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SUDBURY BOARD OF HEALTH
Minutes of Board Meeting June 12, 2019

Attendance: Board Chair Carol Bradford, Board member Susan Sama, Health Director William Murphy, BoH Nurse Phyllis Schilp, BoH Admin. Beth Porter, Sudbury Public Health Doctor Peter Hoenig MD. and Health Dept. Intern Shannon Kean.

Meeting commenced at 4:00 pm.

4:00: Opening comments – No Public Comments

4:01: Introduction of Sudbury Public Health Doctor - Peter Hoenig MD – discussions included:

- **The Board Concerned with Vapes:** Vaping among young kids in the Sudbury Public schools. Suggested approach(es) that will dissuade use of Vaporizers.
 - Monitor in restrooms – efficacy questioned
 - Detectors in restrooms and throughout schools
 - Educating kids about the dangers of vaping at the Grade and Middle School levels.
 - BOH Intern, Shannon Kean will be researching and report findings.

- **Phyllis Schilp and Bill Murphy:** Discussed the following:
 - Possibly expanding Vaccines offered by the town to include Shingles, Tdap and Pneumonia. Dr. Hoenig countered that only pharmacies can vaccinate for Shingles.
 - PHN unsure of the reimbursements for additional types of Vaccines. Reimbursements will need to be looked into prior to moving forward with expansion.
 - MAVEN – state reimbursement system has made vaccine tracking much easier.
 - 2018 Flu Clinic attendance increased by 40% over 2017 attendance.
 - PHN Proposing expansion of home visits for high risk residents to administer vaccines.
 - Women's Health Day May 1, 2019 – Breast exams by Dana Farber Mammogram Van. Skin Screening by Emerson Hospital and Impact Melanoma. Health Day will increase in popularity each year, as residents become aware.
 - PHN has been involved in peer programs where communities work together in isolating and administering health care to possibly infected general population. Sited a situation where 40 – 60 kids were exposed to TB in a neighboring community.
 - Flu Pandemic is projected to occur within next decade. Table Top Exercise for an EDS drill is recommended for planning purposes.

- **Lyme Disease:**
 - Lyme Disease – 4 to 5 new Sudbury cases reported weekly.
 - Emerging new strains of Lyme are difficult to diagnose 50% – 60% false negative.
 - Many Doctor's are waiting for test results (that are taking too long) before treating leaving patients vulnerable.
 - In years to come Lyme and many other insect borne diseases will become a huge issue.

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- Dr. Hoenig said that Alan Steer is the “Guru” of Lyme disease and that many insurance companies look to him to outline symptoms for insurance claims and coverage.

Dr. Hoenig presented to the Board of Health:

- Formed an Opioid Task Force at Emerson Hospital:
 - Emerson hired an Addictionologist to spearhead the program
 - Sydoxadome is being used to interrupt opioid receptors. Only one Doctor has volunteered to write Sydoxadome Scripts for the task force.
 - Dr. Hoenig discussed how Sudbury needs a Flight Program for Opioid Treatment. Unfortunately, only low income residents have programs that are local. Sudbury Professionals (largest Demographic of addicts in Sudbury) mostly travel to Lowell for programs.

Introduction of Sudbury Public Health Intern: - Shannon Kean

- Internship for masters will include:
 - Doing a Masters Study on Vaping as a collaboration with the Health Dept. and Sudbury Public Schools. At the conclusion of the study, Shannon will present Her findings to the schools.
 - Shannon will work with Sudbury Public Health Nurse in working with the schools
 - The study will compare Sudbury Students use of Vapes with the Massachusetts State statistics.
 - The issues that present the biggest obstacles:
 - Vapes were to curtail cigarette smoking in adults. Instead vapes created a frenzy amongst teens. Quick dependency on Nicotine.
 - Research is broadly presented and there are many gaps in demographics, and local statistics. Problems with longitudinal data and long-term effects.
 - Would like to talk to Resource officers to see what measures have been taken? A time line of occurrences?

Director Mr. Murphy:

- Board to Assemble an Effective and Efficacy Packet to present to Selectmen Aug 12:
 - BOH Low visibility as a department in the town
 - Currently identifying the areas where we are falling behind and where we need more manpower. Camps, Regulations, Communicable diseases, Tobacco, Social Work (aging Demographic) Climate change, Breast Cancer and so on...
 - The BOH will meet in July to brainstorm and put together a presentation for the Board of Selectmen. Intent is to increase manpower to complete all tasks.
 - Have the Board of Selectmen Meet with Dr. Hoenig. Recognition of his role in town.

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Director Mr. Murphy: (Cont....)

- **Sewataro Acquisition:**
 - What is the role of the Board of Health? Areas that have been identified, Lease as a camp, **Maintenance of pond (potentially poses obstacles)**, septic, well.

Meeting Adjourned 6:05 PM

Correspondence:

- Procedures for dealing with unstable buildings – Sudbury Building Inspector
- Cease and Desist Order at 259 Old Lancaster Rd. Sudbury Planning Board
- Site Plan Review Removal of underground fuel Tank at 275 Old Lancaster Rd. Sudbury Planning Board
- Notice of Violation – 29 Hudson Rd. Sudbury Conservation Comm.
- Notice of Decision – Sarah Behn Hearing - Sudbury Board of Health
- Mar. 2019 Summary of Hydrologic conditions Mass Water Resource Commission.
- Mass DEP School Drinking Water Program
- Board of Health May Meeting Minutes