

# BOARD OF HEALTH

## Minutes of Meeting March 27<sup>th</sup>, 2018

Attendance: Chair Carol Bradford, Board members Susan Sama, Linda Huet-Clayton, Health Director William Murphy, BOH Nurse Phyllis Schilp, Bethany Hadvab, Social Worker. The meeting commenced at 4:00pm.

**4:00 Public Comments** None

**4:05pm – Phyllis Schilp - BOH Nurse** – Summarized the Shelter operation;

### March Storm and Shelter Opening

The Fairbank Shelter opened on March 8<sup>th</sup> at 1pm and closed on March 11<sup>th</sup> at 10am. During that time period we saw 346 residents, had 10 overnight residents, and served 250 snacks and 127 meals. Residents who came to the shelter had access to free WIFI, charging stations, 3 meals a day plus snacks, bathrooms, and a warm place to stay. Rides to the shelter for homebound residents were provided via the senior van. The staffing of the shelter was a combination of Medical Reserve Corps (MRC) and Citizens Emergency Response Team (CERT) members. Town employees were also used to staff the shelter. Over three days we had 59 people staffing the shelter. Many neighboring town volunteers also came to assist at the shelter from nearby MRC and CERT organizations. The shelter was a place for people to recharge their batteries (literally) and get out of the cold to warm up and have a place of rest. We have received many thanks from our residents during and after the shelter. Please reach out to Marie Royea CERT and Phyllis Schilp BOH Nurse MRC Fairbank Shelter Managers for more information on how you can volunteer for the organizations that run the shelter. Special thanks to all the volunteers who staffed the shelter with special recognition to Marie Royea whose leadership and commitment to the town is exemplary. We need a village to run the shelter so please consider volunteering for the Sudbury MRC or CERT teams.

**Phyllis Schilp - BOH Nurse** – Summarized her report for February 2018

There was continued blood pressure screenings for the senior population and town staff. Health education included Senior Center HEALTHY HEART MONTH, Health Teaching sessions in conjunction with BP clinic at Fairbanks and Yoga for town employees started on Jan 11<sup>th</sup>

Communicable disease investigations included: 1 Hep B, 1 Hep C, 1 Salmonella, 2 Varicella, 27 Flu. Flu Investigation and education for Orchard Hill and Flu documentation and follow up at all 5 schools.

Community outreach continued with working with Bethany Hadvab on social service outreach, home visits and follow ups .Flu information was provided to school nurses, town buildings, assisted living and housing authority buildings, and articles published in the town managers newsletter. Health information was advertised on notification boards, Facebook, Twitter, Patch, Town Website and school eblasts.

### **Nomination of Animal Inspectors-**

The Board voted to appoint Jennifer Condon, Donna DeWallace and Michael Albanese Animal Inspectors of Animals in the Town of Sudbury. Carol Bradford motioned to appoint, Sama seconded. Motion passed 3-0-0.

### **Update for 214 Boston Post Road-**

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Mr. Murphy reported that he met with the owner and discussed continued clean up of the property. Mr. Murphy communicated to the owner that significant progress must be made to avoid legal action. Limitations due to a harsh winter was causing some delays but clean up would resume in the Spring. Mr. Murphy will continually update to Board with progress.

**Bethany Hadvab-BOH Social Worker:** Presented to the Board updates on activities out of the Social Workers Office:

Community visits were all related to drop offs for the Single Mothers' Program and to connect residents with needed resources. There was increased HOPE applications this month over last month resulting in increased referrals. Ms. Hadvab continued to disseminate information and resources through website, local newsletters and emails to other service providers.

Hadvab reported, as of this month, both interns are completing HOPE interviews and applications with her support. HOPE made a change to their application noting that an interview is mandatory. This has been the case for some time, but it was not in writing until this month. Fuel assistance was suggested to residents and application materials were provided throughout the month, however, no residents followed through with an appointment to review application materials.

Meetings included Gifts of Hope Unlimited, Our Lady of Fatima, and the Marlborough Community Development Corporation to address resident needs and plan upcoming events. Also met with LICSW group and CRANE.

There had been a significant increase in case management this month, due in part to ongoing needs in the community and interns' weekly case management with women in the Single Mother's Program and also connecting residents to several community programs including: St. Elizabeth's Spring Basket program, Praying Pelican's Mission program, House of Dance's free Zumba program and The Performing Arts Connection's free ticket program.

Ms. Hadvab wrote a grant to Our Lady of Fatima for scholarships designated for single mothers. Obtained donations from community donors and distributed to mothers in Single Mothers' Program to support their current educational pursuits. Began interviewing interns for the 2018-2019 academic year.

#### **Septic Regulations – First Draft**

Mr. Murphy presented the Board with a first draft of the proposed septic system regulations changes. The regulations have not been updated since 1998 and many of the regulations contradict Title 5. The changes include mandating 2-compartment tanks, defining new construction, revising minimum square footage requirements and wetland setback.

Mr. Murphy will be meeting with local installers and engineers to get feedback and input before scheduling a public hearing.

**Bill Murphy-BOH Director:** Presented his Health Director's report.

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Septic- There were 7 soil evaluations and 14 installation/repair inspections. Notable soil testing occurred at the lot adjacent to Buddy Dog to accommodate a new facility, a Powers Road potential subdivision, and a large Morse Road parcel the town is interested in purchasing. New sewer lines are being installed to accommodate the new structures at Northwood.

The local Board of Health septic regulations are in the process of being revised.

Pools- There was a complaint regarding poor indoor quality at a Dual County HS swim meet at Atkinson Pool at the Fairbanks Center. Swimmers and parents complained about significant chlorine irritation of eyes, nose and throat. The problem was identified as excessive chloramine levels, a result of heavy pool usage and a faulty exhaust system. The pool was closed until the HVAC was serviced and a broken damper replaced. The staff was trained on precautionary measures to avoid similar situations and facility staff was included in the system review.

Food- Progress is being made at Oak Barrel Tavern, the new restaurant at Meadow Walk. The applicant is working towards a July opening. Other restaurants interested in opening have contacted the BoH office but there have not been any formal applications to date.

Staff from the health, conservation, and building departments worked with the tenants and management at 29 Sudbury to remove excessive trash, refuse, garbage, and debris improperly stored near dumpsters and in nearby wetlands. The area will be routinely monitored.

Housing- An inspection was conducted at a townhouse unit at Longfellow Glen at the request of the tenant. A follow up inspection is scheduled.

The Board signed the 2017 Town Report filed with the Selectman's office.

#### **Minutes**

Minutes of meeting for February 13, 2018 were reviewed and approved.

#### **Correspondence**

Correspondence was reviewed and included the following:

1. Order to Correct housing violations for 42 Townhouse, Longfellow Glen dated 2.27.2018
2. Memo from Bill Murphy, Health Director to Beth Suedmeyer, Environmental Planner regarding the redevelopment of 16 August Road.
3. Region 4AB HMCC 2017 Jurisdictional Risk Assessment
4. Cease and Desist Order from Meagen Donohue, Planning Director to David Howe regarding project at 207 Pratts Mill Road.
5. Metro Regional Preparedness Coalition- Duty Officer Role Power Point
6. MRPC Duty Officer Quick Reference Guide 1/26/2018
7. Order letter from Bill Murphy, Health Director to tenants at 29 Sudbury dated 2/20/2018 regarding trash complaints

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8. Letter from Bill Murphy Health Director to David Lin, 288 Maynard Road, regarding an accessory dwelling.
9. Region 4 AB Public Health Emergency Preparedness Newsletter: February 2018
10. MDPH Immunization Program Newsletter Fall-Winter 2017-2018
11. MMWR 1/26/2018 Vol. 67 No.3 Recommendations of the Advisory Committee on Immunization Practices for Use of Herpes Zoster Vaccines.
12. Town of Sudbury Board of Appeals Notice of Decision- 41 Prides Crossing Road, Dog Boarding business.
13. Letter from the Mass. Executive Office of Health and Human Services, DPH, to Healthcare Providers in Greater Boston dated 2/28/2018 re: Invasive Meningococcal Disease among People Experiencing Homelessness
14. MDPH Massachusetts Immunization Program State Contract Flu vaccine 2018-2019 List
15. Memo from Bill Murphy, Health Director to Beth Suedmeyer, Environmental Planner regarding SW Management Permit for Willow Hill School.
16. East Middlesex Mosquito Control – Legal notice of EMMCP describing planned aerial applications to control mosquito larvae.
17. Animal Control Annual Summary Report of calls made from Jan. 1, 2017 to Dec. 31, 2017.

Meeting Adjourned 5:50 pm