

BOARD OF HEALTH

Minutes of Meeting of October 10, 2016

Chair Carol Bradford, Board members Susan Sama, Linda Huet-Clayton, Health Director William Murphy and BOH Administrative Assistant Michele Korman were present in the DPW conference room at 4:00pm and the meeting commenced at 4:00pm.

1. Minutes of Meeting of September 9, 2016 were approved
2. Invoices were approved
3. Correspondence was reviewed and included the following:
 - (a) Account summary: Fy '17
 - (b) Health Director's Report
 - (c) Nurse Report
 - (d) Social Worker's Report
 - (e) Suggested question format for Whole Foods representative

4:00-4:05pm: Resident Concerns

- No concerns submitted

4:05pm: Scott McGann, R.S. Whole Foods:

1. Food Safety Specialist
 2. Manage pest control
 3. Manage 3rd party auditing
 - a. Weights & measures inspections
 - b. Organic
 - c. Food Safety
 4. Global Quality Assurance-company based out of TX
 5. ServSafe Trainer
- Mr. McGann discussed with the Board the ongoing Food Safety Procedures that are expected at the new Whole Foods location at the Raytheon site.
 - Whole Foods "Team" members go through 1 ½ hours of a food safety course (ServSafe)

- Mr. McGann brought visuals to walk the Board through all operating systems within the store
- Whole Foods caters to the small supplier of organic products
- Standard Store Plan:
 1. Bakery
 2. Prepared foods
 3. Soup station
 4. Chicken bar
 5. Hot-service bar
 6. Salad bar
 7. Sandwich bar
 8. Seafood station
 9. Meat service case dividers are utilized, as is vacuum packaging of meats
 10. Specialty Departments include:
 1. Gourmet chesses
 2. Olive bar
 3. Coffee bar
 4. Juice bar
- Food binder logs are kept, logged and are held for 5-years
- Produce prep area
- Whole body- personal care products

Health Director's Report:

Health Director's Report September 2016

Food Inspections- Two school cafeteria inspections were conducted. There were no significant issues at both Curtis and Nixon. Bob Landry conducted pre-opening inspections at Stoneybrook Market/Honey Dew and plan review of Whole Foods.

Nuisance Complaints- A well driller allowed silty water to overflow onto Pratts Mill Road. The driller was advised to place siltation barriers at the edge of the property to prevent silty runoff.

Septic Inspections- There were 6 soil evaluations and 17 installation/repair inspections.

Household Hazardous Waste Collection- The date for the household hazardous waste collection has been set for November 5th. Planning is still in progress. Clean Harbors has not been responsive to emails and phone calls making it

difficult to coordinate.

Vacation- The Health Director was on vacation from September 12th through September 16th. Bob Landry covered inspections in my absence.

List of Meetings:

1. Coolidge Phase II
2. Whole Foods

Nurse Report:

September 2016 BOH Nurse Report

At the Sudbury COA there was 4 BP/Glucose screening dates with a total of 75 attendants. Health information on a variety of health topics was incorporated in each visit depending upon the client's health care educational needs.

Health information Board was updated to fall precautions. Senior center is trying to do an outreach for seniors to prevent falls. Educational materials and fall risk and environmental concerns were outlined.

Town Building BP screenings had 10 attendees in September. Musketaquid Housing and Longfellow Glenn monthly B/P screenings continues as well as a monthly education board. There were a total of 3 participants.

There were 11 communicable diseases reported for Sudbury for the month of September that required follow up and case reporting to the state. Completed the Camp Review Form for the state DPH.

Received all flu vaccine. All standing orders reviewed by Dr. Curran/ BOH physician. We have a total of 480 doses of flu vaccine. Two interns from Worcester state and UMASS started. They will be helping with flu clinics and emergency planning. Our revolving account has \$10,687.88. Mass Health reimbursement was obtained on September 28th. Had two flu shot clinics for fire and police. Gave a total of 40 flu shots. Increased amount of time spent on the MHS and Insurance reimbursement after each flu clinic.

Many complicated home visits. Had multidisciplinary meeting with one client's health care team. Working closely with Bethany Hadvab on many cases. Bethany and I met with three groups of fire fighters to discuss possible residents at risk. Starting to research fall occurrences at Orchard Hill to see if

there are any policies that we may suggest to relieve some of the EMS calls to that facility for lift assist.

On September 7th ran a Facilities set up drill at the senior center. We had 1hour for set up and actually did the entire drill in 22 minutes. Completed the Drill paperwork for submission to the state. MRC/CERT has a display in library with educational material for emergency preparedness available. Published in the town Managers Newsletter and website on emergency preparedness preparation with a shout out to volunteers of the MRC/CERT. MRC had one new member in September.

Attended a MAPHN meeting on September 1st. Organized a town employee wellness project with weigh ins at the senior center every Tuesday morning.

Future plans for October are to continue current screenings. Continuing flu clinics. Camp review of the season with Recreation Department.

Respectfully

Submitted by:

Phyllis Schilp BSN,

RN 9/30/2016

Miscellaneous BOH Business:

- Bob Landry will continue vacation coverage as needed for Health Director
- Next Board of Health meeting scheduled: Tuesday November 15, 2016

Meeting Adjourned: 5:00pm

Respectfully submitted: Michele Korman
Sudbury Board of Health