# SUDBURY BOARD OF HEALTH Minutes of Board Meeting November 12, 2019

Attendance: Board Chair Carol Bradford, Board member Linda Huet-Clayton, Health Director William Murphy, Public Health Nurse Phyllis Schilp, Admin. Beth Porter, Contractor/Food Inspector Shaun McAuliffe and Sudbury Resident Jack Carty.

#### Meeting commenced at 4:00 pm.

4:00: Opening comments – No Public Comments Chair Carol Bradford calls meeting to order.

## <u>4:01 Phlyllis Schilp – Sudbury Public Health Nurse:</u>

- Town Wide Flue Clinics: First clinic was held at the Fairbank Community Center Gymnasium. Between scheduling Flu shots and the space used to conduct the Flu clinic, it is recommended that we repeat this location and procedure for 2020 Flu Clinic because of ease of flow. Second Flu Clinic was held at the Curtis Middle School. This is the Emergency Dispensing Site (EDS) for Sudbury and holding the clinic at this location satisfied the state requirement for a practice drill.
- Fire Prevention Day was held on October 5<sup>th</sup> and Ms. Schilp administered 30 Flu shots.
- Flu Shots 2019: To date the Sudbury Public Health Nurse has given over 400 Flu shots.
- **Stop the Bleed:** Ms. Schilp acquired Stop the Bleed Kits and they have been installed at the Library, Curtis Middle School, and Town Hall, and the Senior Center. Training seminars are organized by the Sudbury Fire Dept. personnel on November 18<sup>th</sup>.
- CPR Training for MRC (Medical Reserve Corps) Training was held on November 7<sup>th</sup>.

#### Shaun McAuliffe – Sudbury Health Contracted Food Inspector - Presentation:

- **First round** of food inspections for Sudbury food establishments has concluded. Focus was on the schools, large retail grocery stores, and group homes, where the populations are highly susceptible to food borne illnesses.
- **Establishments preparing sushi:** Significant improvements have been made meeting strict standards in all establishments preparing sushi.
- Food Establishment Industry is undergoing changes where it is difficult to retain staff, making training and consistency arduous.
- Whole Foods and Sudbury Farms: Have switched over to digital tracking for food temperature monitoring and compliance.
- **New Software:** Sudbury Board of Health will price out software that processes and tracks food safety inspections.

#### Jack Carty - Presents Eagle Scout Bat Box Project:

- Jack Carty proposes to put up bat boxes around the town of Sudbury to help combat the EEE outbreak.
- A natural approach to reducing EEE risk, had a positive response by the Board.

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### Jack Cardy - Continued:

• The Board of Health was the first point of contact for Mr. Carty. He was instructed to contact the Sudbury Park and Rec. Department and the Sudbury Conservation Department to see if he can place the bat boxes in areas that would require approval. Mr. Carty will inform the Board of outcome.

**VOTE** in support of Mr. Carty's Eagle Scout plan to assemble and install bat boxes as an effective response the EEE threat . Motion made by Carol Bradford, Board Chair, Seconded by Linda Huet-Clayton. Motion passed 2-0-0.

## Mosquito Control:

- **Budget Request** for 8.9% increase in 2021 for East Middlesex Mosquito Control (EMMCP) for larvae and adulticide spraying. This will improve geological coverage.
- **FY 2021 Proposed Budget:** Expected to be prepared for discussion at the next Board of Health meeting.
- **Spraying** in federally protected areas within the Sudbury town lines is still prohibited. There are many municipalities in the Commonwealth that have federally protected land that cannot be sprayed with pesticides. Many communities asked to revisit this topic and possible challenge this policy.
- In 2020 MDPH plans to hold Regional forums and seminars, addressing EEE issues and protocol moving forward.

#### Hazardous Waste Collection 2019:

• Requiring drop off appointments significantly improved traffic flow. Many residents gave positive feedback. We will use the same system for 2020 with some modifications.

#### Vaping:

- Governor Baker has not lifted the ban on the sale of vapes. The legislature will vote on banning the sale of *all* flavored tobacco products including mint and menthol.
- If this measure passes, all tobacco permit holders will be inspected to ensure compliance.
- If these legislative measures pass, the Sudbury Tobacco Regulations may need to be revised.

# 24 Church St:

- A next of kin has stepped forward to claim property. Not recognized thru probate court as formal heir but will serve as an executor to oversee estate's interest in the clean up.
- The Town of Sudbury will begin clean-up of property on Monday November 18<sup>th</sup>.

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### Church St. Continued:

- A legal agreement, prepared by Town Counsel and approved by the Court, specifies roles and responsibilities of the Town and the Estate.
- The Building Department and Board of Health will continue to consult with Town Counsel to determine course of action.

#### **Other Subjects:**

## **Topics not anticipated:**

Mr. Murphy informed the Board of a PFAS (Per and Polyfluorinated Alkyl Substances) contamination issue at the Stow Fire Training Facility. (PFAS) are a group of man-made chemicals that have been in use since the 1940s, and are (or have been) found in many consumer products like cookware, food packaging, and firefighting foams. PFAS was released into the air, soil, and water. The most consistent findings of exposure to PFAS are increased cholesterol levels among exposed populations, with more limited findings related to:

- low infant birth weights,
- effects on the immune system,
- cancer (for PFOA), and
- thyroid hormone disruption (for PFOS).

Mr. Murphy informed the Board that there were no known Sudbury drinking wells near the town line and he notified the Sudbury Water District. The Board noted they are taking the issue under advisement and asked Mr. Murphy to update them at the next meeting.

Correspondence: None

Meeting Adjourned 5:29 PM