

**BOARD OF HEALTH**  
**Minutes of Meeting September 11, 2018**

Attendance: Chair Carol Bradford, Board members Susan Sama, Health Director William Murphy, Social Worker Bethany Hadvab, BoH Admin. Beth Porter and Intern Esther Tandetnik. The meeting commenced at 4:05 pm.

**4:05: Public Comments – None.**

**4:06: Bethany Hadvab Social Worker.** Highlights included:

**Introductions**-New Intern Esther Tandetnik was introduced to the board, followed by a brief explanation of what her role with the Social Workers office will be during her internship.

Bethany also highlighted the following:

**Highest volume** of phone calls since she has started in Sudbury Office

**Donations through Sign up Genius** has been very successful. Donations include, Driver's Ed classes, car, 2 laptops and 1 TV.

**There has been an increase** in clients served current and new

**HOPE Sudbury** Applications have doubled.

**Applications for Holiday Gift** and Donation Program have gone out.

**Back to School Back Pack Drive** was a success with 15 – 20 families benefitting from the program.

**Safe Talk** Suicide prevention

**Financial Fitness** group convening this fall

**Van Tsui** finished her internship in August. We will miss her!

**Social Worker Report – July and August 2018**

**Home/Community Visits**- Additional support to residents without transportation.

**Office Visits**- They were both scheduled and drop in.

**Referrals**- Interns and this writer continue to research additional resources and update website.

**HOPE Applications**-New and returning applicants. Both interns and this writer completed applications due to high demand.

**Police Department/Fire Department Referrals**-No police referrals since JDP has taken over.

Continuing to consult with PD and FD on behalf of residents as needed.

**Fuel Assistance**- Fuel assistance program starts on 11/01/18 for the 2018-2019 season.

**Presentations/Community Meetings/Outreach**- Met with community member to discuss disability services, organized quarterly housing meeting, helped facilitate a suicide prevention training and budgeting training, worked with community group to continue development of Financial literacy services in Sudbury. Spoke with Presbyterian Church and met with BOOS member to discuss breadth of role and needs in town.

**Food Pantry Deliveries**- Three volunteers continued to provide biweekly deliveries to residents in need.

**Donations/Volunteers**- Began a community online sign up for unmet resident needs and have seen a significant increase in donations and community engagement.

**Phone Consultations/Case Management**- July and August represented the months with the highest number of case management contact in over 2 years.

**Trainings**- Attended a supervisory training at Boston College and financial literacy training.

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Individuals Served- Many new residents reached out this summer, as well as returning residents.

Other- Masters level social work intern Abbie Amico joined the social work office in July and will intern through May 2019. Intern, Evangeliah Tsui ended her internship in mid-August. Worked With HOPE Sudbury to provide backpacks of school supplies for low-income Sudbury students. The second round of Budget Buddies 6-month financial literacy program began in late August. Continued writing grants with MCDC for Financial Fitness Sudbury programming.

\*Statistics includes productivity of two Master's level social work interns

\*\*Statistics includes productivity of one Master's level social work intern

**Nurse:**

Working on food borne illnesses, tick reports other illnesses

Camps wrapped up

Requesting additional funds (\$20,000.00) for Vaccine Revolving accounts

Flu Clinics and MRC Training ramping up. In the process of training volunteers.

**Nurse's July and August Report:**

**June-July-August 2018 BOH Nurse Report**

**Screenings**

- COA had 171 Blood Pressure, Heart Rate and Pulse Oximeter participants
- COA had 65 Blood Glucose Screenings
- Town Wide Employee BP Clinic had 40
- Library BP clinic had 26

**Health Education**

- Tick-borne Illness to Sudbury Patch
- Opioid Information to Police Station
- Until Help Arrives Training at the Senior Center
- Narcan Training for MRC and School Nurses
- CPR Training for Sudbury Senior Center Staff
- Published two articles in the MAPHN Newsletter
- Published news article for Regional Preparedness Newsletter
- Resources to Planning department on Health and mobility including safe walking in communities
- Published Town Managers Newsletter Flu Prevention

**Communicable Disease**

- 30 Case Investigations included: 14 Lyme, 5 Hep C, 2 Strep, 5 Anaplasmosis, 2 Varicella and 1 yersiniosis.
- Continued follow up with TB Case Investigation

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**Community Outreach**

- Working with Bethany Hadvab on social service outreach
- 18 home visits/follow up
- Tick Borne Illness educational Brochures and literature to 10 conservation trails, Senior Center, Library, Flynn and all Sudbury Schools.
- Touch a Truck Day at the library. Set up tent for Emergency preparedness and Tick Borne Illness Information

**Meetings/Trainings**

- Metro West MAPHN meeting in June July and August
- MAVEN training TB Surveillance
- Vaccine webinar with UMASS Medical
- Fire Department Meeting for Emergency Planning on CEMP
- Quarterly Housing Meeting
- MRC AB meeting x 5
- Flu Planning Meeting
- Meeting with PHEP 4A Planner on Closed POD Planning
- 4 Camp meetings
- Trained staff and Volunteers at Senior Center on responding to emergencies
- Narcan Training
- BLS Instructor Course
- PHEP 4AB meeting
- Met with Wayland BOH Nurse

**Camp**

- Meeting with Park and Rec
- Meet with 3 new camps to go over regulations
- 131 Correspondence with camps
- 20 Camp manuals reviews and update review
- 36 Camp Inspections/Re-inspections
- 2 Camp remediation/re-inspections needed
- 1 Camp fine given with warning letter
- Many review and policy development hours with new camp regulations
- 2 Individual Camp meeting for manual review
- Town Manager request to review and Inspect Camp policy and procedures with remediation in early 2019
- Outreach to Park and Rec. Department on regulations for Health Care Consultant and Health Care Supervisor
- 3 Injury Report follow up

**Emergency Planning**

- Narcan Training at the Fire Department with 19 participants

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- PHEP 4AB meeting
- Participated in 2 Web EOC drills
- Autism Awareness training for MRC and Fire Department during Emergency response. Working with the LSHS SPED Parent advisory council
- Until Help Arrives Training
- MRC AB meeting
- Fire Department meeting for Comprehensive Emergency Management Plan
- Working with Bethany Hadvab on the Family Assistant Plan during an emergency response
- Updated 24/7 contact list for the State OPEM
- 3 HHAN Drills
- Recruited and trained one new MRC Volunteer

**Other**

- Met with Worcester State for Fall student 2018
- Revolving Account received \$5,741.41 from Private Insurance and 1,636.17 from Medicare
- Returned all Flu Vaccine for credit
- DPH vaccine allocation for next flu season is 100 doses for children and uninsured. Asked for an additional 100 doses
- Request for OSHA training for Fire Department
- Received 75% of flu private allocation doses

**Future Plans**

- BLS Course at the Senior Center
- Autism Awareness training
- Sudbury Walk-a-Thon
- Emergency Preparedness Month Outreach
- Fall Prevention
- Flu Planning

Respectfully Submitted by:  
Phyllis Schilp BSN, RN  
09/10/2018

**Tobacco Regulations:**

The next BOH Meeting will address the new Town Bylaws and regulations pertaining to the Proposed new Tobacco regulations. Special BOH meeting is scheduled to meet Tuesday October 9<sup>th</sup> at the DPW Conference Room, 275 Old Lancaster Rd. Sudbury, at 7:00 PM.

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**Updating Septic Regulations:**

Discussion of updating Septic Regulations that addresses the proximity of septic systems to wetlands. Also look into effects on the resilience of wetlands when extreme precipitation is introduced. Bill addressed this with Deb Dineen (Conservation Director).

Add Regulations pertaining to pumps to make Septic consistent with Building and DPW Regs.

**Melone's:**

The Health Department was asked for a submission about the Proposal of land use at Melone's location. The Sudbury Health Department submitted a memo to the Selectmen stating that Quarry North developing the Melone Property would seem the best fit for the town. This would preserve the Historic Town Center, which seems to be the biggest concern for the majority of residents.

**Health Director Report** Mr. Murphy presented his report. Highlights include:

Septic- There were 6 soil evaluations and 57 installations/repair inspections. A large system at Mill Village was replaced.

Food- New food Inspector, Shaun McAuliffe has begun inspections and plan reviews for Pete's Moo-Yah and Max and Leo's.

Nuisance- Hazardous Waste was reported to be left on the side of Lincoln Rd near the Wayland line. The waste was picked up and stored until the hazardous waste collection.

Housing- Avalon apartment buildings continue to open. Reported complaints at the Coolidge and Longfellow were investigated and resolved.

Other- Many stores have yet to use up their inventory of plastic water bottles. It was communicated that by the end of September the bans would be fully enforced. A reporter interviewed me for a news story about the difficulties with the ban. It was aired on NBC 10 and NECN news. A few negative emails for the public were received about the bans.

Contracts-Contractors Shaun McAuliffe (food) and Bob Landry (environmental) have begun.

**List of Meetings:**

1. Jury Duty
2. Planning Board – Storage Facility on BPR
3. Staff Meeting
4. Tour of Waste Water Treatment Plant at Meadow Walk

Meeting Adjourned 5:10 pm