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BOARD OF HEALTH Minutes of Meeting March 12, 2019

Attendance: Chair Carol Bradford, Board member Susan Sama, Health Director William Murphy, Board of Health Nurse Phyllis Schilp, BoH Admin. Beth Porter, Social Worker Interns Abbie Amico and Esther Tandetnik. Sudbury Residents: Jan Buckwald and Joe Moskowitz

The meeting commenced at 4:05 pm.

4:05: Public Comments – None.

4:06: Esther Tandetnik & Abbie Amico (Interns) Social Worker Report. Highlights included:

- **Addressing the Specific needs of Seniors by creating a checklist:**
 - Housing/Basic Needs
 - Medical, Emotional, Social and Mental Health
 - Transportation
 - Mass Health
 - Collaborating with Ana Christina Oliveira (Info Referral Specialist)
- **Social Worker & Interns** Created user manuals (to be used by the Social Worker) for programs and resources that are available to residents. These manuals will make transitioning into the position of Social Worker easier by laying out step by step who, what, when, where and the how's of the job.
- **Trauma Informed Case Management** courses being offered to agencies that interface (and work in conjunction) with the Social Work Office. Helps in identifying and working with individuals who have experienced trauma.
- **The office has spent increased man hours** collaborating with the Fire and EMT Departments in efforts to meet the needs of distressed residents.
- **Working with Parks and Rec** and community donors to obtain Scholarships for low-income kids to participate in town programs.
- **Less man hours were spent** on referrals, Hope Sudbury Applications and in-office visits. More hours were with spent fewer clients with specific problems.
- **Mr. Murphy intoned** that some residents can become dependent on the resources offered by the Social Worker. Once solutions have been offered (within the constraints and limitations of the office) reasonable boundaries should continue to be set.

Residents: Jan Buckwald and Joel Moskowitz of 109 New Bridge Rd:

- Presented an article about the health hazards caused by burning wood. This would include; wood burning stoves, fireplaces, outdoor fire pits and wildfires. Mr. Moskowitz seems to believe that inhalation of burning wood poses the same health risks as cigarettes and that, with time, evidence to support this belief will come to light. Ms. Buchwald currently has health problems that have in the past been exacerbated by wood burning smoke. Their goal is to create regulations that limit the burning of wood in Sudbury.
- Mr. Murphy sited that wood is not a hazardous material and that possibly the focus may be more along the lines of mandating more sophisticated filtration systems to mitigate the effects of the smoke.

BOARD OF HEALTH
Minutes of Meeting March 12, 2019

Phyllis Schilp Public Health Nurse - The highlights include:

Flu - January

- Delivered hand sanitizer to Library, Public Housing, Senior Center to prevent the spread of the Flu Virus.
- Distributed Educational Flu Webinar to school nurses
- Handled Flu outbreak at Sudbury Pines

Shelter

- Inventoried and reorganized shelter supplies in Senior Center basement
- Assembled and created a Town Emergency Handbook
- Toured an Emergency Shelter in Leominster – incorporating ideas
- Created an online registration form for those who would like shelter assistance
- Created Job Action Sheets to do home checks

Opioids

- Emerson Hospital requested Sudbury BOH representation on proposed Opioid Task Force (in planning stages).

Cancer

- According to the latest Breast Cancer Report, Sudbury has reported a rise in Breast Cancer which is above the national levels.
- Nurse Schilp has reached out to Dana Farber to participate in a program that does mammograms in a mobile van. The Town Nurse will collaborate with the Town Social Worker to get funding for residents without insurance.

Miscellaneous

- Updated **CEMP Comprehensive Emergency Management Plan** in collaboration with the Fire Department Intern.
- Incorporated a Blood Borne Pathogen list in case investigations.
- Change in Laws for Illegal Aliens. Green Cards will not be issued once an Illegal Alien has applied for and accepted any type of Government assistance. Metro West has reported that there has been a sharp drop in this demographic applying for Aid since this law has gone into effect.
- Revolving Vaccine Fund. We are in the process of trying to recoup funds that were directly deposited into the Town's General Fund and then inadvertently deposited into another Medicare Recipient Department.

Blood Borne Pathogen Policies and Procedures:

- Nurse Schilp adopted new policies and procedures for investigating Blood Borne Pathogens. The Board has approved.

BOARD OF HEALTH
Minutes of Meeting March 12, 2019

Phyllis Schilp Public Health Nurse – Continued...

Camps

- Sarah Behn Camp has applied for permitting for April Vacation. The Health Department has encountered multiple violations in the past.
- BOH will schedule a hearing addressing Sarah Behn Issues. Health Dept. is collaborating with Town Council to determine the next course of action.
- Framingham YMCA will be using the Nobscot Boy Scout Reservation for their summer camp location. Certification, Inspections and Compliance checks will be time consuming.

Motion to Nominate Animal Control Officers: Jennifer Condon, Donna DeWallace and Michael Albanese. Motion by Board Member Susan Sama to Nominate. Chair, Carol Bradford, seconded the motion. Motion passed 2-0-0.

Motion to designate Beth Kline to process Death Certificates and Death Transport Certificates: Motion by Chair, Carol Bradford, to accept designation. Board Member Susan Sama seconded the motion. Motion passed 2-0-0.

Motion to designate Bill Murphy as Sudbury Health Representative to East Middlesex Mosquito Control:

Motion by Board Member Susan Sama to designate. Chair, Carol Bradford, seconded the motion. Motion passed 2-0-0.

Shaun McAuliffe (not present): Summary of food inspections.

- Mr. Murphy voiced concern that some of the sushi establishments in town were in violation with various food codes.
- Shaun is knowledgeable and current with Mass State Food Codes.
- The second round of inspections for the 2019 fiscal year will begin soon. First round of inspections were delayed due to contractual negotiations being finalized.

Bill Murphy Health Director:

Best Friends Pet Hotel at 150 Boston Post Rd: formal complaint was reported which triggered a multi-Agency investigation by Sudbury Police, Animal Control, the MSPCA, State and Town Health Officials. Sanitary conditions were addressed and corrected. There will be on-going monitoring of the facility.

Miscellaneous

- **Atkinson Pool:** Mr. Murphy met with Facilities Director, Bill Barletta to address deficiencies with the pool and surrounding deck. Mr. Barletta is in the process of repairing and correcting all identified problems.
- **Septic Regulations:** Mr. Murphy submitted a draft of the regulations to the board.

BOARD OF HEALTH
Minutes of Meeting March 12, 2019

Bill Murphy Health Director - Continued

- **Orifice Trash Collector:** Orifice has been conducting business in town un-permitted. The health Department has made several attempts to contact them to get proper documentation and payment with no success. The health Department will be serving a warrant for a hearing.
- **148 North Rd.** All structures have been inspected and condemned and will be torn down.
- **Food Inspection Software:** Mr. Murphy has looked into the purchasing of software that is used to conduct food inspections. The cost is \$600.00 monthly. It would be possible to move forward with this proposal if Wayland and Sudbury Health Department's both hire one part-time person to do inspections in both towns and to share the cost of the software and position.
- **View Permit:** IT is looking at getting the Health Department on-line with View permit which would track permitting, plans ect... of all septic systems (by address) in Sudbury.
- **Hazardous Waste Collection Day:** We will be creating a sign-up sheet on-line for residents to sign into time slots. This will ensure less volume and shorter wait times on collection day.
- **Innovative Alternative Sewage Systems:** Sudbury currently has 70 + I/A Sewage Treatment Systems. Lee Arnold (Senior Tax Work-off Employee) is documenting addresses, type of system, Maintenance Company and Maintenance schedules for all I/A systems. For those systems that have not been maintained for over a year, the Health Department will send out notification to property owners that action needs to be taken.
- **Betsy Grams** – Wellness Coordinator for the Sudbury Public Schools has held educational classes for fifth graders with focus on E-cigarettes and Vaping.

Next Board of Health Meeting April 9, 2019

Correspondence Signed:

- Allergen Awareness correspondence – Need Huet Clayton to sign
- Records Access Officer List
- MDPH Alert for Increase in HIV for those injecting drugs
- East Middlesex Mosquito Control – Plan for aerial applications
- MDPH seminar on Epidemics because of Opioid Use
- Correspondence from town officials to condemn and tear down structures on 148 North Rd.
- 621 BPR Planning Director Peer Review
- Orifice Trash Hauler Registered letter of non-compliance
- Scott Nix – Best Friends dates of suspension and reinstatement
- January BOH Meeting Minutes
- Lester Hartman Westwood/Mansfield Pediatrician concerns about Youth's use of

BOARD OF HEALTH
Minutes of Meeting March 12, 2019

JUUL 21 Tobacco Restriction Bill – No Menthol or Mint Vapes.

Correspondence Signed - Continued

- Youth E-Cigarette prevention in MetroWest
- Mass State Tobacco Regulations adopted Dec. 2018. Letter from Mass DOR to retailers.
- Sudbury Drug Testing Policy
- November Sudbury Public Health Nurse Rpt.
- 655 Boston Post Rd – Longfellow Glen Follow up Insp. of unit 1111. Issues resolved
- Atkinson Pool list of repairs to be done (post Inspection)
- MDPH letter to Pharmacy prohibiting the sale of tobacco
- Record Storage/Retention information request from Fire Dept.
- Record Storage/Retention From Town Clerk to Fire Intern
- New pgm. State Action for Public Health Excellence (SAPHE).
- MDPH reported cases of Invasive Meningococcal Disease who are homeless.
- Sudbury Emergency Shelter Start-up Shopping List

Meeting adjourned 6:03 PM.

