Zone II Local Regulation of 6 feet of separation from leaching area to groundwater. Carol Bradford seconded the motion. Motion passed 2-0-0.

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Krissy Crean - Social Worker Update:

Sudbury Residents' Needs: Financial Applications, transportation, Elder care and disability care resources. Krissy has been working with residents to get them to the appropriate agencies

Meetings and Introductions: Krissy has met with Community Members and Organizations this summer. Some of the meetings would include Sudbury Police Response Team, Sudbury Senior Center, Learn 2 Cope (Support for families members coping with those with substance use issues). These are the first steps Krissy is taking to aligning herself with the community and Sudbury Stake Holders.

Overdose Awareness Month: Wayland and Concord Overdose Awareness event will be held this August at the Wayland Town Offices. Krissy and Vivian will have a table representing Sudbury.

Training: CIMS - Critical Incident Management System software that Law enforcement uses to track overdose events. GMHC Overdose events.

Passed LCSW Certification: The Board Members and Health Team Congratulated Krissy on passing her LCSW Exam.

Patty Moran – Public Health Nurse Update:

COVID: There has been an uptick in COVID cases all around. Linda Huet-Clayton believes that residents should remain vigilant in protecting themselves in order to avoid future outbreaks.

Lyme: Increase in Lyme cases are being reported thru the state.

Touch-a-Truck: Held at the Goodnow Library on July 12th. The Health Department had a table at the event. Focus was on Heat stroke and exhaustion and tick and mosquito protection.

Planning Flu Clinics: Senior Clinic will be held at the library because of construction at the Community Center. Town Wide and Employee Clinics will be held at the Curtis Middle School.

Camps: Summer Camps are wrapping up in Sudbury. There was a camp injury reported to the state. Patty and Vivian followed up.

Vivian Zeng – Health Director Update:

Events: Touch a Truck distributed literature and materials quickly. Overdose Awareness at the Wayland Town Offices will distribute materials between 6:00 and 8:00 PM.

Staffing: Public Health Nursing candidate passed on the job offer. Kelli Calo moved from part-time position to full time as the Grant Coordinator for the Great Meadows Public Health Excellence Grant.

Governor Healy: Sent out blanket notifications stating that Massachusetts communities would start receiving migrant families. Unfortunately, there is no direct communications with the local Health Departments. Communications are initiated about, the presence of migrants, thru community members and stake holders (Police, Food Pantry and Hotels). Sudbury has not received any migrants to date. Vivian Zeng and Patty Moran have begun the process of obtaining certification to order, store and vaccinate with childhood vaccines for unvaccinated migrants and others in need.

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Vivian Zeng – Health Director Update Continued:

Mosquitos: 2 positive West Nile Virus samples were found in Framingham. No positive human cases. Sudbury remains a low risk community. The Health Department has posted (on Health website) precautions to mitigate risk(s) of infection.

Emergencies in 2 Sudbury Restaurants: The Health Dept. worked with Fire and Building Departments to get the restaurants back open. There were issues with fire detectors and gas leaks.

Sewataro Man Made Pond: The beach was closed due do to unacceptable bacteria levels. Heavy rainfall contributes to elevated levels of bacteria. The campers used the pools until the beach reopened.

BoH Fee Schedule: An updated fee schedule has been drafted. The Board of Health will review and vote to approve at the next BoH meeting.

Digitizing Property Files: Meta Source received 5 boxes of Health Department Property files and scanned them in 3 weeks. The boxes have been returned to the Health office, but the scans are still not accessible.

Public Health Excellence Shared Services Grant: a 2024 Work plan was submitted and rejected by the state. Kelli Calo, grant coordinator, is working on a new work plan. Contract renewal for 2024 has been signed by the Town Manager. Training of grant staff was done for salmonella testing in Sudbury.

Tobacco: Parivallal Thillaigovindan came into the office to introduce himself as the new Metro West Tobacco Control Manager. He has begun conducting tobacco stings. Pari started his sting operations out of Framingham where 8 out of 8 operations failed resulting in business owners paying a \$1,000.00 each. Vivian will be updating the Sudbury Tobacco regulations

Stable Regulations: Vivian would like to separate Stable regulations from Chicken Coop regulations. Building, Health and Zoning all need to approve the keeping of animals on residential properties. Linda Huet-Clayton would like to streamline procedures between the effected departments, thus, making permitting less confusing for residents.

VOTE: Carol Bradford motioned to approve the following as Sudbury Health Agents, Vivian Zeng, Rob Lazo, Beth Porter, Kelli Calo, Ann Loree and Parivallal Thillaigovindan. Linda Huet-Clayton seconded the motion. Motion passed 2-0-0.

VOTE: Carol Bradford motioned to approve BoH Meeting Minutes dated June 13th and July 11th as edited. Linda Huet-Clayton seconded the motion. Motion passed 2-0-0.

VOTE: Carol Bradford motioned to adjourn BoH meeting at 5:05. Linda Huet-Clayton seconded the motion. Motion passed 2-0-0.